



Child and adolescent mental health services
(CAMHS)

Individual care Innovative services Positive outcomes

Child and adolescent mental health services (CAMHS)

Since 1989 the Priory Ticehurst House has been providing specialist mental health services for young people to treat acute episodes of mental illness. In addition we now have a high dependency unit providing inpatient psychiatric treatment for young people with mental health problems and challenging behaviour, with a dedicated area for those with a learning disability.



To discuss a potential referral, make an emergency admission or to request more information please call us on:

01580 202 202

or send an email to ticehursthouse@priorygroup.com

Alternatively you can visit our website at:
www.priorygroup.com/ticehursthouse

Our services for young people

- Inpatient service for young people aged 12 to 18 with an acute mental health problem
- Separate high dependency unit
- Outpatient and day therapy services for treatment of acute mental health conditions and follow up treatment after inpatient or high dependency unit discharge
- Family therapy

Our patients

Our acute patients are:

- Aged 12 to 18, male and female
- Experiencing an acute mental health problem
- Admitted informally or detained under the Mental Health Act (1983)
- Requiring inpatient, day care or outpatient treatment

In addition our high dependency patients include those who may:

- Have a learning disability as a secondary diagnosis
- Have complex and multiple diagnoses
- Have pronounced social and behavioural difficulties
- Not require a secure setting

Our inpatient service

- Free pre-admission assessment at a convenient time for all involved
- Individual care and treatment programmes to meet each young person's specific needs
- Flexibility enabling early discharge or extended stays where appropriate
- Placement objectives agreed with referrer on admission
- 24 hour quality nursing and care coordinated by a key worker
- Ability to accept out of hours and emergency admissions
- Intensive, non-judgemental support from all staff
- A community ethos promoting active collaboration to address the challenges of living and learning together
- Seamless access to ongoing education and/or care for young people with special needs within the Priory group

Our high dependency placements

In addition to the service outlined above for acute inpatients, young people staying in the high dependency unit will also benefit from:

- Assessment of acute mental health problems by a consultant-led multidisciplinary team
- Assessment of more complex difficulties with a coordinated multi-agency response
- Psychiatric, psychotherapeutic, occupational therapy and family assessments
- Psychometric testing and assessment (Autism Diagnostic Observation Schedule)
- Regular assessments of risk, challenging behaviour and special educational needs
- Provisional diagnosis at 72 hours as part of a comprehensive review of diagnosis and assessment of reasons for treatment resistance
- Early discharge or extended treatment is coordinated via multidisciplinary team meetings involving local Tier 3 care coordinators and strictly following the care programme approach to set treatment goals and review clients' progress.

When is a high dependency placement appropriate?

This service assesses and treats young people who would not be adequately contained within a generic acute adolescent unit and who are not appropriate for stepping up to a secure setting. We deliver conclusive assessments and treatment for a range of conditions and special needs including conduct disorder, emerging personality disorder, psychotic conditions, addictions, obsessive compulsive disorder, Asperger's Syndrome, autistic spectrum disorders and learning disabilities.

Education

The Priory Ticehurst House has a well-equipped school staffed by qualified teachers who work on a maximum ratio of 1:6. The school is also an approved examination centre. On admission each young person has an assessment with the Head of Education, from which their personal education programme is planned. We will proactively link with any school or college so that students who are in full time education can continue with their studies.

For young people who have not accessed education from the age of 16, or who find a school setting particularly difficult, there is a programme at the Skills Centre that focuses on life skills and offers a more practical timetable.

We have a strong link with the local Connexions service, which helps many young people explore educational and vocational options. Young people can take part in regular work experience in the local area where appropriate.

Our specialist multidisciplinary team

This dedicated team comprises of consultants, a staff psychiatrist, a clinical psychologist, specialist nurses, specialist teaching staff, family therapist, occupational therapist and a team of other therapists providing a wide range of therapies. We work closely with the community social workers and an advocate is also available.

Our outpatient and day therapy services

Clinics are held Monday to Friday for children and young people aged three to 18. The service can provide:

- Consultant appointments
- Family therapy, psychotherapy, art and other complimentary therapies such as DBT
- Parent training
- Psychological assessment, including psychometric testing
- Follow up treatment after an inpatient or high dependency stay

Our facilities

The environment at Ticehurst House is welcoming and comfortable with easy access to social, group, educational and leisure areas as well as private grounds. Every young person has their own bedroom in a gender specific sleeping area. We also offer a choice of freshly prepared and nutritionally balanced meals.

Available therapies

We have a team of therapists offering a range of therapeutic interventions including:

- Cognitive behaviour therapy (CBT)
- Dialectical behaviour therapy (DBT)
- Psychodynamic psychotherapy
- Occupational therapy
- Family therapy
- Art psychotherapy
- Drama therapy

Assessment

Ideally, potential inpatients for both services will be assessed prior to admission. An assessment date will be given on the day the referral is received. Emergency and out of hours admissions can be accepted after appropriate discussion between the referrer and the hospital without a preadmission assessment.



Finding your way to the Priory Ticehurst House



By Car:

From the M25 Heading South

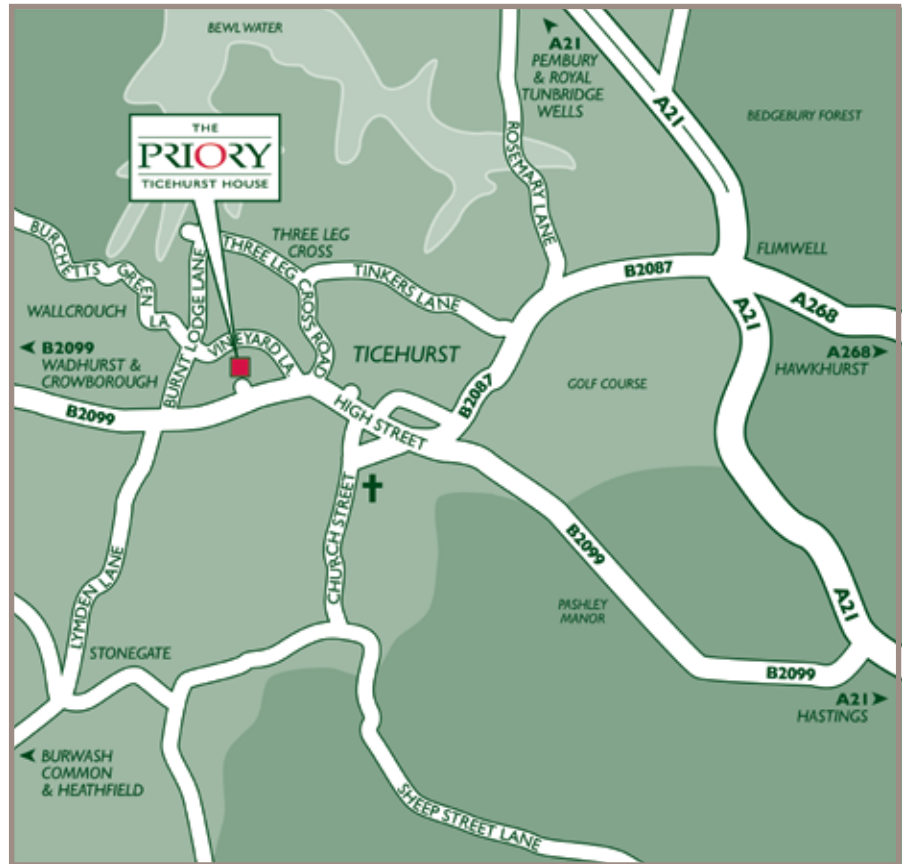
Take Junction 5 off the M25 onto the A21 for 25 miles. Turn right at Flimwell onto the B2087. Turn right onto the B2099 into Ticehurst. The hospital is 1/2 mile outside of the village on your right.

From Hastings Heading North

Head North on the A21 for 18 miles. Turn left at Flimwell onto the B2087. Turn right onto the B2099 into Ticehurst. The hospital is 1/2 mile outside of the village on your right.

From the West

Head towards Heathfield on the A265. Turn left after 10 miles towards Stonegate Station. Continue straight along taking the middle fork of the road. Turn right onto the B2099. The hospital is 1/2 mile along on the left.



From the East

Head towards Hawkhurst on the A229. Take the A268 towards Flimwell. Carry straight on onto the B2087. Turn right onto the B2099 into Ticehurst. The hospital is 1/2 mile outside of the village on your right.

By Train:

Wadhurst Station is a 4 mile taxi ride from the Priory Ticehurst House.

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PRIORY
TICEHURST HOUSE