



# David's\* story

## Ty Ffynu

**David\* moved to Ty Ffynu after stepping down from a local open rehabilitation hospital, after a transition period. David had spent many years in secure settings due to a diagnosis of paranoid schizophrenia. On admission to Ty Ffynu David\* suffered from low moods, and lacked motivation to engage in most activities and tend to his everyday needs.**



## How Ty Ffynu supported David\*

Staff at Ty Ffynu worked with David to identify and set goals that he wished to achieve personally. David worked with occupational therapy to find a voluntary job working on a farm, as he had an affection for animals. He continues to work there twice a week and the owner gives positive feedback to the team. This has increased David's confidence greatly.

With help from the whole multidisciplinary team (MDT), David was also supported to work towards reinstating his driving licence and purchasing a car, to gain even more freedom and independence, allowing David to expand his opportunities and social circles.

David is now 3 years into a 6-year Open University course and has excelled, gaining excellent grades and setting himself up for the future, identifying where he wants to live and he is also being supported by staff to access the local housing list.

With this unique individualised care at site and the expertise of the MDT, David has flourished at Ty Ffynu, recently going on his first holiday in 18 years with support of his keyworker. He continues to work towards a future of greater independence and we are very proud of his progress and achievements.