

The Priory Hospital Hayes Grove

Delivering high quality treatment for depression, anxiety and addictions, our consultants are experts in making assessments and advising on the best treatment approaches.

Considered to be one of Priory's best hospitals for our therapeutic approach to mental health, our experienced therapists and nurses devise individualised programmes which achieve consistently positive outcomes.



Location and environment

The Priory Hospital Hayes Grove is located in a small village in Bromley, Kent and provides a comfortable and friendly setting, within its own tranquil and extensive grounds. It is a place of serenity where one can rest and heal in a recovery-focused, therapeutic environment. We also provide:

- 17 private, single occupancy bedrooms with en-suite facilities
- Gender specific areas
- Outpatient facilities supported by private consulting and therapy rooms
- A restaurant with high quality, bespoke menus
- Communal outdoor seating areas in beautiful landscaped gardens
- Close proximity to Hayes town and train station

Treatments

We provide tailored treatment for each patient and provide every resource required to enable a strong recovery and a return to a positive way of life.

- General psychiatry support for a wide range of conditions such as anxiety and depression
- Specialist Addiction Treatment Programme
- Medically managed detox
- A specialist therapy programme, tailored to suit each individual
- Therapies including cognitive behavioural therapy (CBT), dialectical behaviour therapy (DBT), cognitive analytical therapy (CAT), emotion focused therapy (EDT), mindfulness and eye movement desensitisation reprocessing (EMDR)
- Both individual and group therapy is offered, including group psychodrama therapy, integrative counselling, psychodynamic counselling, interpersonal therapy, acceptance and commitment therapy (ACT), and compassionate focused therapy



Patient profile

- Our multi-skilled team treat patients with complex disorders including trauma, post-traumatic stress disorder, and those who might not have responded to previous treatments
- Predominately provides services for adults, with outpatient services for young people also provided
- Support for patients suffering with personality disorder and emotional dysregulation
- Ability to treat co-morbid patients within the hospital, especially addictions, along with anxiety or stress

Patient and family support

- Family involvement for addictions patients over the weekend
- Family therapy offered on a needs basis for our general psychiatry programme
- Consultant led therapy programme, tailored to the needs of each patient
- Day care programme for addictions and general psychiatric conditions such as anxiety, depression and stress
- Aftercare for addictions patients for a year after discharge
- AA group offered nearby

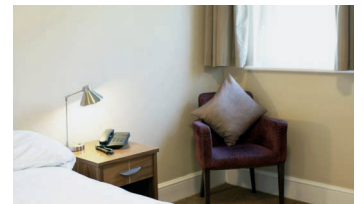
Wellbeing activities

- Art therapy for adults
- Local tennis club and exercise classes
- Menu planning with a dietitian
- Holistic treatment, including yoga, pilates and relaxation
- Cultural appreciation programme

Specialist team

There are a large number of psychologists (counselling, clinical and consultant) and an on-site therapy team who offer support across all areas of general psychiatry. Our team includes renowned and published experts in their field:

- Dr Paul McLaren – addictions
- Dr Sara McCluskey – eating disorders
- Dr Jeremy Broadhead – mood disorders
- Dr Charles Hindler – bipolar/affective disorders
- Dr Kate Wordsall – female psychiatry



Satisfaction outcomes

98%

of patients from the Hayes Grove acute service stated that when they arrived, staff made them feel welcome

97%

of patients from the Hayes Grove acute service stated they felt safe during their stay

98%

of patients from the Hayes Grove addictions service would recommend us to a friend

100%

of patients from the Hayes Grove addictions service stated they were treated with respect and dignity during their stay

Funding

Priory offers personalised and accessibly-priced treatment packages for individuals who are looking to self-pay for treatment.

We are also an approved provider for all of the UK's leading private medical insurers. If you have private medical insurance, a GP referral may be required by your insurer before treatment can commence. Please liaise directly with your insurer to confirm.

Enquiries and further information

To contact the The Priory Hospital Hayes Grove directly, call **020 8462 7722**. You can also find out more information by visiting www.priorygroup.com/hayesgrove where you will be able to view a video of the hospital and its services.

Alternatively you can call our 24/7 enquiry line on **0800 840 3219**.

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