

Bespoke therapeutic placements



Live your life



Introducing bespoke therapeutic placements

At Priory, we are pleased to offer bespoke therapeutic placements (BTPs) for adults and young people with autism and/or learning disabilities, who present with complex and challenging needs. These may include aggressive behaviours, sensory issues and emotion dysregulation, all of which can make it difficult for these individuals to be supported in a shared environment.

The core aim of our BTPs is to offer an environment with the least restrictive practices, and one that is completely tailored to the unique needs and preferences of our patients. Our aim is to support our patients to develop their independence skills, enabling them to transition to community living, wherever possible.

At a glance, our BTPs offer:

- + A tailored programme of care within a safe, secure and purpose-designed environment
- + An environment that is designed to accommodate a single person
- + Collaborative care from an experienced multidisciplinary team (MDT)
- + A dedicated positive behavioural support (PBS) provision
- + A least restrictive model of care, with minimal use of restraint, promoting patients' autonomy, rights and dignity
- + The time and space for patients to self-regulate their emotions
- + Activities designed around individual needs, interests and abilities
- + Close liaison with outside agencies to support patients to attend appointments such as dentistry and hospital appointments, as required
- + Family involvement throughout the duration of the programme, where applicable

Specialist multidisciplinary teams

We ensure that our patients are supported by caring, knowledgeable and engaged teams. Our staff are provided with high levels of support, supervision and training, and we engage in reflective practice in order to ensure continuous improvement. We pride ourselves on delivering dedicated and stable care, while offering consistency and familiarity to our patients, in order to build trust.

Our specialist MDTs typically consist of:

- + Core nursing team and healthcare assistants
- + Experienced psychologists, who work with our patients to develop coping strategies, relaxation techniques and healthy emotional expression
- + Consultant psychiatrists, specialising in working with people with autism and/or learning disabilities
- + Occupational therapists
- + Speech and language therapists
- + Dedicated PBS provision, available throughout the duration of the BTP, prior to step-down. This allows us to produce sustainable outcomes
- + Child and adolescent mental health services (CAMHS) input, where applicable





Bespoke environments

All of our BTP environments are designed to accommodate a single person. Our units can be adapted as much as required so they are completely bespoke to the patient's emotional, behavioural and sensory needs, and cater to their preferences.

Examples include:

- + Large open spaces, both indoors and outdoors, for patients to run around and reduce their energy
- + Walls decorated with educational images, stickers and images to help emotional understanding
- + Patients' favourite colours and patterns as part of the décor
- + Soft furnishings such as bean bags and large cushions as opposed to sofas
- + Low stimulus 'black out' rooms, providing safe spaces for patients to go if they're ever feeling overwhelmed
- + Spacious wet rooms/showers for patients who like to self-soothe and de-escalate by standing under running water
- + Grassy areas outside, for patients who like to walk barefoot in the grass to regulate sensory stimuli

We also like to make sure that patients' families are comfortable with the BTP environment and are involved at all stages of the journey, from designing and planning the environment, to the meaningful care that follows.

Specialist pathways support

Priory supports the Learning Disability and Autism Programme Agenda by helping people with complex needs to lead active and fulfilling lives in their communities.

As such, we begin planning for our patients' ongoing care from the moment they are admitted to our services, so they can be supported in the community as quickly as possible. We can support the transition of service users within our BTP environments to move towards community placements and assisted living services, offered as part of our Priory Adult Care division.

Our dedicated assessment and transition directors develop personalised pathways for each service user. Their focus is to ensure a seamless transition into community living, along with supporting and identifying alternative options to meet the changing needs of our residents.

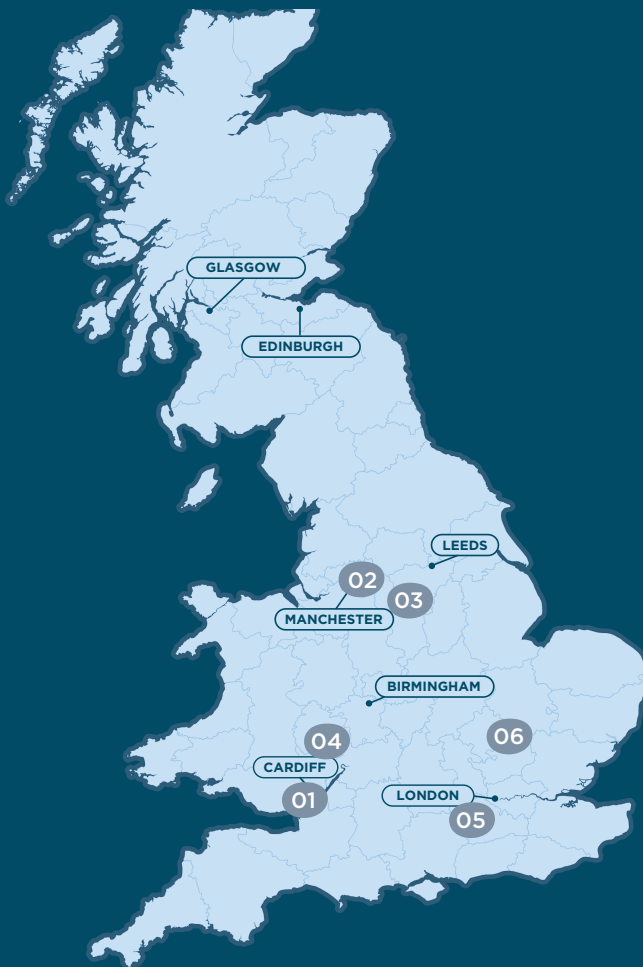
We can assist with:

- + Supporting the assessment process and developing a bespoke transition plan
- + Ensuring appropriate specialists are involved throughout the transition. This includes a dedicated PBS provision
- + Ensuring the Priory Adult Care site environment and the team's skills meet the needs of the individual
- + Organising external support for any additional assessed needs, such as epilepsy
- + Supporting staff to build a positive relationship with the individual, throughout the transition process
- + Being present on site the day the individual moves into their new setting, to ensure everything goes well
- + Conducting ongoing reviews and staying in regular contact with the new service, to ensure that all parties are comfortable with the progress being made
- + Identifying any challenges early on, to ensure additional support is provided where required
- + Responding swiftly in the event of a relapse, ensuring the person can access the most appropriate support to prevent hospital readmission





Priory's BTP locations



- 01 Priory Hospital Cardiff
- 02 Priory Hospital Cheadle Royal
- 03 Priory Hospital Hazelwood House
- 04 Priory Hospital Llanarth Court
- 05 Priory Hospital Mildmay Oaks
- 06 Priory Hospital Kneethorpe

For more information or to make a referral, please call **0800 090 1356**, email prioryenquiries@nhs.net or visit www.priorygroup.com/nhs

For the most up to date information on our services, please visit our website.

PRIORY HEALTHCARE