The Priory Wellbeing Centre Canterbury offers proven treatment for a wide range of mental health conditions. We provide support to young people, adults, older people, couples and families at a discreet and convenient location. Links with Priory Hospital Hayes Grove ensure a seamless transition if required. Our flexible consulting hours fit around patients’ schedule supported by our expert multidisciplinary team.

### Consultants

<table>
<thead>
<tr>
<th>Name</th>
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<th>Specialities</th>
<th>Outpatient clinics</th>
</tr>
</thead>
</table>
| **Dr Bill Bamber**    | BA Mb M Ch BAO FRCPsych                                                       | • Anxiety  
• Bi Polar  
• Depression  
• Mood Disorders  
• PTSD                              | Priory Wellbeing Centre Canterbury                     |
| Adult Psychiatrist    |                                                                                |                                                        |                                          |
| **Dr Efiong Ephraim** | MBBS MRCPsych CCT Older Adult Psychiatry (A specialist register)              | • Anxiety  
• Bipolar Affective Disorder  
• Depression  
• Mood disorders  
• Schizophrenia  
• Capacity Ax, Testamentary Capacity, Court of Protection assessments | Priory Wellbeing Centre Canterbury                     |
| Old Age Psychiatry    |                                                                                |                                                        |                                          |
| **Dr Bob Sammut**     | MB Bch BAO MRCPsych                                                           | • Eating Disorder  
• Mood Disorders  
• PTSD                              | Priory Wellbeing Centre Canterbury                     |
| Adult Psychiatrist    |                                                                                |                                                        |                                          |
| **Dr Ruvini Senasinghe** | MBBS, MRCPsych, DPM, MSc, MHSC                                               | • Early Psychosis  
• Borderline Personality Disorder  
• Mood Disorders  
• OCD                              | Priory Wellbeing Centre Canterbury                     |
| Adult Psychiatrist    |                                                                                |                                                        |                                          |
| **Dr Max Zöttl**      | Medical State Exam (Germany) MRCPsych equivalent Psychiatrist & Psychotherapist German | • Adults only  
• Addictions  
• ADHD  
• Anxiety  
• Autism Spectrum Disorders  
• Depression  
• Eating Disorders  
• Mood Disorders                              | Priory Wellbeing Centre Canterbury                     |
| Adult Psychiatrist    |                                                                                |                                                        |                                          |
# Therapists

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<tr>
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</thead>
<tbody>
<tr>
<td>Nickie Bamber</td>
<td>UKCP Nurse, Diploma in Supervision</td>
<td>• Teenagers and adults for psychodynamic psychotherapy</td>
<td>Priory Wellbeing Centre Canterbury</td>
</tr>
<tr>
<td>Mike Cochrane</td>
<td>RMN, Dip ACC., Dip CMHN., BSc Hons., FDAP accredited</td>
<td>• Addiction</td>
<td>Priory Wellbeing Centre Canterbury</td>
</tr>
<tr>
<td>Dr Ananda van den Heuvel</td>
<td>BSc (Hons), MSc, Doctorate in Clinical Psychology, Dynamic Interpersonal</td>
<td>• Children</td>
<td>Priory Wellbeing Centre Canterbury</td>
</tr>
<tr>
<td>Tara Gonet</td>
<td>AFT registered, UKCP member, BACP registered practitioner</td>
<td>• Systemic child, Adolescent and family based psychotherapy</td>
<td>Priory Wellbeing Centre Canterbury</td>
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<tr>
<td><strong>Alison Hamley</strong></td>
<td>Clinical Psychologist BSc psychology, MPhil Criminology, MSc Clinical Psychology</td>
<td>• Eating Disorders&lt;br&gt;• Addictions&lt;br&gt;• Anxiety disorders&lt;br&gt;• Depression&lt;br&gt;• PTSD</td>
<td>Priory Wellbeing Centre Canterbury</td>
</tr>
<tr>
<td><strong>Hermann Huber</strong></td>
<td>Clinical Psychologist Doctorate in Psychology</td>
<td>• Adults with emotional and affective issues</td>
<td>Priory Wellbeing Centre Canterbury</td>
</tr>
<tr>
<td><strong>Maria Jones</strong></td>
<td>Clinical Psychologist B.Sc. Hons. Applied Psychology M.Sc. Clinical Psychology Diploma in Clinical Hypnosis Masters in Clinical Hypnosis Postgraduate Diploma in Psychological Therapies (CBT)</td>
<td>• Adolescents and adults with psychiatric and psychological conditions, using systemic, CBT, DBT, ACT /Relational Frame Theory &amp; clinical hypnosis applications&lt;br&gt;• Early intervention in psychosis&lt;br&gt;• Pain management&lt;br&gt;• Trauma&lt;br&gt;• Smoking cessation &amp; binge eating</td>
<td>Priory Wellbeing Centre Canterbury</td>
</tr>
<tr>
<td><strong>Abigail Oppong-Boateng</strong></td>
<td>CBT Therapist BSc Hon, MSC, Dip Psychotherapy, Counselling Cert, Dip in Supervision, Postgrad Dip CBT BABCP</td>
<td>• Children&lt;br&gt;• Adolescents and adults&lt;br&gt;• Depression and Anxiety&lt;br&gt;• OCD&lt;br&gt;• PTSD &amp; phobias&lt;br&gt;• Social, Emotional &amp; Behavioural difficulties&lt;br&gt;• Anger, Stress&lt;br&gt;• Chronic pain &amp; fatigue</td>
<td>Priory Wellbeing Centre Canterbury</td>
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| **Mrs Salma Rashid**   | Psychotherapist  
Voluntary Register  
BACP, M.A Dip H/E                                                                                                                                         | • Individual and couple  
psychoanalytical and  
psychodynamic therapy  
• Relationships  
• Psychosexual therapy  
• Anxiety  
• Attachment  
• Bereavement  
• Personality Disorders                                                                                                                                          | Priory Wellbeing Centre  
Canterbury                                                  |
| **Bill Reading**       | Psychotherapist  
RMN Dip SocSci Dip  
Dyn Psych MA UKCP                                                                                                                                          | • Addictions  
• Individuals  
• Couples  
• Concerned others                                                                                                                                                     | Priory Wellbeing Centre  
Canterbury                                                  |
| **Tracey Sharpe**      | CBT Therapist  
RMN, MSc in REBT (CBT),  
Post Grad Dip CBT for  
Children, BABCP Registered  
Practitioner                                                                                                                                                | • Individual therapy  
(teenagers and adults)  
• Anxiety  
• Depression  
• OCD  
• Emotional upsets  
• Stress                                                                                                                                                            | Priory Wellbeing Centre  
Canterbury                                                  |
| **Dr Andrea Shortland**| Chartered Clinical and  
Forensic Psychologist  
BSc (Hons), MSc  
Forensic Psychology,  
Doctorate in Clinical  
Psychology, EMDR  
Certificate, Practitioner  
becoming qualified in  
DDP (Dyadic  
Developmental  
Psychotherapy)                                                                                          | • Child, Adult and Family  
work  
• PTSD  
• Complex trauma  
• Attachment difficulties  
• Anxiety  
• OCD  
• Grief  
• Behavioural difficulties                                                                                                                                       | Priory Wellbeing Centre  
Canterbury                                                  |
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</table>
| Dr Ananda van den Heuvel      | BSc (Hons), Doctorate in Clinical Psychology, Msc Systemic Psychotherapy EMDR Certificates | • Children adolescents and adults with:  
  - Anxiety disorders  
  - Depression  
  - Attachment and relational difficulties  
  - Psychodermatology  
  - CBT  
  - Dynamic Interpersonal Therapy (DIT) and Integrative approaches | Priory Wellbeing Centre Canterbury                                           |
| Deon van Zyl                  | BA (Hons)  
MA (Clin Psych) (US) CPsychol                                                 | • Teenagers and adults for:  
  - Assessment & psychotherapy (Dynamic, CBT) for anxiety  
  - Depression  
  - anger  
  - PTSD  
  - sexual abuse  
  - pain management  
  - traumatic brain injury  
  - Memory, dementia, neuropsychology assessments | Priory Wellbeing Centre Canterbury                                           |