



# Priory Hospital Chelmsford

## Consultant and therapist list

The Priory Hospital Chelmsford specialises in the treatment and management of adults and adolescents with a range of mental health problems where patient care is the primary concern. The 60 bedded hospital has established an excellent reputation for providing the highest standards of care and our multidisciplinary team deliver personalised treatment programmes in a calming and recovery focused environment.

### Consultants

Name	Qualifications	Specialities	Outpatient clinics
<p><b>Dr Gary Jackson</b> Consultant Psychiatrist and Medical Director</p> 	<p>M.B.B..Ch F.R.C.Psych</p>	<ul style="list-style-type: none"> <li>• Agoraphobia</li> <li>• Anger management</li> <li>• Anxiety</li> <li>• Bereavement</li> <li>• Depression</li> <li>• Gambling addiction</li> <li>• Myalgic encephalomyelitis (ME)</li> <li>• OCD</li> <li>• Panic attacks</li> <li>• PTSD</li> <li>• Schizophrenia</li> <li>• Self-harm</li> <li>• Sexual dysfunction</li> <li>• Stress</li> <li>• Trauma counselling</li> </ul>	<p>Priory Hospital Chelmsford</p>
<p><b>Dr Walid Abdul-Hamid (aka Hamid)</b> Clinical Director and Consultant Psychiatrist</p> 	<p>Member of the Royal College of Psychiatrists, London Previously Associate Professor at the University of London MBChb, MRCPsych PhD EMDR Europe consultant, supervisor and trainer Bilingual (Arabic and English) License number: CS0134-17</p>	<ul style="list-style-type: none"> <li>• Anxiety</li> <li>• Depression</li> <li>• Obsessive-compulsive disorder (OCD)</li> <li>• Personality disorders</li> <li>• Phobias</li> <li>• Panic attacks</li> <li>• Bipolar affective disorder</li> <li>• Post-traumatic stress disorder (PTSD)</li> </ul>	<p>Priory Hospital Chelmsford</p>

### Contact us

**Priory Hospital Chelmsford**, Stump Lane, Springfield Green, Chelmsford, Essex, CM1 5SJ  
**Tel: 01245 345 345 | Fax: 01245 346 177 | Email: [Chelmsford@priorygroup.com](mailto:Chelmsford@priorygroup.com)**  
**Visit: [www.priorygroup.com/chelmsford](http://www.priorygroup.com/chelmsford)**



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### Consultants

Name	Qualifications	Specialities	Outpatient clinics
<b>Dr Rupesh Adimulam</b> Consultant Neuropsychiatrist	MBBS MRCPsych	<ul style="list-style-type: none"> <li>• <b>Adult attention deficit disorder (ADHD)</b></li> <li>• <b>Anxiety disorder</b></li> <li>• <b>Bipolar disorder</b></li> <li>• <b>Unipolar depression</b></li> <li>• <b> OCD</b></li> <li>• <b>PTSD</b></li> <li>• <b>Psychotic disorders</b></li> <li>• <b>Postnatal depression</b></li> <li>• <b>Sleep disorders</b></li> </ul>	Priory Hospital Chelmsford
<b>Dr Craig Andersson</b> Consultant Psychiatrist 	FRCPsych	<ul style="list-style-type: none"> <li>• <b>Addictions</b></li> <li>• <b>Affective disorders</b></li> <li>• <b>Alcohol addiction</b></li> <li>• <b>Anxiety</b></li> <li>• <b>Drug rehabilitation</b></li> <li>• <b>Schizophrenia</b></li> <li>• <b>Stress</b></li> </ul>	Priory Hospital Chelmsford
<b>Dr Lokesh Bisati</b> Lead Consultant Child and Adolescent Psychiatrist	MBBS MRCPsych	<ul style="list-style-type: none"> <li>• <b>ADHD</b></li> <li>• <b>Anxiety disorders</b></li> <li>• <b>Autism</b></li> <li>• <b>Bipolar disorder</b></li> <li>• <b>Child and adolescent mental health</b></li> <li>• <b>Deliberate self-harm</b></li> <li>• <b>Depression</b></li> <li>• <b>Eating disorders</b></li> <li>• <b> OCD</b></li> <li>• <b>Phobias</b></li> <li>• <b>PTSD</b></li> <li>• <b>Somatoform disorder</b></li> <li>• <b>Schizophrenia</b></li> </ul>	Priory Hospital Chelmsford
<b>Dr Julet Butler</b> Consultant Child and Adolescent Psychiatrist 	MB BCh BAO MRCPsych MBA	<ul style="list-style-type: none"> <li>• <b>Depression and anxiety in childhood and adolescence</b></li> <li>• <b>Eating disorders in childhood and adolescence</b></li> <li>• <b>Neurodevelopmental disorders including Autism and ADHD</b></li> <li>• <b>Trauma and attachment Disorder</b></li> </ul>	The Priory Hospital Chelmsford

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Name	Qualifications	Specialities	Outpatient clinics
<b>Dr Claudiu Carmaciu</b> Consultant Psychiatrist - Adult 	Doctor-Medic MRCPsych	<ul style="list-style-type: none"> <li>• Anxiety</li> <li>• Bipolar disorder</li> <li>• Depression</li> <li>• OCD</li> <li>• Personality disorder</li> <li>• Schizophrenia treatment</li> </ul>	Priory Hospital Chelmsford
<b>Dr Matthew Castle</b> Consultant Psychiatrist - Adult	MBBS MRCPsych	<ul style="list-style-type: none"> <li>• Addictions</li> <li>• Affective disorders</li> <li>• Mental health</li> </ul>	Priory Hospital Chelmsford
<b>Dr Paul Caviston</b> Consultant Child and Adolescent Psychiatrist	MB BCH BAO LRCPsI FRCPsych UKCP Psychotherapist Family Therapist	<ul style="list-style-type: none"> <li>• Child and adolescent mental health</li> </ul>	Priory Hospital Chelmsford
<b>Dr Donna Grant</b> Consultant Psychiatrist 	MRCPsych MBBS BSc (Hons)	<ul style="list-style-type: none"> <li>• Anxiety and panic disorders</li> <li>• Mood disorders</li> <li>• OCD</li> <li>• Personality disorders</li> <li>• PTSD</li> <li>• Psychotic disorders</li> </ul>	Priory Hospital Chelmsford
<b>Dr Rina Gupta</b> Consultant Psychiatrist	MBBS MRCPsych (Psychiatry), MS (Obs. & Gynaecology)	<ul style="list-style-type: none"> <li>• ADHD</li> <li>• Anxiety</li> <li>• Mood disorders</li> <li>• Perinatal issues</li> </ul>	Priory Hospital Chelmsford
<b>Dr Marinus Klijnsma</b> Consultant Psychiatrist - Adult 	MBBS MRCPsych	<ul style="list-style-type: none"> <li>• Affective disorders</li> <li>• Alcohol addiction</li> <li>• Anxiety</li> <li>• Drug rehabilitation</li> <li>• Sex and love addiction</li> </ul>	Priory Hospital Chelmsford & The Priory Hospital North London

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### Consultants

Name	Qualifications	Specialities	Outpatient clinics
<p><b>Dr Declan Leahy</b> Consultant Psychiatrist</p> 	<p>MB BS MRC Psych</p>	<ul style="list-style-type: none"> <li>• Alcohol misuse and addictions</li> <li>• Depression and anxiety disorders</li> <li>• Panic disorder</li> <li>• Rehabilitation psychiatry</li> <li>• Psychosis and personality disorders</li> <li>• Stress disorders</li> </ul>	<p>Priory Hospital Chelmsford</p>
<p><b>Ralph Littlejohn</b> MBBS FRCPsych</p> 	<p>Doctor Paediatrician Child and Adolescent Psychiatrist MA in Psychodynamic Approaches to Working with Adolescents</p>	<ul style="list-style-type: none"> <li>• ADHD</li> <li>• Anger management</li> <li>• Child and adolescent</li> <li>• Depression</li> <li>• OCD</li> <li>• Panic attacks</li> <li>• Phobias</li> <li>• PTSD</li> </ul>	<p>Priory Hospital Chelmsford</p>
<p><b>Dr Skirma Povilenaite</b> Consultant Child &amp; Adolescent Psychiatrist</p> 	<p>Doctor Paediatrician Child and Adolescent Psychiatrist MA in Psychodynamic Approaches to Working with Adolescents</p>	<ul style="list-style-type: none"> <li>• ADHD</li> <li>• Affective disorders</li> <li>• Anxiety</li> <li>• Autism and Asperger's syndrome</li> <li>• Attachment disorder</li> <li>• Behavioural, emotional, social and psychological difficulties</li> <li>• Depression</li> <li>• Learning disabilities</li> <li>• OCD</li> <li>• Oppositional defiance disorder</li> <li>• Panic attacks</li> <li>• PTSD</li> <li>• Self-harm</li> <li>• Somatoform disorder</li> <li>• Trauma</li> </ul>	<p>Priory Hospital Chelmsford</p>

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 Visit: [www.priorygroup.com/chelmsford](http://www.priorygroup.com/chelmsford)



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Consultants			
Name	Qualifications	Specialities	Outpatient clinics
<b>Dr Manas Sarkar</b> Consultant Child and Adolescent Psychiatrist	MB MRCPsych DipHCMgt	<ul style="list-style-type: none"> <li>• Anxiety</li> <li>• Autism</li> <li>• ADHD</li> <li>• Anorexia nervosa</li> <li>• Childhood depression</li> <li>• Oppositional defiant disorder</li> <li>• Schizophrenia</li> </ul>	Priory Hospital Chelmsford
<b>Dr Arghya Sarkhel</b> Consultant Psychiatrist 	MB BS FRCPsych DPM (Dublin) MSc in Neuroscience	<ul style="list-style-type: none"> <li>• Adult ADHD</li> <li>• Addictions</li> <li>• Agoraphobia</li> <li>• Alzheimer's disease</li> <li>• Anxiety</li> <li>• Bereavement</li> <li>• Bipolar disorder</li> <li>• Depression</li> <li>• Early onset dementia</li> <li>• OCD</li> <li>• Panic attacks</li> <li>• Post-natal depression</li> <li>• Post-traumatic stress disorder</li> <li>• Psychoses</li> <li>• Sexual dysfunction</li> <li>• Stress</li> <li>• Personality disorder</li> <li>• Schizophrenia</li> <li>• Seasonal affective disorder</li> <li>• Transcultural mental health issues</li> <li>• Trauma</li> </ul>	Priory Hospital Chelmsford

## Contact us



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## Consultant and therapist list

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Name	Qualifications	Specialities	Outpatient clinics
<p><b>Dr Murali Sekar</b> Consultant Psychiatrist in Eating Disorders</p> 	<p>MBBS DPM MRCPsych Dip. In PPP (Psychodynamic Psychotherapy)</p>	<ul style="list-style-type: none"> <li>• <b>Eating disorders</b></li> </ul>	<p>Priory Hospital Chelmsford</p>
<p><b>Dr Anshul Swami</b> Consultant Psychiatrist</p> 	<p>General Medical Council Certificate of Specialist Training in General Adult Psychiatry and Addictions/ Substance Misuse Disorders 2010 MSc In Addiction Sciences Approved under Section 12 of the Mental Health Act 1983 2006 MRCPsych University of Cardiff, UWCM and Biomedical Sciences, MB.BCh 2002</p>	<ul style="list-style-type: none"> <li>• <b>Addictions</b></li> <li>• <b>Anxiety</b></li> <li>• <b>Depression</b></li> <li>• <b>Stress treatment</b></li> <li>• <b>Transcultural mental health issues</b></li> </ul>	<p>Priory Hospital Chelmsford</p>
<p><b>Dr Jason Taylor</b> Consultant Psychiatrist</p> 	<p>MBBS, MRCS LRCP, FRCPsych, MSc(econ)</p>	<ul style="list-style-type: none"> <li>• <b>Addictions</b></li> <li>• <b>Anxiety</b></li> <li>• <b>Depression</b></li> <li>• <b>Emotional disorders</b></li> <li>• <b>General adult and old age psychiatry</b></li> <li>• <b>OCD</b></li> </ul>	<p>Priory Hospital Chelmsford</p>
<p><b>Dr Peter Webster</b> Lead Consultant Psychiatrist in Eating Disorders</p> 	<p>MA MB BChir MRCPsych</p>	<ul style="list-style-type: none"> <li>• <b>Eating disorders</b></li> <li>• <b>General psychiatry</b></li> </ul>	<p>Priory Hospital Chelmsford</p>

### Contact us



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## Consultant and therapist list

Therapists			
Name	Qualifications	Specialities	Outpatient clinics
<p><b>Elaine Ward</b> Therapy Services Manager and DBT Therapist</p> 	<p>MA Psychoanalytic Psychotherapy PG Dip systematic therapy Certificate in Psychoanalytic Supervision</p>	<ul style="list-style-type: none"> <li>• <b>Adult mental health</b></li> <li>• <b>Couples and relationship work</b></li> <li>• <b>Personality disorders</b></li> <li>• <b>Long and short term psychotherapy</b></li> </ul>	<p>Priory Hospital Chelmsford</p>
<p><b>Mohaia Amin</b> CBT Therapist</p>	<p>MSc in Rational-Emotive &amp; Cognitive Behaviour Therapy OCNW Certification - Bereavement Counselling BSc in Psychology (Honours Degree) PGCE</p>	<ul style="list-style-type: none"> <li>• <b>Adult mental health</b></li> <li>• <b>Anger management</b></li> <li>• <b>Anxiety</b></li> <li>• <b>Bereavement</b></li> <li>• <b>Depression</b></li> <li>• <b>Health anxiety</b></li> <li>• <b>Low self-esteem</b></li> <li>• <b>OCD</b></li> <li>• <b>Panic attacks</b></li> <li>• <b>Personality disorder</b></li> <li>• <b>Stress</b></li> </ul>	<p>Priory Hospital Chelmsford</p>
<p><b>Michelle Mentessi</b> Integrative CAMHS Therapist</p> 	<p>Post grad Diploma in Child Counselling using the arts and Post grad Diploma in IPT-A (Interpersonal Psychotherapy for depressed Adolescents) MBACP, Accredited IPT-UK</p>	<ul style="list-style-type: none"> <li>• <b>Anxiety</b></li> <li>• <b>Depression</b></li> </ul>	<p>Priory Hospital Chelmsford</p>
<p><b>Rachel Burnett</b> Occupational Therapist</p>	<p>BSc in Occupational Therapy</p>	<ul style="list-style-type: none"> <li>• <b>CAMHS</b></li> </ul>	<p>Priory Hospital Chelmsford</p>
<p><b>Lorna Damiani</b> CBT, DBT Therapist</p> 	<p>MSc CBT</p>	<ul style="list-style-type: none"> <li>• <b>Adjustment disorders</b></li> <li>• <b>Anger management</b></li> <li>• <b>Anxiety</b></li> <li>• <b>Depression</b></li> <li>• <b>Low self esteem</b></li> <li>• <b>Personality Disorder</b></li> <li>• <b>Sleep disorders</b></li> </ul>	<p>Priory Hospital Chelmsford</p>

## Contact us



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Name	Qualifications	Specialities	Outpatient clinics
<p><b>Janne Diwell</b> ED Nurse Specialist and Integrative Therapist</p> 	<p>EN(M) RMN BTEC Cert counselling and psychology BTEC Diploma counselling and psychology Cert person centred art therapy EMDR level 1,2,3, Counselling for depression Cert DBT skills</p>	<ul style="list-style-type: none"> <li>• Eating disorders</li> <li>• Depression counselling</li> <li>• General psychiatry</li> <li>• Trauma</li> </ul>	<p>Priory Hospital Chelmsford</p>
<p><b>Michelle Duffy</b> EDU Occupational Therapist</p> 	<p>BSC Occupational Therapy BSC Psychology and Sociology</p>	<ul style="list-style-type: none"> <li>• Dementia</li> <li>• Community mental health</li> <li>• Forensic mental health</li> <li>• Learning disability community team</li> <li>• Physical health in both a hospital and community setting for older people</li> </ul>	<p>Priory Hospital Chelmsford</p>
<p><b>Louise Durrant (Claire)</b> Systemic Psychotherapist</p> 	<p>Advanced training in Systemic Supervision 2012 MSc Systemic Psychotherapy 2008 Registered Psychiatric Nurse 1999-2008 BSc (hons) Health Studies 1996</p>	<ul style="list-style-type: none"> <li>• Anxiety</li> <li>• CAMHS</li> <li>• Clinical Supervision</li> <li>• Depression</li> <li>• Eating disorders</li> <li>• Family and couple therapy</li> <li>• Individual and group therapy</li> <li>• OCD</li> <li>• Parenting</li> <li>• Self-harm</li> </ul>	<p>Priory Hospital Chelmsford</p>
<p><b>Alison Hardy</b> CBT Therapist/Team Leader</p> 	<p>PG CBT Dip Counselling</p>	<ul style="list-style-type: none"> <li>• Depression</li> <li>• Health anxiety</li> <li>• OCD</li> <li>• Self-esteem</li> </ul>	<p>Priory Hospital Chelmsford</p>





### Contact us





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Therapists			
Name	Qualifications	Specialities	Outpatient clinics
<p><b>Barbara Hart</b> Eating Disorders Therapist &amp; Therapist Individual and Group therapy for Adults</p> 	<p>Masters in Counselling and Psychotherapy Senior Member of the BACP Advanced Diploma in Person Centred Therapy Certificate in Cognitive Behavioural Therapy (CBT) MB-EAT Instructor (Mindfulness Based Eating Awareness Training)</p>	<ul style="list-style-type: none"> <li>• <b>Anxiety</b></li> <li>• <b>Binge-eating</b></li> <li>• <b>Bulimia nervosa</b></li> <li>• <b>Childhood abuse</b></li> <li>• <b>Compulsive/comfort eating</b></li> <li>• <b>Depression</b></li> <li>• <b>Eating Disorders - Anorexia nervosa</b></li> <li>• <b> OCD</b></li> <li>• <b>Stress</b></li> </ul>	<p>Priory Hospital Chelmsford</p>
<p><b>Elizabeth Higgins</b> Occupational Therapist – CAMHS Child &amp; Adolescent services (CAMHS)</p> 	<p>BSc (Hons) Occupational Therapy</p>	<ul style="list-style-type: none"> <li>• <b>CAMHS</b></li> </ul>	<p>Priory Hospital Chelmsford</p>
<p><b>Sheree Irwin</b> Integrative Therapist and DBT Therapist</p> 	<p>BACP Accredited Counsellor/Psychotherapist/ TA short Course Life Coach/ DBT The Master Class certificate/working towards accreditation in DBT</p>	<ul style="list-style-type: none"> <li>• <b>Dialectical behaviour therapy</b></li> </ul>	<p>Priory Hospital Chelmsford</p>
<p><b>Dee Johnson</b> Addictions (ATP) Therapist</p> 	<p>MBACP (Accred) MNCS (Accred)</p>	<ul style="list-style-type: none"> <li>• <b>Addiction</b></li> <li>• <b>Bereavement</b></li> <li>• <b>Eating disorders</b></li> </ul>	<p>Priory Hospital Chelmsford</p>

## Contact us



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## Consultant and therapist list

Therapists			
Name	Qualifications	Specialities	Outpatient clinics
<b>Debbie Liman</b> CBT Therapist	CBT Diploma Degree (Hons) CBT and Psychodynamic Registered with BACP - working towards accreditation	<ul style="list-style-type: none"> <li>• <b>Anxiety</b></li> <li>• <b>Attachments and trauma</b></li> <li>• <b>Depression</b></li> <li>• <b>PTSD</b></li> <li>• <b>OCD</b></li> <li>• <b>Phobias/fears</b></li> </ul>	Priory Hospital Chelmsford
<b>Pauline Martin</b> CAMHS clinical Nurse Specialist 	CAMHS Clinical Nurse Specialist	<ul style="list-style-type: none"> <li>• <b>Child and adolescent mental health</b></li> </ul>	Priory Hospital Chelmsford
<b>Julie-Ann Moro</b> Systemic Psychotherapist 	Bsc Hons Brunel University 1984 CQSW 1998 Systemic psychotherapy 1995 Advanced training in supervision of systemic psychotherapy 2004 Msc Psychological therapies 2012	<ul style="list-style-type: none"> <li>• <b>Anxiety</b></li> <li>• <b>Depression</b></li> <li>• <b>Eating disorders</b></li> <li>• <b>Couples therapy</b></li> <li>• <b>Individual therapy</b></li> <li>• <b>Family therapy</b></li> </ul>	Priory Hospital Chelmsford
<b>Mary Neal</b> CBT Therapist 	RMN PGDip in counselling PGdip in CBT Qualified EMDR therapist	<ul style="list-style-type: none"> <li>• <b>Depression</b></li> <li>• <b>Anxiety and stress</b></li> <li>• <b>Panic attacks</b></li> <li>• <b>Adult mental health</b></li> <li>• <b>Anger management</b></li> <li>• <b>OCD</b></li> <li>• <b>Health anxiety PTSD</b></li> <li>• <b>Psychosis</b></li> <li>• <b>Trauma</b></li> <li>• <b>Low self-esteem</b></li> </ul>	Priory Hospital Chelmsford

## Contact us



# Priory Hospital Chelmsford

## Consultant and therapist list

### Therapists

Name	Qualifications	Specialities	Outpatient clinics
<b>Lauren Povey</b> CBT Therapist 	BSc Psychology (Hons), PG Cert in CBT (provisional BABCP accreditation status)	<ul style="list-style-type: none"> <li>• <b>Anxiety</b></li> <li>• <b>Depression</b></li> </ul>	Priory Hospital Chelmsford
<b>Deborah Ramsay</b> Psychodynamic Therapist	BSc (Hons) Behavioural Sciences Diploma in psychodynamic counselling MBACP registered	<ul style="list-style-type: none"> <li>• <b>Acute mental health</b></li> <li>• <b>Attachment disorders</b></li> <li>• <b>Anxiety</b></li> <li>• <b>Borderline personality disorder</b></li> <li>• <b>Depression</b></li> <li>• <b>Loss/adjustment disorders</b></li> <li>• <b>OCD</b></li> <li>• <b>PTSD</b></li> </ul>	Priory Hospital Chelmsford
<b>Janette Rodriguez</b> CBT Therapist 	BSc Psychology, MSc Psychology, Diploma in Psychotherapeutic Counselling	<ul style="list-style-type: none"> <li>• <b>Anxiety</b></li> <li>• <b>Depression</b></li> <li>• <b>Panic Attacks</b></li> <li>• <b>Personality disorders</b></li> <li>• <b>Self-esteem</b></li> <li>• <b>Stress</b></li> </ul>	Priory Hospital Chelmsford
<b>Ann Sidwell</b> Senior Therapist 	Certificate in advocacy, diploma in life coaching, certificate in developmental psychology, diploma in integrative therapy, BSc integrative therapy	<ul style="list-style-type: none"> <li>• <b>Attachment disorder</b></li> <li>• <b>Behavioural, emotional social and psychological difficulties</b></li> <li>• <b>Bereavement</b></li> <li>• <b>Stress</b></li> <li>• <b>Assertion and communication/ relationship difficulties</b></li> </ul>	Priory Hospital Chelmsford

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**Priory Hospital Chelmsford**, Stump Lane, Springfield Green, Chelmsford, Essex, CM1 5SJ  
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 Visit: [www.priorygroup.com/chelmsford](http://www.priorygroup.com/chelmsford)



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Name	Qualifications	Specialities	Outpatient clinics
<b>Paula Still</b> Senior Eating disorder Therapist 	BACP Dip, Master Eating disorders, Diploma Eating disorders, Diploma Counselling, Cert Child & Adolescent eating disorders, Cert Cognitive behavioural Therapy, Cert Counselling	<ul style="list-style-type: none"> <li>• <b>Adult and adolescent</b></li> <li>• <b>Eating disorders and associated disorders</b></li> <li>• <b>Individual and group therapy</b></li> </ul>	Priory Hospital Chelmsford
<b>Dr Jennifer Anne Scott</b> Clinical Psychologist 	DClInPsy – Doctorate in Clinical Psychology – Institute of Psychiatry, Kings College London, BA – Social and Political Sciences (1st class) – Cambridge University	<ul style="list-style-type: none"> <li>• <b>Anxiety</b></li> <li>• <b>Depression</b></li> <li>• <b>Personality disorder</b></li> <li>• <b>Self-harm</b></li> </ul>	Priory Hospital Chelmsford
<b>Jeff van Reenen</b> ATP (Addiction Treatment Programme) Manager 	MSc Addiction Psychology & Counselling (Merit), MFDAP	<ul style="list-style-type: none"> <li>• <b>Alcohol addiction</b></li> <li>• <b>Drug rehabilitation</b></li> <li>• <b>Gambling addiction</b></li> <li>• <b>Internet addiction</b></li> <li>• <b>Sex and love addiction</b></li> </ul>	Priory Hospital Chelmsford
<b>Dr Birgit Vote</b> Counselling Psychologist and CBT Therapist	Professional Doctorate in Counselling Psychology	<ul style="list-style-type: none"> <li>• <b>Adult mental health</b></li> </ul>	Priory Hospital Chelmsford
<b>Simone Wakelin</b> Consultant CBT Therapist 	CBT Therapist and RMN	<ul style="list-style-type: none"> <li>• <b>Anxiety disorders</b></li> <li>• <b>Depression</b></li> <li>• <b>Drug and alcohol problems</b></li> <li>• <b>Eating disorders</b></li> <li>• <b>Personality issues</b></li> <li>• <b>Pain management</b></li> <li>• <b>Psychosis</b></li> <li>• <b>Relationship issues</b></li> </ul>	Priory Hospital Chelmsford

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### Therapists

Name	Qualifications	Specialities	Outpatient clinics
<p><b>Aylin Webb</b> Cognitice Behavioral Psychotherapist (PgDip)</p>	<p>BABCP Accredited, MBPsS MSc Forensic Psychology, BSc Psychology (Hons), Cerificate in Counselling</p>	<ul style="list-style-type: none"> <li>• Agoraphobia</li> <li>• Anxiety</li> <li>• Bereavement</li> <li>• CBT</li> <li>• Childhood trauma</li> <li>• Depression</li> <li>• Eating disorders</li> <li>• Misophonia</li> <li>• OCD</li> <li>• Panic disorder</li> <li>• PTSD</li> <li>• Phobia</li> </ul>	<p>Priory Hospital Chelmsford</p>
<p><b>Carlie Wickenden-Walsh</b> Child and Adolescent Therapy Assistant</p> 	<p>Practioner Modulated Certificate Advanced Dip in Counselling Counselling skills AQA</p>	<ul style="list-style-type: none"> <li>• Anger</li> <li>• Anxiety</li> <li>• Bereavement</li> <li>• CBT</li> <li>• Child and adolescent</li> <li>• Psycho education</li> <li>• Creative expression</li> <li>• Integrative therapy approach</li> <li>• Stress</li> </ul>	<p>Priory Hospital Chelmsford</p>
<p><b>Jennie Wickenden-Walsh</b> Counsellor/Psychotherapist</p>	<p>MBACP, EMDR Europe Advanced Dip Integrative Counselling Supervisors EMDR 1-2-3 Accredited Master Eating Disorders Diploma ACT Trauma Diploma Transpersonal Couples Diploma</p>	<ul style="list-style-type: none"> <li>• CBT</li> <li>• Couples work</li> <li>• Trauma</li> </ul>	<p>Priory Hospital Chelmsford</p>
<p><b>James Young</b> Occupational Therapy Assistant</p> 	<p>BSC Psychology CSK L2 Counselling Skills</p>		<p>Priory Hospital Chelmsford</p>

### Contact us