

PRIORY

PRIVATE
HEALTHCARE

Priory Hospital Woking

Expert mental health
and addiction treatment



Live your life



Priory is the UK's leading provider of therapy and consultant-led mental health treatments

Every year Priory wellbeing centres and hospitals across the UK help over 10,000 people experiencing mental health issues such as anxiety and depression, or addiction.

Our tailored programmes of care deliver the excellent results you would expect from Priory, with over 99% of patients rating the quality of care as 'good' or 'excellent'.



“”

You saved my life and changed the lives of my family, and for that I cannot express my thanks sufficiently.

FORMER PATIENT
AT PRIORY HOSPITAL
WOKING

Priory Hospital Woking – an overview

We are one of the UK's leading centres for the treatment of depression, anxiety and addictions. Offering consultant and therapist-led treatments in a beautiful and tranquil environment, we are committed to providing the highest standard of care to our patients.

With access to an on-site doctor 24 hours a day, we ensure a safe and comfortable atmosphere at all times. Our consultant and therapist-led treatment programmes are also supported by 24-hour, expert nursing care.

The hospital's peaceful country house, set in stunning grounds, offers the perfect environment for treatment and provides:

- + Private, single occupancy bedrooms with en-suite facilities
- + Relaxing living areas
- + A dining room with catering to suit your dietary needs
- + Communal outdoor seating areas
- + Easy access from the M25 and London's major airports

Our flexible services provide a wide range of specialist support to patients and their families, including inpatient care, day care (as a step-down from inpatient care) and outpatient assessments and appointments.



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Woking is amazing; the best care and the best staff I have ever come across. I feel so safe and respected by the staff. They listen, understand and go the extra mile.

FORMER PATIENT
AT PRIORY HOSPITAL
WOKING



Our programmes

Our treatment programmes are tailored to the specific needs of the individual, ensuring the best possible outcomes are achieved. We ensure our inpatients, day care patients and outpatients are provided with every resource they need to make a strong recovery and return to a positive way of life.

Specialist addiction treatment programme

Priory Hospital Woking provides an environment free of alcohol and substances to support those recovering from addiction. We provide an evidence-based programme that is tailored to individual needs, all structured within National Institute for Health and Care (NICE) guidelines. The substance and behavioural addictions that we can provide treatment for include:

- + Alcohol
- + Drugs
- + Prescription drugs
- + Online/video gaming
- + Gambling

The full 28-day treatment programme offers:

- + Group and individual 1:1 therapy
- + Family group therapy
- + Couples therapy
- + Holistic treatment such as mindfulness
- + Other psychotherapeutic approaches such as equine therapy and art therapy

- + Step-down care from inpatient to day care to ensure a smooth transition towards discharge
- + Free aftercare for 12 months on completion of the programme – includes support groups, talks, advice and useful contacts

We are also able to offer a comprehensive, medically assisted detoxification process for drug and alcohol addictions, as required, delivered in a safe and controlled environment. Our medically assisted detox programme is the safest and most effective way to detox.

We also offer a free addiction assessment, which consists of:

- + Face-to-face assessment with a member of the addiction treatment team
- + The opportunity to ask any questions you may have
- + Talking people through their proposed treatment plan



93%

of addiction patients showed improvement in their overall mental wellbeing



General treatment programme

Our general programme treats a range of mental health conditions such as depression, stress and anxiety and includes:

- + A range of therapeutic interventions
- + Specialist therapies including cognitive behavioural therapy (CBT), mindfulness and eye movement desensitisation and reprocessing (EMDR)
- + Group therapy
- + Weekly 1:1 meetings with a designated nurse

We have the capacity to assign highly experienced therapists, who provide specialised and tailored support, adapted to the needs of each individual.

“ ”

Priory is the gateway
from despair to
something magical

PEER SUPPORTER AND
FORMER PATIENT





Information for GPs and healthcare professionals

We offer simple and secure processes for referring into Priory, including:

1. Our online form via www.priorygroup.com/gp-referral
 2. Emailing securely to priory.referral@nhs.net
 3. Calling **01483 489 211**
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Practices are also able to make referrals to Priory through their own systems, including EMIS Web and SystmOne. We can support with any queries, including integrating your practice systems.

Referral process overview

1. Choose your preferred referral process – please include the patient's contact details, along with information on circumstances and medical history
2. A unique reference number is generated for each enquiry
3. Our 24/7 support team will co-ordinate the referral with the most appropriate Priory location, who will contact the patient and check appointment availability with the most appropriate Priory specialist

99%

of patients from the Woking acute service stated that when they arrived, staff made them feel welcome

98%

of patients from the Woking addiction service stated they were treated with respect and dignity during their stay

Fees and funding

We are an approved provider for all the UK's leading private medical insurers, meaning patients may be able to access treatment through their policy. We also provide self-pay options for individuals and families, and corporate arrangements for businesses.

While we would prefer to receive a GP referral when a patient enters our services, this isn't always essential. For those using private medical insurance, your provider may require you to have one.



Find out more

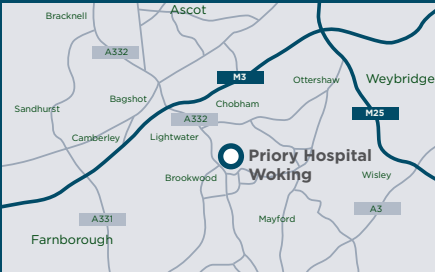
For more information or to discuss how we can help, please contact us by:

Telephone: 01483 489 211

Email: woking@priorygroup.com

Web: www.priorygroup.com/woking

Chobham Road, Knaphill, Woking,
Surrey, GU21 2QF



Priory Hospital Woking is easily accessible from London's major airports and motorway links.



Please note, most images in this brochure are stock photography and feature posed models.





Contact us

Telephone: 01483 489 211

Email: woking@priorygroup.com

Visit: www.priorygroup.com/woking

For the most up to date information on our services, please visit our website.

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