



Millie's story

Eastrop House case study

Millie is autistic and has a learning disability and epilepsy. She transitioned to an adult placement at Eastrop House from a residential school setting.



Millie's transition to adult social care

Before moving to Eastrop House, Millie lived in a residential school setting with another care provider. There, she would often become fixated on things, which would lead to her putting herself at risk, if staff were unable to find the trigger.

Professionals from across Priory, including the assessment and transition director, positive behaviour support (PBS) practitioner, and the home's management team visited Millie at the school before the transition, which helped them gain a deep understanding of her needs. With input from Millie's family and social care team, the team at Eastrop House developed person-centred support plans, including PBS plans.

At first, Millie's parents were hesitant about the transition, having felt let down previously by social care teams. However, the management team at Eastrop House worked closely with them to build trust. Millie's parents were fully involved in the process. They delivered training to the support team at Eastrop House, and were also involved in designing environmental adaptations to Millie's room. This extensive preparation work resulted in a seamless move, and Millie quickly settled into her new home.



Achieving positive outcomes at Eastrop House

Now settled into her first adult placement, Millie receives the support she needs to develop her independence. At first, she required a lot of assistance with most aspects of her daily living skills. Today, she is far more engaged in tasks such as personal care, and is completing them more independently each time.

Millie's support team use communication aids to give her choices, including with her meals and activities. With strong working relationships in place, Millie actively seeks out staff to get her needs, wishes and wants met. This means that she enjoys an active, fulfilled life, and participates in a range of hobbies. These include pampering sessions, baking and going for walks.

In her previous setting, Millie would only go out into the community as part of a group. As a result, her social worker was worried about how she'd cope with visits out of the home. At Eastrop House, Millie currently receives two-to-one support with things like shopping trips, bus rides and attending local events. Now, the management team at the service are seeking to reduce her support package down to one-to-one support in the community.

Everyone at the service is so proud of Millie for how quickly she has adjusted to her new home. The trust she has in her support team is evident, and she responds well to their input. This means she is able to communicate her wishes, enjoy activities and continue to grow her independence.

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Millie is an amazing young lady, who is always full of smiles and has an amazing sense of humour. Thanks to the level of specialism we have within the team, it's clear that Millie feels safe in her surroundings. She has not shown any signs of attempting to leave the house without staff support, nor leaving staff whilst out.”

The home manager

It was a pleasure working with the team and seeing them adapt their practice to ensure Millie's support was completely person-centred

Priory's assessment and transitions director



Contact us today

If you would like to make a referral, call us on **0808 208 2147**

If you have a specific enquiry for the site, call the local number on **01256 819566**

Alternatively, send an email to **adultcare@priorygroup.com**

or visit our website at **www.priorygroup.com**

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