

PRIORY

PRIVATE
HEALTHCARE

Priory Hospital North London

Expert mental health
and addiction treatment



Live your life



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The programme enabled me to release myself from my past and allow me to move on and start a foundation for a new life

FORMER PATIENT ON
NORTH LONDON'S TRAUMA
PROGRAMME

97%

of patients from the North London acute mental health service stated that they felt safe during their stay

Priory is the UK's leading provider of therapy and consultant-led mental health treatments

Every year, Priory wellbeing centres and hospitals across the UK help over 10,000 people experiencing mental health issues such as anxiety and depression, or addiction.

Our tailored programmes of care deliver the excellent results you would expect from Priory.



Priory Hospital North London

Located in a secluded part of Southgate, Priory Hospital North London is set within a striking Grade I listed building. It is one of the UK's leading centres for the treatment of a wide range of mental health difficulties such as depression, anxiety and addictions. It has been a Priory hospital since 1986.

Our flexible and patient-centred treatment programmes are developed by expert psychiatrists, mental health nurses, psychologists and therapists. This multidisciplinary approach allows for a package of care that ensures the patient is at the heart of all decisions made.

We have a private ward with a total of 27 single occupancy bedrooms, each with en-suite facilities. The hospital also provides:

- + Relaxing living areas
- + Beautifully landscaped gardens
- + Peace and tranquillity with a nearby lake and park that patients can visit
- + A restaurant with catering to suit your dietary needs
- + Housekeeping
- + Easy access from the M25, London's major airports and from Central London via Southgate tube station

Our flexible services provide inpatient care, day care and outpatient assessments and appointments, as well as specialist child and adolescent outpatient services and an obsessive compulsive and related disorders unit.





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Our educational provision is rated as 'outstanding' in all areas by Ofsted

Our programmes

At North London we have leading expertise in mood disorders, anxiety and trauma, as well as obsessive compulsive disorder (OCD) and other related disorders.

Our OCD service for adults is unique to North London and as a University teaching hospital, we are always up to date with the latest psychological research in this field.

We tailor all our programmes to the specific needs of the individual, ensuring the best possible outcomes are achieved.

Our outpatient, inpatient and day care patients are provided with every resource they need to make a strong recovery and return to a positive way of life.



Specialist addiction treatment programme

Priory Hospital North London's addiction service offers treatment for both substance and behavioural addictions, including alcohol, drugs, sex and other addictions. We provide an evidence-based programme that is tailored to individual needs, all structured within National Institute for Health and Care Excellence (NICE) guidelines.

The full 28-day, 12-Step treatment programme offers:

- + Group and individual 1:1 therapy

- + Trauma reduction therapy

- + Family therapy

- + Couples therapy

- + Equine therapy

- + Step-down care from inpatient to day care to ensure smooth transition towards discharge

- + Free aftercare for 12 months on completion of the addiction treatment programme – includes support groups, talks, advice and useful contacts

- + Holistic treatment such as relaxation and yoga

We are also able to offer a comprehensive, medically assisted detoxification process for drug and alcohol addictions, as required, delivered in a safe and controlled environment.

Our medically assisted detox programme is the safest and most effective way to detox.

We also offer a free addiction assessment which consists of:

- + Face-to-face assessment with a member of the addiction treatment team

- + The opportunity to ask any questions you may have

- + Talking you through a proposed treatment plan





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After doing trauma reduction therapy she was just so happy... it's a real joy to see

ADDICTION PROGRAMME
MANAGER ON A FORMER
PATIENT



Mental health treatment programme

Priory Hospital North London's general mental health service treats a range of conditions such as depression, stress and anxiety, and can be accessed through our inpatient or day care programmes.

We offer:

- + A range of therapeutic interventions
- + Trauma reduction therapy
- + Medical interventions
- + Specialist therapies including cognitive behavioural therapy (CBT), dialectical behaviour therapy (DBT), cognitive analytic therapy (CAT), emotion focused therapy (EFT), mindfulness and eye movement desensitisation and reprocessing (EMDR)
- + Family therapy
- + Group therapy
- + Weekly 1:1 meetings with your designated nurse (for inpatients)
- + Weekly reviews with your designated therapist

Our highly experienced therapists provide treatment which is flexible around the needs of the individual. We also have strong links to our outpatient service at Priory Wellbeing Centre Harley Street, making the services accessible to all.

Information for GPs and healthcare professionals

We offer simple and secure processes for referring into Priory, including:

1. Our online form via www.priorygroup.com/gp-referral
 2. Emailing securely to priory.referral@nhs.net
 3. Calling **020 8882 8191**
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Practices are also able to make referrals to Priory through their own systems. We can support with any queries, including integrating your practice systems.

Referral process overview

1. Choose your preferred referral process – please include the patient’s contact details, along with information on circumstances and medical history
2. A unique reference number is generated for each enquiry
3. Our 24/7 support team will co-ordinate the referral with the most appropriate Priory location, who will contact the patient and check appointment availability with the most appropriate Priory specialist

Fees and funding

We are an approved provider for all the UK’s leading private medical insurers, meaning patients may be able to access treatment through their policy. We also provide self-pay options for individuals and families, and corporate arrangements for businesses.

While we would prefer to receive a GP referral when a patient enters our services, this isn’t always essential. For those using private medical insurance, your provider may require you to have a GP referral.

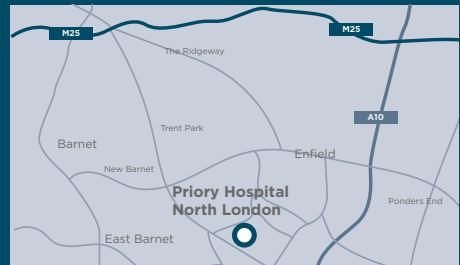
Find out more

For more information or to discuss how we can help you, our enquiries team can be contacted 24/7:

Telephone: 020 8882 8191

Email: northlondon@priorygroup.com

Web: www.priorygroup.com/northlondon



Priory Hospital North London is easily accessible from London’s major airports and motorway links.





Contact us

Telephone: 020 8882 8191

Email: northlondon@priorygroup.com

Visit: www.priorygroup.com/northlondon

For the most up to date information on our services,
please visit our website.

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