Priory Hospital Glasgow is committed to delivering the highest standards of treatment, care and rehabilitation in Scotland to make your stay here as beneficial and as comfortable as possible. The hospital has nearly 20 years’ experience of caring for patients with a wide range of mental health issues and our expert team includes consultant psychiatrists, CBT therapists, person centred therapists, dietitians and specialist nurses.

<table>
<thead>
<tr>
<th>Consultants</th>
<th>Qualifications</th>
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<th>Outpatient clinics</th>
</tr>
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<tbody>
<tr>
<td>Dr Anupam Agnihotri</td>
<td>MBBS MRCPsych</td>
<td>• Addictions</td>
<td>Priory Hospital Glasgow</td>
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<tr>
<td>Consultant Psychiatrist</td>
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<tr>
<td>Dr Philippa Aveyard</td>
<td>BSc, MBChB, MRCPsych</td>
<td>• Addictions</td>
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<tr>
<td>Dr Sarah Holmes</td>
<td>MB ChB MRCPsych</td>
<td>• General adult psychiatry</td>
<td>Priory Hospital Glasgow</td>
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<tr>
<td>Dr Charles McMahon</td>
<td>MB Bch MRCPsych</td>
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<tr>
<td>Dr Fiona Morrison</td>
<td>MBChB MRCPsych</td>
<td>• General adult psychiatry</td>
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Contact us

Priory Hospital Glasgow, 38 - 40 Mansionhouse Road, Glasgow, G41 3DW
Tel: 0141 530 3795 | Email: glasgow@priorygroup.com
Visit: www.priorygroup.com/glasgow
## Therapists

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<tr>
<th>Name</th>
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</thead>
</table>
| **Frances Cairney**   | Post Graduate Diploma in Cognitive Behaviour Therapy  
Certificate in Person Centred Therapy  
Certificate in Compassion Focussed Therapy  
Certificate in Neuro Linguistic Programming  
Certificate in High Performance Coaching  
MA University of Glasgow                                                                 | • Anxiety  
• Behavioural change  
• Compassionate mindfulness  
• Eating disorders  
• Groupwork and 1:1 therapy  
• Trauma  
• Sexual abuse  
• Stress                                                                 | Priory Hospital Glasgow                                                    |
| **Denise Donnachie**  | MA Social Science – Glasgow University  
Post Grad Dip Education – St Andrews College of Education  
Certificate Counselling Skills – Caledonian University  
CBT Certified                                                                 | • 12-step programme  
• Family support group  
• In Patient 1:1                                                                 | Priory Hospital Glasgow                                                    |
| **Karen Gray**        | Professional qualification in Counselling Psychology                                                                                                                                                | • Cognitive behavioural  
• Humanistic and relational therapeutic approaches  
• Anxiety  
• Traumatic stress  
• Low self-esteem  
• Relationship difficulties                                                                 | Priory Hospital Glasgow                                                    |
| **Billy Henderson**   | Federation of Drug and Alcohol Professional: Accredited Drug and Alcohol Professional-FDAP-ADAP  
Post Graduate Diploma – Alcohol and Drug Studies Diploma – Counselling HNC – Social Care COSCA – Certificate in Counselling Skills  
CBT Certificate-5 Area Approach                                                                 | • 12-step facilitation therapy  
• Alcohol and drug assessment  
• Alcohol & drug misuse treatments  
• Aftercare programmes                                                                 | Priory Hospital Glasgow                                                    |
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| **Wendy Illingworth**  
CBT & EMDR Therapist | Honour’s Degree in Psychology  
Master’s Degree in Psychological Therapies in Primary Care | • Acceptance and commitment therapy  
• Anxiety and PTSD  
• Compassion focused therapy  
• Depression  
• Group and individual therapy  
• Cognitive behavioural therapy  
• Mindfulness therapy  
• OCD | Priory Hospital Glasgow |
| **Julia Manastireanu**  
CBT Therapist | BA Undergraduate degree in Psychology, (University of Bucharest)  
Postgraduate Cert. in Counselling Studies: Person-centred and Psychodynamic approach (Edinburgh University)  
Postgraduate Diploma in Counselling: Person-Centred (Strathclyde University)  
Advanced Professional Training in Emotion Focused Psychotherapy, Strathclyde University  
Diploma in Therapeutic Massage, College of Holistic Medicine  
COSCA Certificate in Clinical Supervision (Pending) | • Abuse  
• Adjustment reaction  
• Bereavement  
• Interpersonal/attachment issues  
• Peri-natal depression  
• Therapeutic massage  
• Trauma (including relational trauma) | Priory Hospital Glasgow |
| **Christine King**  
CBT Therapist | Post Graduate Diploma in Person Centred Therapy Certificate in Cognitive Behavioural Therapy | • Bereavement  
• Childhood and attachment  
• Interpersonal and relationship difficulties | Priory Hospital Glasgow |
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| Morgan McDonald           | Trained Clinical Associate in Applied Psychology                               | • Cognitive behavioural therapy  
                              |                                                                               | • Depression or anxiety disorders  
                              |                                                                               | Priory Hospital Glasgow       |
| Colin McKee               |                                                                                | • Behavioural activation and relapse prevention for depression and anxiety one-to one sessional basis  
                              |                                                                               | • Bereavement  
                              |                                                                               | • Addiction and  
                              |                                                                               | • Trauma using compassionate focused therapy (CFT)  
                              |                                                                               | • Shame and self-criticism  
                              |                                                                               | Priory Hospital Glasgow       |
| Elena Papageorgiou McQuade| M.A Undergraduate in Psychology  
                              |                                                                               | • Anorexia nervosa  
                              | Post Graduate Diploma in Person Centered Therapy, University of Strathclyde  
                              |                                                                               | • Bulimia nervosa  
                              | Post Graduate Diploma in Cognitive Behaviour Therapy | • Body image difficulties  
                              |                                                                               | • Anxiety disorders  
                              |                                                                               | • OCD  
                              |                                                                               | Priory Hospital Glasgow       |

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<td>Elaine Munro</td>
<td>Dietician</td>
<td>• Behavioural change and motivational interviewing</td>
<td>Priory Hospital Glasgow</td>
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<td></td>
<td></td>
<td>• Group sessions</td>
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<td></td>
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<td>• Nutrition education</td>
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<tr>
<td>Wendy Rigley</td>
<td>CBT Psychotherapist</td>
<td>• Adults and young people</td>
<td>Priory Hospital Glasgow</td>
</tr>
<tr>
<td></td>
<td>British Association for Behavioural and Cognitive Psychotherapy (BABCP)</td>
<td>• Anxiety disorders</td>
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</tr>
<tr>
<td>Penny Vlachou</td>
<td>Dietician</td>
<td>• Nutrition education groups</td>
<td>Priory Hospital Glasgow</td>
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<td>• Practical eating skills groups</td>
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<tr>
<td>Helen Wallace</td>
<td>PgDip Art therapy, Bsc Hons Textile Design</td>
<td>• Addictions</td>
<td>Priory Hospital Glasgow</td>
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<td></td>
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