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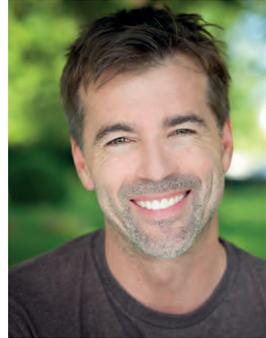
PRIORY

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HEALTHCARE

# The Priory Hospital Roehampton

Expert mental health and addiction treatment



A REAL AND LASTING DIFFERENCE FOR EVERYONE WE SUPPORT

Priory is the UK's leading provider of therapy and consultant-led mental health treatments.

Every year we help over 10,000 people experiencing common mental health issues. We have wellbeing centres and hospitals across the UK, providing tailored programmes for individuals and families, to help work through a wide range of mental health and addiction problems.

Our personalised programmes of care deliver the excellent results you would expect from Priory, with over 99% of patients rating the quality of care as good or excellent.





## The Priory Hospital Roehampton – an overview

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Set within a striking Grade II listed building, The Priory Hospital Roehampton is the UK's leading centre for the treatment of a wide range of mental health difficulties such as depression, anxiety and addictions. It is also Priory's first and most well known hospital.

Our flexible and patient-centred treatment programmes are developed by expert psychiatrists, mental health nurses, psychologists and therapists. This multidisciplinary approach allows for a package of holistic care ensuring the patient is a part of the planning process at all times.

We have two private wards with a total of 43 single occupancy bedrooms, each with ensuite facilities. The hospital also provides:

- **Relaxing living areas**
- **Beautifully landscaped gardens offering tranquillity to relax and unwind**
- **A restaurant with catering to suit your dietary needs**
- **Housekeeping**
- **A gym with a personal trainer and individual training programmes**
- **Very easy access from the M25, London's major airports and to Central London**
- **Close proximity to Richmond Park, London's largest Royal park offering beautiful views and peaceful walks**

Our flexible services provide inpatient care, day care and outpatient assessments and appointments as well as a specialist Child and Adolescent service and Adult Eating Disorders Unit. This wide range of specialist services emphasises the depth of support and experience this hospital can offer.

## Our programmes

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Our treatment programmes are tailored to the specific needs of the individual, ensuring the best possible outcomes are achieved. We ensure our outpatient, inpatient and day care patients are provided with every resource they need to make a strong recovery and return to a positive way of life.

# 96%

**of patients reported overall satisfaction with the quality of care during their addiction treatment**



## Specialist addiction treatment programme (ATP)

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West Wing is The Priory Hospital Roehampton's ATP unit which offers treatment for both substance and behavioural addictions, including alcohol, drug, sex and other addictions. The full 28 day, 12 - step treatment programme offers:

- **Group and individual 1:1 therapy**
- **Family Therapy**
- **Couples Therapy**
- **Holistic treatment such as relaxation and yoga**
- **Step-down care from inpatient to day care to ensure smooth transition towards discharge**
- **Free aftercare for 12 months on completion of the ATP programme – includes support groups, talks, advice and useful contacts**

We also have the ability to treat medically complicated detox cases on a 7 day basis. Included in the detox programme is 24 hour observation, medical management and the ability to administer medicine to safely monitor, reduce and improve physical symptoms.

We also offer a free addictions assessment which consists of:

- **Face to face assessment with a member of the Addictions Treatment team**
- **The opportunity to ask any questions you may have**
- **Talking you through a proposed treatment plan**



## General treatment programme

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Garden Wing is The Priory Hospital Roehampton's general acute ward which treats a range of mental health conditions such as depression, stress and anxiety and includes:

- **A range of therapeutic interventions such as Equine Therapy**
- **Medical interventions**
- **Specialist therapies including Cognitive Behavioural Therapy (CBT), Dialectical Behavioural Therapy (DBT), Cognitive Analytical Therapy (CAT), Emotion Focused Therapy (EDT), Mindfulness and Eye Movement Desensitisation Reprocessing (EMDR)**
- **Family Therapy**
- **Group Therapy**
- **Weekly 1:1 meetings with a designated nurse**

We have the capacity to assign highly experienced therapists in a way that is flexible around the needs of the individual. We also have strong links to our outpatient service at Priory Wellbeing Centre Fenchurch Street making the service extremely accessible to all.



## Accessing treatment

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There are a number of ways to access treatment with us, including:

- **Visiting a GP, who will make a referral**
- **Contacting The Priory Hospital Roehampton directly**

We respond to all enquiries promptly, to ensure people get the best possible support when needed.

An initial phone call can help determine the most appropriate treatment:

- **The call may be an informal discussion about the services we offer, and your needs**
- **A more formal triage assessment could take place by one of our senior clinicians, to determine the level of treatment you may require**
- **The call may lead to a recommendation for a consultant assessment, inpatient or outpatient treatment or day care**

By calling the hospital directly, we can offer you high level, detailed advice about your problems and concerns.



## Fees and funding

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We are an approved provider for all the UK's leading private medical insurers, meaning patients may be able to access treatment through their policy. We also provide self-pay options for individuals and families, and corporate arrangements for businesses.



## Our results

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# 93%

**of patients said they felt involved in decisions made about their care and treatment\***

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# 92%

**of patients rated their opinion of support staff as good, very good or excellent\***

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\*Figures taken from Oct 15 - Apr 16 hospital satisfaction survey

## Find out more

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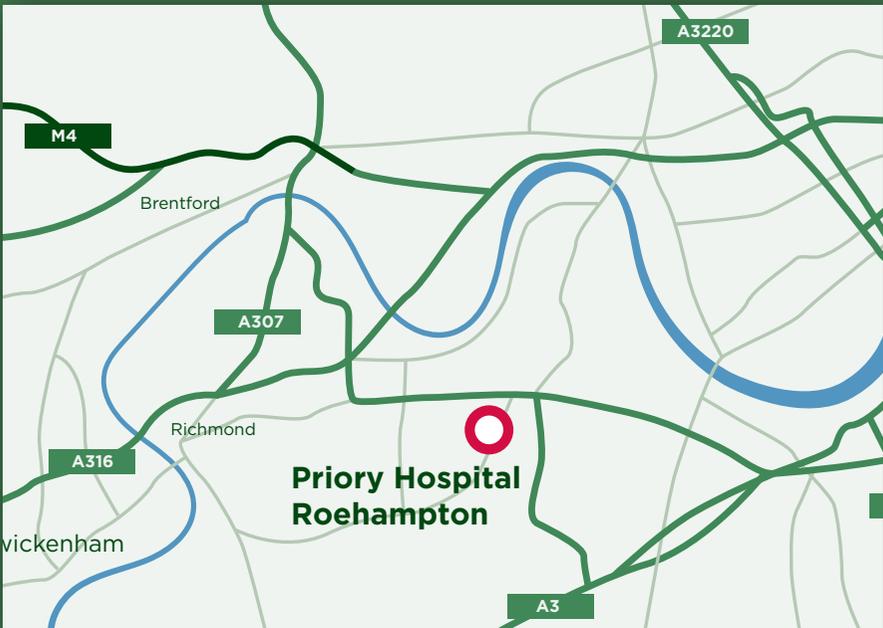
For more information or to discuss how we can help, please contact our admissions department by:

Telephone: 020 8876 8261

E-mail: [roehampton@priorygroup.com](mailto:roehampton@priorygroup.com)

Web: [www.priorygroup.com](http://www.priorygroup.com)

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The Priory Hospital Roehampton is easily accessible from London's major airports and motorway links.