

# Private Mental Health and Wellbeing Services



Live your life



## Getting lives back on track

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**We know that depression and anxiety, amongst many other mental health conditions, can have a huge effect on the people experiencing them. Along with the day-to-day struggles that they bring, they can prevent people from achieving their best at work, and also affect their families, friends and loved ones.**

Priory offers the best available option for high quality mental health treatment. Every year our private services support over 10,000 people, and our proven track record in helping people to get their lives back on track, is unrivalled.

Each individual in our care receives an expert assessment to establish the best treatment for them. This is based on the experience of our clinicians, the proven effectiveness of different treatments, and the individual's preferences. Priory's expert team includes the best consultants and therapists in the mental health field. We consistently deliver the excellent results that Priory has become known for.



## What do we treat?

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We provide confidential treatment for a wide range of conditions including:

- + Stress

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- + Life difficulties, for example:
  - Relationships
  - Work
  - Bereavement

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- + Mood swings

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- + Depression, including postnatal depression

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- + Anxiety related conditions, including:
  - Panic attacks
  - Always 'being on edge' (generalised anxiety disorder)
  - Social and performance anxiety
  - Obsessive-compulsive disorder (OCD)
  - Post-traumatic stress disorder (PTSD)
  - Addiction

We also have industry-leading experts in our team who are able to treat a wide range of less common mental health issues – to find out more please contact our enquiries team.

**Telephone: 0800 840 3219**

**E-mail: [info@priorygroup.com](mailto:info@priorygroup.com)**

**Web: [www.priorygroup.com](http://www.priorygroup.com)**

## Our services

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Our private mental health services come under three main categories:

- + Mental health and wellbeing services

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- + Private mental health services

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- + Crisis care and support

Our treatment programmes are evidence-based, tailored to individual needs and all structured within NICE guidelines.



## Mental health and wellbeing services

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Priory's national network of private outpatient therapy centres provide quick and easy access to expert treatment, with flexible consulting hours to fit around your needs. Our discreet, yet conveniently located services are suitable for people of all ages, and we deliver meaningful improvements for those wanting a better quality of life or help to cope with challenging times.

A wide range of confidential therapies is provided. These include counselling, cognitive behavioural therapy (CBT) and more in-depth therapy approaches. These can be provided on a one-to-one or group basis.

Group approaches offer the extra support of meeting others with similar problems and allow learning from others. An initial consultation enables our expert team to understand the challenges that each individual faces, and to recommend and deliver what they think will help most.

To access our mental health and wellbeing services, simply contact our central enquiries team or your local service directly (as listed at the back of this brochure). They will be able to provide information on your options and arrange a convenient appointment for you.

# Private mental health services

**We employ and work with the country's leading consultant psychiatrists, psychologists and therapists, offering evidence-based treatments to help to manage all mental health conditions.**

Our professionals have expertise in different areas, allowing us to provide bespoke support and treatment, tailored to your particular needs and goals. Accessing Priory services in this way, enables you to quickly access high quality treatment as an alternative to NHS waiting lists.

Alongside our private outpatient services we also offer Priory day care, providing medical and therapeutic input on a daily basis at one of our hospitals, whilst enabling the individual to return home every evening.

**Contact details for all of our private outpatient centres and hospitals are listed at the back of this brochure.**



**99%**

of group therapy patients were satisfied with the quality of their care

**95%**

of mental health patients said they were satisfied with the quality of care they received

**94%**

of patients in addiction services said they would recommend us to a friend





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**This is an excellent place to actually get better... Priory can definitely help you**

**JOHN\*, FORMER PATIENT**



## **Crisis care and support**

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**Every year many people reach the point of mental health crisis. This can take a number of forms including breakdown, harming themselves or others, and thinking about suicide. It goes without saying that this is a hugely distressing time for an individual and their loved ones.**

Priory provides the best possible support and care for people experiencing a mental health crisis. Our private services offer immediate admission across our nationwide network of hospitals, under the care of leading consultant psychiatrists. Our team will quickly stabilise a person's condition, then deliver expert treatment in a dedicated and therapeutic environment.

Priory is uniquely placed to provide therapy and support from the point of crisis admission through to ongoing outpatient therapy, if required. Alongside inpatient treatment, we also offer an intensive day care programme for people well enough to stay at home, but who require ongoing medical and therapeutic input on a daily basis.

Last year our inpatient mental health services treated over 3,500 individuals, consistently delivering the best possible results and changing the lives of those in our care.

## **Using private medical insurance**

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**Priory offers accessibly-priced treatment packages for individuals who are looking to self-pay.**

We are an approved provider for the UK's leading private medical insurers, and many of your patients may be able to access treatment through their policy. Insurers may also cover day care and inpatient treatment.

Patients should check their levels of cover with their insurer prior to commencing treatment.



\*Name changed to protect identity

# Information for GPs and healthcare professionals

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We offer simple and secure processes for referring into Priory, including:

1. Our online form via **[www.priorygroup.com/gp-referral](http://www.priorygroup.com/gp-referral)**
  2. Emailing securely to **[priory.referral@nhs.net](mailto:priory.referral@nhs.net)**
  3. Calling **0800 090 1354**
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Practices are also able to make referrals to Priory through their own systems including EMIS Web and SystmOne. Your regional PPS can support with any queries, including integrating your practice systems.

## Referral process overview

1. Choose your preferred referral process – please include the patient’s contact details, along with information on circumstances and medical history
2. A unique reference number is generated for each enquiry
3. Our 24/7 support team will co-ordinate the referral with the most appropriate Priory location, who will contact the patient and check appointment availability with the most appropriate Priory specialist



## Next steps

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**For more information or to discuss how we can help you, our enquiries helpdesk can be contacted 24/7:**

**Telephone: 0800 840 3219**

**Email: [info@priorygroup.com](mailto:info@priorygroup.com)**

**Web: [www.priorygroup.com](http://www.priorygroup.com)**

While we would prefer to receive a GP referral when a patient enters our services, this isn't always essential. We are also an approved provider for all of the UK's leading private medical insurers. If you have private medical insurance, a GP referral may be required by your insurer before treatment can commence. Please liaise directly with your insurer to confirm.



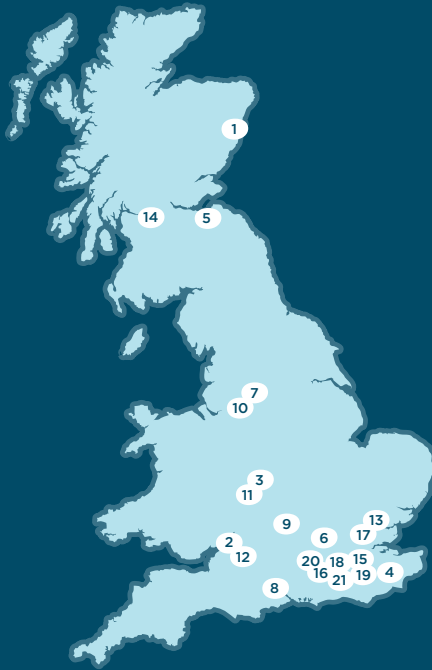
# Our locations

Our nationwide network of support means that there will always be a Priory specialist available near to you. Please contact our enquiries team on:

**Telephone: 0800 840 3219**

**Email: [info@priorygroup.com](mailto:info@priorygroup.com)**

**Web: [www.priorygroup.com](http://www.priorygroup.com)**



## Wellbeing Centres

- 1 Priory Wellbeing Centre Aberdeen**  
Tel: 01224 619 219  
[aberdeen@priorygroup.com](mailto:aberdeen@priorygroup.com)
- 2 Priory Wellbeing Centre Bristol**  
Tel: 0117 203 4007  
[bristolwellbeing@priorygroup.com](mailto:bristolwellbeing@priorygroup.com)
- 3 Priory Wellbeing Centre Birmingham**  
Tel: 0808 301 5379  
[birminghamwellbeing@priorygroup.com](mailto:birminghamwellbeing@priorygroup.com)
- 4 Priory Wellbeing Centre Canterbury**  
Tel: 01227 452 171  
[canterbury@priorygroup.com](mailto:canterbury@priorygroup.com)
- 5 Priory Wellbeing Centre Edinburgh**  
Tel: 0131 718 6036  
[edinburgh@priorygroup.com](mailto:edinburgh@priorygroup.com)
- 6 Priory Wellbeing Centre Harley Street**  
Tel: 0207 079 0555  
[harleystreet@priorygroup.com](mailto:harleystreet@priorygroup.com)
- 7 Priory Wellbeing Centre Manchester**  
Tel: 0808 115 4572  
[manchesterswellbeing@priorygroup.com](mailto:manchesterswellbeing@priorygroup.com)
- 8 Priory Wellbeing Centre Southampton**  
Tel: 0808 250 9069  
[southamptonwellbeing@priorygroup.com](mailto:southamptonwellbeing@priorygroup.com)
- 9 Priory Wellbeing Centre Oxford**  
Tel: 0808 159 2588  
[oxfordwellbeing@priorygroup.com](mailto:oxfordwellbeing@priorygroup.com)

## Hospitals and Residential sites

- 10 Priory Hospital Altrincham**  
Tel: 0161 904 0050  
[altrincham@priorygroup.com](mailto:altrincham@priorygroup.com)
- 11 Priory Hospital Barnet Green**  
Tel: 0808 291 1997  
[barnetgreen@priorygroup.com](mailto:barnetgreen@priorygroup.com)
- 12 Priory Hospital Bristol**  
Tel: 0117 952 5255  
[bristol@priorygroup.com](mailto:bristol@priorygroup.com)
- 13 Priory Hospital Chelmsford**  
Tel: 01245 345 345  
[chelmsford@priorygroup.com](mailto:chelmsford@priorygroup.com)
- 14 Priory Hospital Glasgow**  
Tel: 0141 636 6116  
[glasgow@priorygroup.com](mailto:glasgow@priorygroup.com)
- 15 Priory Hospital Hayes Grove**  
Tel: 020 8462 7722  
[hayesgrove@priorygroup.com](mailto:hayesgrove@priorygroup.com)
- 16 Life Works**  
Tel: 01483 757 572  
[enquiries@lifeworkscommunity.com](mailto:enquiries@lifeworkscommunity.com)
- 17 Priory Hospital North London**  
Tel: 020 8882 8191  
[northlondon@priorygroup.com](mailto:northlondon@priorygroup.com)
- 18 Priory Hospital Roehampton**  
Tel: 020 8876 8261  
[roehampton@priorygroup.com](mailto:roehampton@priorygroup.com)
- 19 Priory Hospital Ticehurst House**  
Tel: 01580 200 391  
[ticehurst@priorygroup.com](mailto:ticehurst@priorygroup.com)
- 20 Priory Hospital Woking**  
Tel: 01483 489 211  
[woking@priorygroup.com](mailto:woking@priorygroup.com)
- 21 Wimbledon Park Clinic**  
Tel: 0208 023 7077  
[wimbledonparkclinic@priorygroup.com](mailto:wimbledonparkclinic@priorygroup.com)



## Contact us

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For more information or to make a referral please contact us by:

**Telephone: 0800 840 3219**

**Email: [info@priorygroup.com](mailto:info@priorygroup.com)**

**[www.priorygroup.com](http://www.priorygroup.com)**

Telephone lines are open 24/7.  
You can also contact any of our hospitals directly using the details in this brochure.