PRIORY PRIVATE HEALTHCARE

Priory Hospital Roehampton

Addiction Treatment Programme Example Timetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
09:00-09:15	09:00-09:15	09:00-09:15	09:00-09:15	09:00-09:15	08:00-09:00	09:35-09:50
Peer-led Check-in	Peer-led Check-in	Peer-led Check-in	Peer-led Check-in	Peer-led Check-in	Open Gym	Peer-led Check-in
10:00-11:15	10:00-11:15	10:00-11:15	10:00-11:15	10:00-11:15	09:35-09:50	10:00-11:15
Drama Therapy	Group Therapy	Group Therapy	Group Therapy	Group Therapy	Peer-led Check-in 10:00-11:15 Group Therapy	Group Therapy
11:30-12:30	11:30-12:30	11:30-12:30	11:30-12:30	11:30-12:30	11:30-12:30	11:30-12:30
Group Therapy	Workshop/Step 1	Workshop/Step 1	Workshop/Step 1	Workshop/Step 1	Movement Therapy /Mindfulness	Workshop/Step 1
12:30-13:30 LUNCH	12:30-13:30 LUNCH	12:30-13:30 LUNCH	12:30-13:30 LUNCH	12:30-13:30 LUNCH	12:30-13:30 LUNCH	12:30-13:30 LUNCH
13:30-14:20	13:30-13:45	13:30-14:30	13:30-14:30	13:15-15:00	13:30-14:30	13:30-17:30
1-to-1 Sessions 13:30-14:20	1-to-1 Sessions 13:30-13:45	1-to-1 Sessions 13:30-14:30	1-to-1 Sessions 13:30-14:30	1-to-1 Sessions 13:15-15:00	1-to-1 Sessions 13:30-14:30	Walk 13:30-17:30
Peer Support Group	Peer Support Group	Peer Support Group	Peer Support Group	Peer Support Group	Peer Support Group	Peer Support Group
14:30-15:45	14:30-15:45	14:30-15:45	13:15-16:00	14:00-15:30	14:00-15:30	14:30-16:00
Workshop	Workshop	Family Programme	Equine Assisted Psychotherapy	Swimming	AA Meeting NA Meeting	Open AA Meeting
16:00-17:00	16:00-17:00	16:00-17:00	16:00-17:00	15:30-16:30	15:30-16:30	15:30-16:30
Stretch and Relaxation	Boxercise	Free Time	Group Secretary Share	Workshop / DVD	Visitors	Visitors
17:15-18:15	17:15-18:15	17:15-18:15	17:15-18:15	17:15-18:15		
Mini Group	Mini Group	Mini Group	Mini Group	Mini Group		

EVENING SESSIONS

19:00-20:30	20:00-21:30	20:15-21:15	19:30-20:30	19:30-21:00	14:00-15:30	14:30-16:00
CA Meeting	1-to-1 Sessions 20:00-21:30 External AA Meeting 20:00-21:30 OA Meeting	AA Meeting	Ex-Patient Speaker 19:15-20:30 Aftercare Ex-Patient Groups	SLAA Meeting 19:30-21:00 External AA Meeting	AA Meeting 14:00-15:30 NA Meeting	Open AA Meeting
19:45	19:45	19:45	19:45	19:45	19:45	19:45
Evening Reflection Meeting – Peer-led	Evening Reflection Meeting – Peer-led	Evening Reflection Meeting – Peer-led	Evening Reflection Meeting – Peer-led	Evening Reflection Meeting – Peer-led	Evening Reflection Meeting – Peer-led	Evening Reflection Meeting – Peer-led