

Greg's Story

Linden Lodge case study

Greg* is a man in his twenties, who is autistic, has attention deficit hyperactivity disorder (ADHD) and depression. As a very able individual, he could articulate his thoughts and requests, but had experienced more difficulty expressing his emotions.



Person-centred care and support

Having spent a number of years in residential settings in the past, Greg was very pessimistic about the kind of support he would receive. He had lost belief that he would be respected by care team staff and doubted that speaking up about his experiences would be heard. It was following this time that he moved into Linden Lodge where he lived for 2 years.

Located in Southgate, London, Linden Lodge provides person-centred care and support to individuals with enduring mental health needs, who may also have a learning disability and present with behaviours that may challenge. When he joined the service, Greg became a resident in a safe and homely environment where he could make choices about the support he received. The dedicated multidisciplinary team at Linden Lodge provide 24-hour support, with 1:1 assistance where needed.



His family knew how important it was that Greg felt at home and comfortable from the day he moved in.

"We were impressed from the start by the genuinely homely feel of Linden Lodge. The manager proved over and over again that she could deliver what she promised. From a very jaded perspective of what to expect, he learned to trust again. She was resolute in the standards she expected from her staff and inspired them to adhere to the appropriate values and standards of care. My son had never seen this happen before in a care setting."

The difference in Greg's confidence as he matured at Linden Lodge was evident for all of his family to see. With the care put into place, he is now set on his journey towards a career in gardening, which he loves. Having started with gardening tasks at the home, he has now completed 2 years of a horticultural diploma and is about to embark on work experience.

Without doubt the care from the service's team has supported him through the good times and the struggles. They've been there to listen and are dedicated to helping residents to thrive, which has enabled Greg to move into supported living and continue to enjoy his independence.





Contact us today

If you would like to make a referral, call us on **0808 208 2147**

If you have a specific enquiry for the site, call the local number on **02084 479195**

Alternatively, send an email to adultcare@priorygroup.com

or visit our website at **www.priorygroup.com**

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