



Priory Hospital Hayes Grove

Delivering high quality treatment for depression, anxiety and addictions, our consultants are experts in making assessments and advising on the best treatment approaches.

Our experienced therapists and nurses devise individualised programmes which achieve consistently positive outcomes.

Location and environment

Priory Hospital Hayes Grove is located in a small village in Bromley, Kent and provides a comfortable and friendly setting, within its own tranquil and extensive grounds. It is a place of serenity where one can rest and heal in a recovery-focused, therapeutic environment. We also provide:

- + 17 private, single occupancy bedrooms with en-suite facilities
- + Female-only lounge areas
- + Outpatient facilities supported by private consulting and therapy rooms
- + A restaurant with high quality, bespoke menus
- + Communal outdoor seating areas in beautiful landscaped gardens
- + Close proximity to Hayes town and train station

Treatments

We provide an evidence-based programme that is tailored to individual needs, all structured within NICE guidelines. We provide tailored treatment for each patient and provide every resource required to enable a strong recovery and a return to a positive way of life.

- + General psychiatric treatment for a wide range of conditions including anxiety and mood disorders
- + Specialist addiction treatment programme
- + Medically managed detoxification
- + A specialist therapy programme, tailored to suit each individual
- + Individual therapy is offered and includes cognitive behavioural therapy (CBT), dialectical behaviour therapy (DBT), cognitive analytical therapy (CAT), mindfulness and eye movement desensitisation reprocessing (EMDR)
- + Group therapy is offered, including group psychodrama therapy, integrative counselling, psychodynamic counselling, interpersonal therapy, acceptance and commitment therapy (ACT), and compassionate focused therapy



Patient profile

- + Our multi-skilled team treats patients with complex disorders including trauma, post-traumatic stress disorder (PTSD), and those who might not have responded to previous treatments
- + Predominately provides services for adults, with outpatient services for young people also provided
- + Support for patients suffering with personality disorder and emotional dysregulation
- + Ability to treat co-morbid patients within the hospital, especially addictions, along with anxiety or stress

Patient and family support

- + Family support group offered for families of addictions patients, on a weekly basis
- + Family therapy offered on a fortnightly basis for our general psychiatry programme
- + Consultant-led therapy programme, tailored to the needs of each patient
- + Day care programme for general psychiatric conditions such as anxiety, depression and stress
- + Aftercare for addictions patients for a year after discharge
- + AA meetings on site twice a week

Wellbeing activities

- + Arts and crafts for adults
- + Menu planning with a dietitian
- + Holistic treatment, including yoga and relaxation



Enquiries and further information

To find out further information or to make a referral into Priory Hospital Hayes Grove, please contact our dedicated 24/7 enquiry team:

Telephone: 0808 291 2159

Email: hayesgrove@priorygroup.com

Visit: www.priorygroup.com/hayesgrove

98%

of patients from the Hayes Grove acute service stated that when they arrived, staff made them feel welcome

97%

of patients from the Hayes Grove acute service stated they felt safe during their stay

98%

of patients from the Hayes Grove addictions service would recommend us to a friend

100%

of patients from the Hayes Grove addictions service stated they were treated with respect and dignity during their stay

Specialist team

There are a large number of psychologists (counselling, clinical and consultant) and an on-site therapy team who offer support across all areas of general psychiatry. Our team includes renowned and published experts in their field:

- + **Dr Paul McLaren** – general psychiatry and addictions
- + **Dr Sara McCluskey** – general psychiatry and eating disorders
- + **Dr Jeremy Broadhead** – general psychiatry, mood disorders and autistic spectrum disorders (ASDs)
- + **Dr Charles Hindler** – general psychiatry and bipolar/affective disorders
- + **Dr Kate Wordsall** – general and female psychiatry

Funding

Priory offers personalised and accessibly-priced treatment packages for individuals who are looking to self-pay for treatment.

We are also an approved provider for all of the UK's leading private medical insurers. If you have private medical insurance, a GP referral may be required by your insurer before treatment can commence. Please liaise directly with your insurer to confirm.

PRIORY PRIVATE HEALTHCARE