## PRIORY ADULT CARE

#### Inspected and rated Good CareQuality Commission

# Carl's story

#### Homeleigh Farm case study

Carl\* arrived at Priory's Homeleigh Farm after his previous placement closed down. Carl has a diagnosis of Prader-Willi syndrome (PWS), which means that he experiences the sensation of being continuously hungry, regardless of how much he has eaten.



#### How we have supported Carl

To minimise Carl putting himself at risk of overeating and damaging his health, cupboard doors and the fridge are locked.

Carl is a fiercely independent person who is determined to do everything in life exactly as he planned it, and on his own terms. He had a vision of living independently in his own flat with minimum support, and so in-line with the Homeleigh Farm's ethos, we began the process of empowering and enabling him to attain his long term goal.

Before Carl moved to his own property, we held a multi-team 'best interests' meeting. It was agreed that Carl's new kitchen arrangements would stay the same as at Homeleigh Farm, to reduce risks of weight gain.

Staff also worked on improving Carl's attention to personal hygiene as he was quite capable of going days without showering, shaving or changing clothes. We believe this to be a behaviour intended to challenge. This was addressed with patience, a great deal of imaginative thinking by staff and also peer pressure. Carl was soon in a place where he looked forward to proudly showing everyone the clothes he had bought and was wearing (appropriately) every day.

Carl learned many additional skills that would keep him in good stead for his new adventure in life. We are delighted that with staff support, Carl has now successfully moved into his own flat in the community.

Live your life

#### **About Homeleigh Farm**

At Homeleigh Farm, we support up to six males. This specialist residential service is surrounded by four acres of private land, located in Romney Marsh, one mile from Dungeness, which is ideal for fishing, swimming and walking.

The service is also supported by a quality assurance team including a specialist learning disability advisor whose aim is to empower each individual to take control of their lives, and where possible, work towards a level of independence which fits with their skills, confidence and aspirations.

We offer person-centred support and encourage individuals to personalise their rooms to make them feel homely, and suit their needs and requirements.

Homeleigh Farm offers a variety of activities centred around individual needs. We are currently supporting people to achieve their set goals, which include going to theme parks and on holiday, and we are passionate about facilitating active support and involving people in a variety of tasks.

### "

I only wish that we had found Homeleigh Farm when we were initially looking for a residential placement, it was perfect. Carl's relative



#### **Contact us today**

If you would like to make a referral, call us on **0808 208 2147.** 

If you have a specific enquiry for the site, call the local number on **01797 321506.** 

Alternatively, send an email to adultcare@priorygroup.com

or visit our website at **www.priorygroup.com** 

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\*Names and images have been changed to maintain confidentiality. Priory Group UK 1 Limited, 80 Hammersmith Road, London, W14 8UD. Company Registration Number: 09057543