

Priory Hospital Cheadle Royal Rehabilitation and Recovery Service - Elmswood House and Elmswood View

The Rehabilitation and Recovery Service at Priory Hospital Cheadle Royal offers a comprehensive specialist service designed to treat males with complex mental health needs.

Elmswood House uses collaborative risk assessment and relational security to manage risks, offering an effective alternative to Low Secure care. Elmswood View provides support in a less restrictive open environment, providing low stimulus occupational therapy for slower stream patients.

Whilst individuals can be admitted into either unit depending on the complexity of their individual needs and presentation, a specialist step-down care pathway is also offered between the units, as the patients' progress in their rehabilitation.

Service overview

We can accommodate 17 patients across two units, providing a safe and supportive environment with a relaxed and homely environment for our patients.

Elmswood House - a recently refurbished 11 en-suite bed house offering a more acute level of service with a higher level of support and observation. The private garden offers access to an activities of daily living kitchen, therapy room, meeting room and the phlebotomy clinic. All communal areas in Elmswood House have CCTV in place.

Elmswood View - 6 en-suite beds provide support in a less restrictive open facility, providing low stimulus therapy for slower stream patients.

All patients have access to a communal kitchen with access to hot and cold drinks, snacks, fruit, a quiet lounge, dining room, laundry, pool table and darts, TV lounge, outdoor courtyard and private garden.

The hospital site provides access to a cafe, gym, adult education services and multi-faith room, along with well-established links to local community amenities.



Patient profile

- Males aged 18 and over with a primary diagnosis of a severe and enduring mental illness
- Physical health conditions requiring monitoring and treatment
- Co-morbid presentation, e.g. mild to moderate learning disability, addiction, depression, anxiety
- Continuing difficulties in other areas, e.g. vulnerable to exploitation, challenging behaviours, personal care and independent living skills
- Forensic history, detained and informal patients including forensic sections
- Those requiring a safe, supportive, structured and low stimulus environment before community or supported placement

Over **40 hours** of meaningful activity hours offered to each service user per week

Additional information

- We work with patients to promote independence and empower them to take an active role in their future
- We use the Health of the Nation Outcome Scale (HoNOS); Recovery Star; STAR (Standard Tool for the Assessment of Risk); GAF (Global Assessment of Functioning) as well as other functional and psychometric assessments or tools that we feel are relevant
- An initial care programme approach (CPA) meeting will take place with the home team within six weeks to discuss and agree the expected outcomes and a plan for discharge
- Upon admission the occupational therapist will undertake a baseline assessment of occupational needs and function based on the Model of Human Occupation
- Where appropriate, the nursing staff support the patients who have reached the point where they can begin a self-administration medication programme as part of a safe and graded plan
- 24 hour on-site medical support as well as a weekly visiting GP service and on-site dietician



Multidisciplinary team

A wide experienced dedicated multi-disciplinary team (MDT) work together to develop personalised treatment programmes, as well as a range of therapies to meet each patient's needs.

- Consultant psychiatrist
- Staff grade doctor
- Ward manager / deputy ward manager
- Clinical nurse lead / clinical nurse specialist
- Qualified registered mental health nurses
- Experienced health care assistants
- Occupational therapist
- Technical instructor
- Psychologist and assistant psychologist
- Ward clerk / ward domestic

“ Ever since I've been here the staff have always been friendly and approachable, always have a listening ear and show dignity and respect to all patients. I am working well with psychologist and the psychology team, who are helping me to achieve my goals. ”

Patient

CQC Inspection – Elmswood overall rating for Long Stay/Rehab – **‘Good’**

August 2015

How to find us



Referrals and admissions:

Referrals are accepted from all Health Boards, clinical commissioning groups, commissioning support units, medium/low secure units, acute and PICU hospital wards and other hospitals. To arrange an assessment or discuss a referral:

Call: 0161 495 4904

Email: CheadleElmswoodNursingTeam@priorygroup.com

Visit: www.priorygroup.com/cheadle