



# Priory Wellbeing Centre Harley Street

**Priory Wellbeing Centre Harley Street, in the heart of London's prestigious medical district, offers outstanding mental health support in a purpose designed environment.**

This allows us to offer our patients fast access to the best possible treatment experience from leading experts in their field.

## Location and environment

**Located near Oxford Street and Regent Street, Priory Wellbeing Centre Harley Street provides a friendly, welcoming and modern environment whilst offering complete discretion and confidentiality.**

We have close links and clinical support from Priory Hospitals North London, Roehampton, Woking, Life Works, Chelmsford and Hayes Grove, should additional or more intensive support be required.



## Specialist mental health support

Our team of psychiatrists, psychologists, therapists and other healthcare professionals have expertise in treating a wide variety of mental health conditions, including:

- + Depression
- + Stress
- + Anxiety
- + Addiction
- + Obsessive compulsive disorder (OCD)
- + Perinatal wellbeing

## Treatments

Treatment is tailored to the specific needs of the individual, ensuring the best possible outcomes, and includes:

- + Individual or group therapy accessed on a session-by-session basis, or through our outpatient packages
- + Outpatient service for children from 12 years old, including psychometric testing
- + Attention deficit hyperactivity disorder (ADHD) assessments

We are able to offer specialised and novel, best-practice treatment including:

- + Eye movement desensitisation and reprocessing (EMDR)
- + Occupational psychology coaching
- + Cognitive behavioural therapy (CBT)
- + Acceptance and commitment therapy (ACT)
- + Mindfulness based therapy (MBT)
- + Compassionate focused therapy (CFT)



**100%**

of patients were satisfied with the overall quality of care received

**100%**

of patients would recommend us to a friend

**97%**

of patients undergoing therapy saw a reduction in their levels of anxiety

**97%**

of patients undergoing therapy saw a reduction in their levels of depression

## Service overview

- + Provides services for both adults and young people
- + People looking for convenient and flexible outpatient appointments
- + Patients that want to avoid a hospital environment and access treatment in the prestigious Harley Street medical area
- + Those looking for treatment packages that offer certainty of price for a fixed number of 1:1 therapy sessions, including discounted rates

## rTMS service

Launching in 2019, our new repetitive transcranial magnetic stimulation (rTMS) service offers a safe and non-invasive treatment for depression using magnetic fields to stimulate areas of the brain. The treatment has been found to positively induce changes in a patient's mood. It can particularly benefit those who wish to avoid drug-based treatment or who have not responded to medication.

## Perinatal wellbeing service

Our perinatal wellbeing service is dedicated to providing psychological support to individuals who are trying for a baby or undertaking fertility treatment, those who are preparing for pregnancy and parenthood, and those requiring psychological support relating to family life.

## Specialist team

The specialist team at Harley Street includes renowned and published experts in their field; all have close links to Priory Hospital sites.

- + **Dr Leon Rozewicz** – Harley Street Medical Director, adult ADHD, mood disorders, PTSD, rTMS specialist
- + **Dr Vik Watts** – addictions
- + **Dr Kathryn Hollins** – pregnancy, parenthood and early family relationships
- + **Dr Paul McLaren** – addictions
- + **Dr Paul Bester** – young people's mental health
- + **Dr Lucinda Green** – perinatal mental health
- + **Professor Amanda Ramirez** – liaison psychiatry
- + **Dr Ragini Bahry** – young people's mental health
- + **Dr Chetna Kang** – adult psychiatry
- + **Dr Jaya Gowrisunkur** – adult psychiatry

## Funding

Priory offers personalised and accessibly-priced treatment packages for individuals who are looking to self-pay for treatment. While we would prefer to receive a GP referral when a patient enters our services, this isn't always essential. We are also an approved provider for all of the UK's leading private medical insurers. If you have private medical insurance, a GP referral may be required by your insurer before treatment can commence. Please liaise directly with your insurer to confirm.

## Enquiries and further information

For further information or to make a referral into Priory Wellbeing Centre Harley Street, please contact our dedicated 24/7 enquiry team:

**Telephone: 0207 079 0555**

**Email: [info@priorygroup.com](mailto:info@priorygroup.com)**

**Visit: [prioryharleystreet.co.uk](http://prioryharleystreet.co.uk)**

Opening hours: 7.45am – 8.30pm

**PRIORY**  
WELLBEING CENTRE  
HARLEY STREET