

# The Priory Hospital Glasgow

**PRIORY**  
GLASGOW



We are one of the UK's leading centres for the treatment of depression, anxiety and addictions. The hospital is led by an effective and experienced multidisciplinary team, who work together to develop personalised, recovery-focused treatment programmes and care pathways, as well as a range of therapies, to meet all patients' needs.

## Location and environment

Located in Glasgow's leafy Southside, The Priory Hospital Glasgow is set within a striking Georgian Villa. We offer support for a wide range of mental health difficulties such as depression, anxiety and behavioural and substance addictions. We provide:

- A relaxing atmosphere with a boutique hotel appeal
- Beautifully landscaped gardens and access to the greenhouse
- Close proximity to Queens Park with bedded gardens and boating lake
- An award winning restaurant with high quality menus
- Easy access from local train stations, motorways (M8, M77) and Glasgow and Prestwick airports

## Treatments

- We offer support across all areas of general psychiatry, delivered by a large number of therapy specialists
- Renowned Addictions Treatment Programme led by an inspirational team with approximately 80 years combined sobriety
- Free initial addictions assessments available
- Specialist therapies including cognitive behavioural therapy (CBT), eye movement desensitisation reprocessing (EMDR) and mindfulness
- Group therapy programme
- Medical interventions



A REAL AND LASTING DIFFERENCE FOR EVERYONE WE SUPPORT

## Patient profile

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- Our multi-skilled team treat patients with complex disorders including trauma, post-traumatic stress disorder, and those who might not have responded to previous treatments
- We are also able to treat patients with co-morbid diagnoses, for example those with addiction issues alongside stress, depression and anxiety

## Patient and family support

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- Therapist-led family support group for addictions patients every Tuesday
- Family therapy offered on a needs basis for our general psychiatry programme
- Day care programme for addictions and general psychiatric conditions such as anxiety, depression and stress
- Access to an on-site GP 24 hours a day
- One year of weekly aftercare for addictions patients post discharge
- Access to AA groups



## Wellbeing activities

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- Yoga and Tai Chi classes
- Relaxation group
- Trips and activities organised by specialist activities teams
- Art therapy
- Movie nights
- Walks in the landscaped gardens

## Enquiries and further information

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To contact the The Priory Hospital Glasgow directly, call **0141 530 3795**. You can also find out more information by visiting **[www.priorygroup.com/glasgow](http://www.priorygroup.com/glasgow)** where you will be able to view a video of the hospital and its services.

Alternatively you can call our 24/7 enquiry line on **0800 840 3219**.

## Specialist team

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The specialist team at The Priory Hospital Glasgow include renowned and published experts in their field:

- Dr Agnihotri – addictions
- Dr Aveyard – addictions and general psychiatry
- Dr Holmes – general adult psychiatry
- Dr McMahon – addictions
- Dr Morrison – general adult psychiatry

## Funding

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Priory offers personalised and accessibly-priced treatment packages for individuals who are looking to self-pay for treatment.

We are also an approved provider for all of the UK's leading private medical insurers. If you have private medical insurance, a GP referral may be required by your insurer before treatment can commence. Please liaise directly with your insurer to confirm.

## Satisfaction outcomes

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**97%** of patients from the Glasgow addictions service would recommend us to a friend

**100%** of patients from the Glasgow addictions service stated they were treated with respect and dignity during their stay

**100%** of patients from the Glasgow acute service stated that when they arrived, staff made them feel welcome

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