

# The Priory Hospital Bristol

The Priory Hospital Bristol is a leading UK centre of support for individuals, couples and families facing a wide range of mental health challenges. Our team of psychiatrists and therapists provide recovery-focused therapies and evidence-based treatments in a calming therapeutic environment.



## Location and environment

Located in a secluded part of Bristol, The Priory Hospital Bristol is set within a striking Grade II listed building. It is one of the UK's leading centres for the treatment of a wide range of mental health conditions such as depression and anxiety.

- Relaxing living areas and beautiful gardens
- Peace and tranquility with a nearby park for a place to unwind
- A restaurant with catering to suit all dietary needs
- Located near two central train stations and access routes into the city centre from the M4 and M5

## Treatments

Treatment is tailored to the specific needs of the individual, ensuring the best possible outcomes. Our outpatient, inpatient and day care patients are provided with every opportunity they need to make a strong recovery and return to a positive way of life.

- Psychologists and therapy team offering support across all areas of general psychiatry
- Specialist old age psychiatry consultants
- Animal assisted therapy which aims to improve social, emotional and cognitive functioning. This includes therapy dogs and ponies that provide support in the form of patient assisted therapy (PAT) sessions, ward visits and walks. Our therapy dog can also be present in some one-to-one and group therapy sessions
- Clinical hypnotherapy is therapy conducted in a state of hypnosis - an altered state of mind, helping those who are tied to a goal they already know they want to achieve. This can help both psychological and addictive conditions
- Specialist services include a trauma programme and support for obsessive compulsive disorders (OCD)
- Individual and group therapy is offered
- A broad variety of clinical approaches include cognitive behavioural therapy (CBT), dialectical behaviour therapy (DBT), rational emotive behaviour therapy (REBT), integrative counselling, psychodynamic counselling, interpersonal therapy, mindfulness based therapy (MBT) and compassionate focused therapy



## Patient profile

- We provide services for adults and as a training hospital, Bristol is an ideal place for treating patients with complex disorders including trauma, post-traumatic stress disorder and those who might not have responded to previous treatments
- Support for patients suffering with personality disorder and emotional dysregulation including bipolar disorder

## Patient support

- Family therapy is offered on a needs basis as part of our general psychiatry programme
- Day care programme for addictions and general psychiatric conditions such as anxiety, depression and stress
- Animal assisted therapy
- Hypnotherapy

## Additional activities

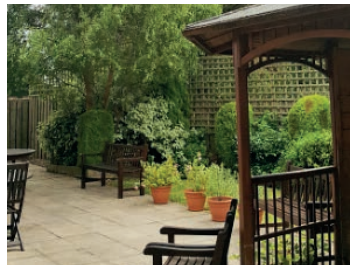
- Yoga classes
- Meditation
- Mindfulness
- Community-based trips
- Social exposure groups

## Specialist team

The specialist team at The Priory Hospital Bristol includes renowned and published experts in their field:

- Dr Griffin – general psychiatry, addictions
- Dr Slinn – general psychiatry, eating disorders, older adults
- Dr Collinge – general psychiatry, mood disorders, trauma
- Dr Rajpal – ADHD, Asperger syndrome
- Dr Deadman – general psychiatry, addictions
- Dr Wright – general psychiatry, addictions

Languages: Spanish, Catalan, Italian, Hindi, Urdu, Punjabi



## Satisfaction outcomes

**100%** of patients from the Bristol acute service stated they felt safe during their stay

**100%** of patients from the Bristol acute service stated they were treated with respect and dignity during their stay

## Funding

Priory offers personalised and accessibly-priced treatment packages for individuals who are looking to self-pay for treatment.

We are also an approved provider for all of the UK's leading private medical insurers. If you have private medical insurance, a GP referral may be required by your insurer before treatment can commence. Please liaise directly with your insurer to confirm.

## Enquiries and further information

To contact The Priory Hospital Bristol directly, call **0117 952 5255**. You can also find out more information by visiting [www.priorygroup.com/Bristol](http://www.priorygroup.com/Bristol).

Alternatively you can call our 24/7 enquiry line on **0800 840 3219**.

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