The Priory Hospital Glasgow

Expert mental health and addiction treatment

A REAL AND LASTING DIFFERENCE FOR EVERYONE WE SUPPORT
Priory is the UK’s leading provider of therapy and consultant-led mental health treatments.

Every year we help over 10,000 people experiencing common mental health issues. We have 20 wellbeing centres and hospitals across the UK, providing tailored programmes for individuals and families, to help work through a wide range of mental health and addiction problems.

Our personalised programmes of care deliver the excellent results you would expect from Priory, with over 99% of patients rating the quality of care as good or excellent.
Priory Hospital Glasgow – an overview

We are one of the UK’s leading centres for the treatment of depression, anxiety and addictions. The hospital is led by an effective and experienced multidisciplinary team. They work together to develop personalised, recovery-focused treatment programmes and care pathways, as well as a range of therapies, to meet all of their patients’ needs.

With access to an on-site Doctor 24 hours a day, we ensure a safe and comfortable atmosphere at all times. Our experienced consultants and therapist-led teams are also supported by 24 hour, expert nursing care.

The hospital’s peaceful atmosphere, surrounded by relaxing landscaped gardens, is the perfect environment for treatment and provides:

- Private, single occupancy bedrooms with en-suite facilities
- Private consulting and therapy rooms
- An award-winning restaurant with high quality menus
- Housekeeping
- Access to a state of the art gym and games room
- Communal outdoor seating areas and greenhouse
- Easy access from Glasgow City Centre

Our flexible services provide a wide range of specialist support to patients and their families including inpatient care, day care and outpatient assessments and appointments.
Our programmes

Our treatment programmes are tailored to the specific needs of the individual, ensuring the best possible outcomes are achieved. We ensure our outpatient, inpatient and day care patients are provided with every resource they need to make a strong recovery and return to a positive way of life. To help achieve this, we thoroughly assess and investigate the range of issues that each person may be experiencing.

Specialist addiction treatment programme

Priory Hospital Glasgow is a ‘dry centre’ that offers treatment for both substance and behavioural addictions, including alcohol, drug, sex and other addictions. The full 28 day treatment programme offers:

- Group and individual 1:1 therapy
- Family group therapy
- Couples therapy
- Holistic treatment such as relaxation and mindfulness
- Step-down care from inpatient to day care to ensure smooth transition towards discharge
- Free aftercare for 12 months on completion of the programme – includes support groups, talks, advice and useful contacts

We also have the ability to treat medically complicated detox cases on a 7 day basis. Included in the detox programme is 24 hour observation, medical management and the ability to administer medicine to safely monitor, reduce and improve physical symptoms.

We also offer a free addictions assessment which consists of:

- Face to face assessment with a member of the Addictions Treatment team.
- The opportunity to ask any questions you may have
- Talking you through a proposed treatment plan

93% of those staying longer than seven days have improved psychological wellbeing
General acute treatment programme

Priory Hospital Glasgow’s general programme treats a range of mental health conditions such as depression, stress and anxiety and includes:

- A range of therapeutic interventions
- Medical interventions
- Specialist therapies including cognitive behavioural therapy (CBT) and Mindfulness
- Group therapy
- Weekly 1:1 meetings with a designated nurse

“At Glasgow we get to know our staff as well as our patients on a meaningful and personal level, allowing us to schedule the correct staff member, to the correct patient, at the most appropriate time.”

Dr Alex Yellowlees, Medical Director of Glasgow
Accessing treatment

There are a number of ways to access treatment with us, including:

• Visiting a GP, who will make a referral
• Contacting Priory Hospital Glasgow directly

We respond to all enquiries promptly, to ensure people get the best possible support when needed.

An initial phone call can help determine the most appropriate treatment:

• The call may be an informal discussion about the services we offer, and your needs

• A more formal triage assessment could take place by one of our senior clinicians, to determine the level of treatment you may require

• The call may lead to a recommendation for a consultant assessment, inpatient or outpatient treatment or day care

By calling the hospital directly, we can offer you high level, detailed advice about your problems and concerns.
**Our results**

86% of patients experience an improvement in their level of anxiety*

86% of patients experience an improvement in their level of depression**

*with a statistically reliable average change score of 8.0 – PHQ9
**with a statistically reliable average change score of 7.6 – GAD7

---

**Fees and funding**

We are an approved provider for all the UK’s leading private medical insurers, meaning patients may be able to access treatment through their policy. We also provide self-pay options for individuals and families, and corporate arrangements for businesses.
Priory Hospital Glasgow is easily accessible from local train stations and Glasgow’s major motorway links.