# Priory mental health and addiction services

### Information for GPs and healthcare professionals

Priory's nationwide network of private mental health and addiction treatment centres provides patients with fast access to high quality treatment.

#### Tailored treatment

Every person we support receives a tailored treatment programme. An initial consultation enables our expert team to understand the challenges each individual faces, and to recommend the best course of treatment.

We employ and work with the country's leading psychiatrists, psychologists and therapists, offering evidence-based treatments to help manage all types of mental health conditions and addictions:

- + Anxiety
- + Depression
- + Eating disorders
- + Stress
- + Addictions
- + Anger management
- + Support for young people
- + Obsessive compulsive disorder (OCD)
- + Panic attacks
- + Relationship problems
- + Sexual problems
- + Sleep problems
- + Medically unexplained symptoms
- + Chronic pain



#### Making a referral

We offer simple and secure processes for referring into Priory, including:

- Our online form via www.priorygroup.com/gp-referral
- 2. Emailing securely to priory.referral@nhs.net
- 3. Calling 0800 840 3219

Practices are also able to make referrals to Priory through their own systems including EMIS Web and SystmOne. We can support with any queries, including integrating your practice systems.

#### **Referral process overview**

- Choose your preferred referral process

   please include the patient's contact
   details, along with information on
   circumstances and medical history
- **2.** A unique reference number is generated for each enquiry
- **3.** Our 24/7 support team will co-ordinate the referral with the most appropriate Priory location, who will contact the patient and check appointment availability with the most appropriate Priory specialist for that patient
- **4.** Appointment is accepted by patient and relevant documentation is completed prior to appointment



Priory offers accessibly-priced treatment packages for individuals who are looking to self-pay.

We are an approved provider for the UK's leading private medical insurers and many of your patients may be able to access treatment through their policy. Insurers may also cover day care and inpatient treatment.

Patients should check their levels of cover with their insurer prior to commencing treatment.

## Treatment you would recommend

- + 99% of group therapy patients were satisfied with the quality of their care
- + 95% of mental health patients said they were satisfied with the quality of care they received
- + 94% of patients in addiction services said they would recommend us to a friend

### Adding value to GPs

Priory provides GPs with a range of support, both to aid professional development and to assist your patient discussions:

- Education events specialist psychiatrists and therapists are available to visit your practice to host free educational seminars. A certificate is also provided for your CPD
- + E-newsletter, Priory Bitesize, provides advice for helping your patients presenting with certain conditions. To sign up, please visit www.priorygroup.com/registration
- + GP webinar programme, focusing on a key topic, presented by a leading Priory expert CPD points are available. You can register to attend, or receive recordings of the webinar. Enquire by visiting www.priorygroup.com/gp-webinars

#### **Contact us**

We work closely with GPs, patients and their families to find the most appropriate treatment for an individual's needs. We can support you with arranging education events, answering queries about Priory services and assisting you with referrals.

If you require any other support, you can visit our dedicated GP web pages at **priorygroup.com/gp** 

For the most up to date information on our services, please visit our website.

