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I've got a really positive outlook on life and it's the best thing I've ever done.

FORMER PATIENT AT
PRIORY HOSPITAL
WOODBOURNE

Priory Hospital Woodbourne

The Manor Ward at Priory Hospital Woodbourne, in Birmingham, provides expert private addiction treatment in an exclusive and modern setting. Individuals suffering from a range of addictions, such as alcohol or drug addictions, can access specialist treatment in a discreet and safe environment, ensuring the best possible outcomes.

Location and environment

The Manor Ward comprises a total of nine single-occupancy bedrooms, complete with modern en-suite facilities, as well as a television and telephone, providing the utmost comfort and privacy to each and every one of our patients.

The hospital also provides:

- + Beautiful landscaped gardens in which to relax and unwind
- + Newly refurbished and welcoming living areas
- + An on-site dining room offering an excellent choice of dishes, with catering to suit your dietary requirements
- + Very easy access from the regional motorway network, Birmingham Airport and Birmingham New Street train station

Treatments

Our inpatient treatment programme is tailored to the specific needs of the individual, ensuring the best possible outcomes. We provide an evidence-based programme that is tailored to individual needs, all structured within National Institute for Health and Care Excellence (NICE) guidelines.

- + Specialist addiction treatment programme, which includes support for alcohol, drugs, gambling, porn, internet and shopping addictions
- + Free aftercare for a year for addiction patients who complete the 28-day programme
- + Addiction treatment is delivered on an inpatient basis, and based on the 12-Step programme of Alcoholics Anonymous (AA). During treatment, patients have access to local AA and/or Narcotics Anonymous (NA) meetings

Specialist therapies include:

- + Integrative therapy
- + Cognitive behavioural therapy (CBT) programmes for anxiety and depression
- + Eye movement desensitisation and reprocessing (EMDR)
- + Interpersonal therapy

Patient support

Along with our intensive programme of therapy, we offer:

- + Individual weekly sessions provided by ward staff
- + Transport to local support groups
- + Therapeutic handbooks and activities to be completed during inpatient stays, to support with embedding therapy
- + Psycho-educational advice offered by members of the multidisciplinary team, on request

Family support

- + Family programme is available
- + Free family support for 12 months, during aftercare as part of the addiction treatment programme

Wellbeing activities

- + Group exercise classes
- + Group yoga
- + 1:1 yoga and personal training is available at an additional cost
- + Access to holistic and complementary therapies available at an additional cost
- + Seasonal ward activities frequently arranged by the ward staff
- + Menu planning with dietetic advice
- + Gardening in the grounds

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Make the change...
do it...it will be the
best thing you've
ever done.

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Funding

Priory offers personalised and accessibly-priced treatment packages for individuals who are looking to self-pay for treatment.

We are also an approved provider for all of the UK's leading private medical insurers. While we would prefer to receive a GP referral when a patient enters our services, this isn't always essential. For those using private medical insurance, your provider may require you to have one before treatment can commence. Please liaise directly with your insurer to confirm.



Enquiries and further information

For further information or to make a referral into Priory Hospital Woodbourne, please contact our dedicated 24/7 enquiry team:

Telephone: 0121 434 4343

Email: woodbournemanor@priorygroup.com

Visit: www.priorygroup.com/Woodbourne

For the most up to date information on our services, please visit our website.

PRIORY PRIVATE
HEALTHCARE