



# Priory Hospital Glasgow

## Consultant and therapist list

Priory Hospital Glasgow is committed to delivering the highest standards of treatment, care and rehabilitation in Scotland to make your stay here as beneficial and as comfortable as possible. The hospital has nearly 20 years' experience of caring for patients with a wide range of mental health issues and our expert team includes consultant psychiatrists, CBT therapists, person centred therapists, dietitians and specialist nurses.

### Consultants

Name	Qualifications	Specialities	Outpatient clinics
<b>Dr Anupam Agnihotri</b> Consultant Psychiatrist	MBBS MRCPsych	• <b>Addictions</b>	Priory Hospital Glasgow
<b>Dr Philippa Aveyard</b> Consultant Psychiatrist	BSc, MBChB, MRCPsych	• <b>Addictions</b>	Priory Hospital Glasgow
<b>Dr Sarah Holmes</b> Consultant Psychiatrist	MB ChB MRCPsych	• <b>General adult psychiatry</b>	Priory Hospital Glasgow
<b>Dr Charles McMahon</b> Consultant Psychiatrist	MB Bch MRCPsych	• <b>Addictions</b>	Priory Hospital Glasgow
<b>Dr Fiona Morrison</b> Consultant Psychiatrist	MBChB MRCPsych	• <b>General adult psychiatry</b> • <b>Addictions</b>	Priory Hospital Glasgow

### Contact us


**Priory Hospital Glasgow**, 38 - 40 Mansionhouse Road, Glasgow, G41 3DW  
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### Therapists

Name	Qualifications	Specialities	Outpatient clinics
<b>Frances Cairney</b> CBT Therapist 	Post Graduate Diploma in Cognitive Behaviour Therapy Certificate in Person Centred Therapy Certificate in Compassion Focussed Therapy Certificate in Neuro Linguistic Programming Certificate in High Performance Coaching MA University of Glasgow	<ul style="list-style-type: none"> <li>• <b>Anxiety</b></li> <li>• <b>Behavioural change</b></li> <li>• <b>Compassionate mindfulness</b></li> <li>• <b>Eating disorders</b></li> <li>• <b>Groupwork and 1:1 therapy</b></li> <li>• <b>Trauma</b></li> <li>• <b>Sexual abuse</b></li> <li>• <b>Stress</b></li> </ul>	Priory Hospital Glasgow
<b>Denise Donnachie</b> CBT Therapist	MA Social Science – Glasgow University Post Grad Dip Education- St Andrews College of Education Certificate Counselling Skills – Caledonian University CBT Certified	<ul style="list-style-type: none"> <li>• <b>12-step programme</b></li> <li>• <b>Family support group</b></li> <li>• <b>In Patient 1:1</b></li> </ul>	Priory Hospital Glasgow
<b>Karen Gray</b> CBT Therapist	Professional qualification in Counselling Psychology	<ul style="list-style-type: none"> <li>• <b>Cognitive behavioural</b></li> <li>• <b>Humanistic and relational therapeutic approaches</b></li> <li>• <b>Anxiety</b></li> <li>• <b>Traumatic stress</b></li> <li>• <b>Low self-esteem</b></li> <li>• <b>Relationship difficulties</b></li> </ul>	Priory Hospital Glasgow
<b>Billy Henderson</b> ATP Unit Manager	Federation of Drug and Alcohol Professional: Accredited Drug and Alcohol Professional-FDAP- ADAP Post Graduate Diploma – Alcohol and Drug Studies Diploma – Counselling HNC – Social Care COSCA – Certificate in Counselling Skills CBT Certificate-5 Area Approach	<ul style="list-style-type: none"> <li>• <b>12-step facilitation therapy</b></li> <li>• <b>Alcohol and drug assessment</b></li> <li>• <b>Alcohol &amp; drug misuse treatments</b></li> <li>• <b>Aftercare programmes</b></li> </ul>	Priory Hospital Glasgow

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<p><b>Wendy Illingworth</b> CBT &amp; EMDR Therapist</p> 	<p>Honour's Degree in Psychology Master's Degree in Psychological Therapies in Primary Care</p>	<ul style="list-style-type: none"> <li>• <b>Acceptance and commitment therapy</b></li> <li>• <b>Anxiety and PTSD</b></li> <li>• <b>Compassion focused therapy</b></li> <li>• <b>Depression</b></li> <li>• <b>Group and individual therapy</b></li> <li>• <b>Cognitive behavioural therapy</b></li> <li>• <b>Mindfulness therapy</b></li> <li>• <b>OCD</b></li> </ul>	<p>Priory Hospital Glasgow</p>
<p><b>Julia Manastireanu</b> CBT Therapist</p>	<p>BA Undergraduate degree in Psychology, (University of Bucharest) Postgraduate Cert. in Counselling Studies: Person-centred and Psychodynamic approach (Edinburgh University) Postgraduate Diploma in Counselling: Person-Centred (Strathclyde University) Advanced Professional Training in Emotion Focused Psychotherapy, Strathclyde University Diploma in Therapeutic Massage, College of Holistic Medicine COSCA Certificate in Clinical Supervision (Pending)</p>	<ul style="list-style-type: none"> <li>• <b>Abuse</b></li> <li>• <b>Adjustment reaction</b></li> <li>• <b>Bereavement</b></li> <li>• <b>Interpersonal/attachment issues</b></li> <li>• <b>Peri-natal depression</b></li> <li>• <b>Therapeutic massage</b></li> <li>• <b>Trauma (including relational trauma)</b></li> </ul>	<p>Priory Hospital Glasgow</p>
<p><b>Christine King</b> CBT Therapist</p>	<p>Post Graduate Diploma in Person Centred Therapy Certificate in Cognitive Behavioural Therapy</p>	<ul style="list-style-type: none"> <li>• <b>Bereavement</b></li> <li>• <b>Childhood and attachment</b></li> <li>• <b>Interpersonal and relationship difficulties</b></li> </ul>	<p>Priory Hospital Glasgow</p>

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<b>Morgan McDonald</b> CBT Therapist 	Trained Clinical Associate in Applied Psychology	<ul style="list-style-type: none"> <li>• <b>Cognitive behavioural therapy</b></li> <li>• <b>Depression or anxiety disorders</b></li> </ul>	Priory Hospital Glasgow
<b>Colin McKee</b> CBT Therapist		<ul style="list-style-type: none"> <li>• <b>Behavioural activation and relapse prevention for depression and anxiety one-to one sessional basis</b></li> <li>• <b>Bereavement</b></li> <li>• <b>Addiction and</b></li> <li>• <b>Trauma using compassionate focused therapy (CFT)</b></li> <li>• <b>Shame and self-criticism</b></li> </ul>	Priory Hospital Glasgow
<b>Elena Papageorgiou McQuade</b> Senior Therapist Eating Disorders Unit 	M.A Undergraduate in Psychology Post Graduate Diploma in Person Centered Therapy, University of Strathclyde Post Graduate Diploma in Cognitive Behaviour Therapy	<ul style="list-style-type: none"> <li>• <b>Anorexia nervosa</b></li> <li>• <b>Bulimia nervosa</b></li> <li>• <b>Body image difficulties</b></li> <li>• <b>Anxiety disorders</b></li> <li>• <b>OCD</b></li> </ul>	Priory Hospital Glasgow

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<b>Elaine Munro</b> Dietician 		<ul style="list-style-type: none"> <li>• <b>Behavioural change and motivational interviewing</b></li> <li>• <b>Group sessions</b></li> <li>• <b>Nutrition education</b></li> </ul>	Priory Hospital Glasgow
<b>Wendy Rigley</b> CBT Psychotherapist 	British Association for Behavioural and Cognitive Psychotherapy (BABCP)	<ul style="list-style-type: none"> <li>• <b>Adults and young people</b></li> <li>• <b>Anxiety disorders</b></li> </ul>	Priory Hospital Glasgow
<b>Penny Vlachou</b> Dietician 		<ul style="list-style-type: none"> <li>• <b>Nutrition education groups</b></li> <li>• <b>Practical eating skills groups</b></li> </ul>	Priory Hospital Glasgow
<b>Helen Wallace</b>	PgDip Art therapy Bsc Hons Textile Design	<ul style="list-style-type: none"> <li>• <b>Addictions</b></li> <li>• <b>Eating disorders</b></li> <li>• <b>General programme</b></li> </ul>	Priory Hospital Glasgow

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