

PRIORY

PRIVATE
HEALTHCARE

Priory Hospital Hayes Grove

Expert mental health
and addiction treatment



Live your life



Priority is the UK's leading provider of therapy and consultant-led mental health treatments

Every year, Priority wellbeing centres and hospitals across the UK help over 10,000 people experiencing mental health issues such as anxiety and depression, or addiction.

The support we provide is based on medical and psychotherapeutic approaches recommended in UK best practice guidelines.

Our tailored programmes of care deliver the excellent results that you would expect from Priority, with over 99% of patients rating the quality of care as 'good' or 'excellent'.



Priory Hospital Hayes Grove – an overview

Priory Hospital Hayes Grove is located in a small village in Bromley, Kent and provides a comfortable and friendly setting, within its own tranquil and extensive grounds. It is a place of serenity where one can rest and heal in a recovery-focused, therapeutic environment.

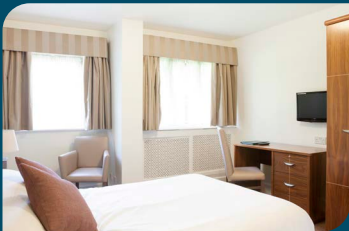
We are one of the UK's leading centres for the treatment of depression, anxiety and addictions. Our consultants are experts in making assessments and advising on the best treatment approaches. Our experienced therapists and nurses devise individualised programmes which achieve consistently positive outcomes.

Medical and support staff at Priory Hospital Hayes Grove work together in a unique way that creates a strong and highly effective support network for patients. Patients keep the same doctor and therapist during and after inpatient treatment, providing them with continuity of care.

We also provide:

- + 17 private, single occupancy bedrooms with en-suite facilities
- + Female-only lounge areas
- + Private consulting and therapy rooms
- + A restaurant with high quality, bespoke menus
- + Housekeeping
- + Communal outdoor seating areas in beautiful landscaped gardens

Our flexible services provide a wide range of specialist support to patients and their families, and include inpatient, day care (for mental health patients) and outpatient assessments and appointments. We also offer intensive therapy programmes, which can be either half or full-day programmes.



Assessment

It is important that any mental health concern is well assessed. Our psychiatrists and medical specialists strive to understand the causes of certain complex problems and make an informed diagnosis.

Treatment plans are based on best practice and evidence-based methods, which aim to ensure the most appropriate treatment is offered to you.

The goal is to relieve patients of their symptoms and allow them to move towards a full and functional recovery.



94%

of patients reported overall satisfaction with the quality of care during their addiction treatment*

Specialist addiction treatment programme

Priory Hospital Hayes Grove is a 'dry centre' that offers treatment for both substance and behavioural addictions, including alcohol, drugs, sex and other addictions. We provide an evidence-based programme that is tailored to individual needs, all structured within National Institute for Health and Care Excellence (NICE) guidelines. The full 28-day treatment programme offers:

- + Group therapy
- + Weekly family support groups
- + Couples therapy
- + Holistic treatment such as relaxation and yoga
- + Access to Alcoholics Anonymous (AA) meetings twice weekly on site
- + Free aftercare for 12 months on completion of the addiction treatment programme - includes support groups, talks, advice and useful contacts

We are also able to offer a comprehensive, medically assisted detoxification process for drug and alcohol addictions, as required, delivered in a safe and controlled environment. Our medically assisted detox programme is the safest and most effective way to detox. Patients need to be assessed by a clinician before being admitted into our detox programme.

We also offer a free addiction assessment, which consists of:

- + Face-to-face assessment with a member of the addiction treatment team
- + The opportunity to ask any questions you may have
- + Talking you through a proposed treatment plan



General mental health programme

Priory Hospital Hayes Grove's general mental health programme focuses on assessing and treating a broad range of psychological and mental health conditions. These include more serious cases of depression and anxiety, which may need medical (psychiatrist) involvement. We can also support people with low self-confidence, stress and relationship difficulties.

Psychological approaches include:

- + A range of therapeutic interventions which focus on concepts such as self-soothing, exercise and being assertive
- + Medical interventions
- + Specialist therapies including cognitive behavioural therapy (CBT), dialectical behaviour therapy (DBT) and mindfulness
- + Group therapy
- + Weekly 1:1 meetings with a designated nurse
- + Family support groups held fortnightly
- + Step-down to day care and outpatient services as patients' needs change

At Priory Hospital Hayes Grove, we get to know our staff, as well as our patients, on a meaningful and personal level. This means we can allocate the correct staff member, to the correct patient, at the most appropriate time. We can also be flexible with times and days of appointments.

We continually build on quality and listen closely to patient feedback to ensure we can develop new services and improve our programmes.

“”

When I came here I was a wreck in the corner and now I can have a laugh...I feel like I'm being brought out from within.

FORMER PATIENT



Information for GPs and healthcare professionals

We offer simple and secure processes for referring into Priory, including:

1. Our online form via www.priorygroup.com/gp-referral
2. Emailing securely to priory.referral@nhs.net
3. Calling **020 8462 7722**

Practices are also able to make referrals to Priory through their own systems, including EMIS Web and SystmOne. We can support with any queries, including integrating your practice systems.

Referral process overview

1. Choose your preferred referral process – please include the patient’s contact details, along with information on circumstances and medical history
2. A unique reference number is generated for each enquiry
3. Our 24/7 support team will co-ordinate the referral with the most appropriate Priory location, who will contact the patient and check appointment availability with the most appropriate Priory specialist



79%

of patients at Hayes Grove experienced an improvement in their level of anxiety

(with a statistically reliable average change score of 5.3) - GAD7

82%

of patients at Hayes Grove experienced an improvement in their level of depression

(with a statistically reliable average change score of 5.9) - PHQ9



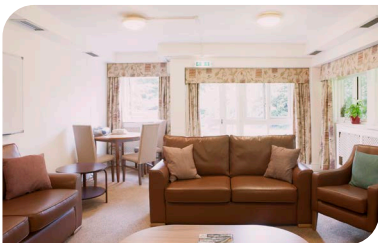
90%

of patients said that they felt that the staff at Hayes Grove are caring and supportive and communicate well with them*

Fees and funding

We are an approved provider for all the UK's leading private medical insurers, meaning patients may be able to access treatment through their policy. We also provide self-pay options for individuals and families, and corporate arrangements for businesses.

While we would prefer to receive a GP referral when a patient enters our services, this isn't always essential. For those using private medical insurance, your provider may require you to have a GP referral.



*Outcome statistics sourced from Patient satisfaction survey 2017-18, Priory Healthcare quality accounts 2017-18 and 2018 therapy outcomes data

Please note, most images in this brochure are stock photography and feature posed models.

Find out more

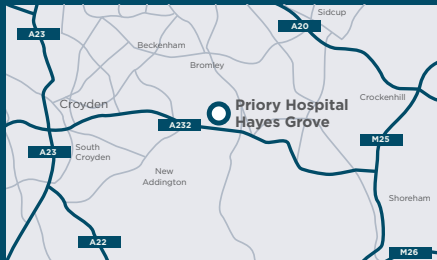
For more information or to discuss how we can help you, our enquiries helpdesk can be contacted 24/7:

Telephone: 020 8462 7722

Email: hayesgrove@priorygroup.com

Web: www.priorygroup.com/hayesgrove

Prestons Road, Hayes Bromley, Kent, BR2 7AS



Priory Hospital Hayes Grove is easily accessible from London's major airports and motorway networks.



Contact us

Telephone: 020 8462 7722

Email: hayesgrove@priorygroup.com

Visit: www.priorygroup.com/hayesgrove

For the most up to date information on our services,
please visit our website.

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