Priory Hospital Southampton offers therapeutic and recovery focused residential treatment as well as day care and outpatient services. The hospital also provides a specialist inpatient service for children and adolescents in a peaceful and tranquil environment. Personalised treatment programmes are delivered alongside the optional use of a range of complementary therapies.

## Consultants

<table>
<thead>
<tr>
<th>Name</th>
<th>Qualifications</th>
<th>Specialities</th>
<th>Outpatient clinics</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Dr Kaleem Baig</strong></td>
<td>MBBS</td>
<td>• Affective disorders</td>
<td>Priory Hospital Southampton</td>
</tr>
<tr>
<td>Consultant Psychiatrist and Medical Director</td>
<td>DMH MRCPsych</td>
<td>• Alcohol addiction</td>
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<td></td>
<td></td>
<td>• Anorexia nervosa</td>
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<td>• Anxiety</td>
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<td>• Binge eating</td>
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<td>• Bipolar disorder</td>
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<td>• Bulimia treatment</td>
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<td>• Depression</td>
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<td>• Drug rehabilitation</td>
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<tr>
<td><strong>Dr Sally Cubbin</strong></td>
<td>MB ChB MRCPsych</td>
<td>• Attention deficit hyperactivity disorder (ADHD)</td>
<td>Visiting Consultants at Priory Hospital Southampton</td>
</tr>
<tr>
<td>Consultant Psychiatrist</td>
<td>MSc DipCBT FECSM</td>
<td>• Psychosexual medicine</td>
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<td></td>
<td></td>
<td>• Treatment of adults and older adults</td>
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</tr>
<tr>
<td><strong>Dr Neil Harris</strong></td>
<td>MA MB ChB MRCPsych</td>
<td>• Child and adolescent psychiatry</td>
<td>Visiting Consultants at Priory Hospital Southampton</td>
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<tr>
<td>Consultant Child and Adolescent Psychiatrist</td>
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| Dr Simon Kelly                | MBBS MSc (Psych) MRCPsych | • Affective disorder  
• General adult psychiatry  
• Resistant depressive disorder  
• Substance misuse psychiatry | Visiting Consultants at Priory Hospital Southampton  
The Manor Clinic |
| Dr Shehram Moghul             | BM MSc MRCpsych      | • Anxiety disorders  
• Depression  
• Elderly and dementia          | Visiting Consultants at Priory Hospital Southampton  
Priory Wellbeing Centre  
Southampton |
| Dr Megan Roberts              | MBBS MRCpsych        | • Adult mental health  
• Alcohol addictions  
• Anxiety  
• Bipolar disorder  
• Depression  
• Post-natal depression  
• Schizophrenia            | Priory Hospital  
Southampton |

**Contact us**

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Visit: www.priorygroup.com/southampton
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| Dr Andreas Schenk           | MBBCh FCpsych  | - Anorexia nervosa  
- Anxiety  
- Binge eating  
- Depression  
- Medical legal work  
- Myalgic encephalomyelitis  
- Obesity  
- OCD  
- Panic attacks  
- Post-traumatic stress disorder (PTSD)  
- Seasonal affective disorder (SAD)   | Visiting Consultants at Priory Hospital Southampton |
| Consultant Psychiatrist     |                |                                                                              |                                                          |
| Dr James Stallard           | MBBS MSc MRCPsych | - Depression and anxiety disorders  
- General adult psychiatry  
- Psychological aspects of physical symptoms |
| Consultant Psychiatrist     |                |                                                                              | Visiting Consultants at Priory Hospital Southampton     |
| Dr Alan Wear                | BSc MBBS FRCPsych | - Adult psychiatric disorders  
- Bipolar disorder  
- Eating disorders  
- Mood disorders  
- Somatoform disorders     | Visiting Consultants at Priory Hospital Southampton |
| Consultant Psychiatrist     |                |                                                                              |                                                          |
### Therapists

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</thead>
<tbody>
<tr>
<td><strong>Jayne Bell</strong></td>
<td>Therapist and Life Coach&lt;br&gt;British Association of Counselling and Psychotherapy (MBACP)</td>
<td>• Addictions&lt;br&gt;• Anxiety&lt;br&gt;• Bereavement counselling&lt;br&gt;• Depression&lt;br&gt;• OCD&lt;br&gt;• Panic attacks&lt;br&gt;• Relationship problems&lt;br&gt;• Stress&lt;br&gt;• Trauma</td>
<td>Priory Wellbeing Centre Southampton</td>
</tr>
<tr>
<td><strong>Dr Katie Byron</strong></td>
<td>Clinical Psychologist&lt;br&gt;Doctorate in Clinical Psychology&lt;br&gt;BSc Hons Psychology</td>
<td>• Anxiety&lt;br&gt;• Bereavement&lt;br&gt;• CAMHS&lt;br&gt;• Depression&lt;br&gt;• Eating disorders&lt;br&gt;• Relationship difficulties&lt;br&gt;• Self-esteem</td>
<td>Priory Hospital Southampton</td>
</tr>
<tr>
<td><strong>Karen Carberry</strong></td>
<td>Family Therapist&lt;br&gt;MSc Family &amp; Systemic Psychotherapy&lt;br&gt;Dip Psychodynamic Psychotherapy &amp; Counselling&lt;br&gt;Extra Mural Dip Psychology</td>
<td>• CAMHS&lt;br&gt;• Eating disorders</td>
<td>Priory Hospital Southampton</td>
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<tr>
<td><strong>Sylvia Collard</strong></td>
<td>CBT &amp; EMDR Therapist&lt;br&gt;RMN Dip CBT Pg Dip EMDR cert 3</td>
<td>• Anxiety&lt;br&gt;• Depression&lt;br&gt;• EMDR&lt;br&gt;• OCD&lt;br&gt;• PTSD&lt;br&gt;• Trauma</td>
<td>Priory Hospital Southampton</td>
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<tr>
<td><strong>Lin Copland</strong></td>
<td>Psychodynamic Therapy Diploma&lt;br&gt;CAT Practitioner Diploma&lt;br&gt;RMN Dip CBT Pg Dip EMDR cert 3</td>
<td>• Adolescents with eating&lt;br&gt;• Depression&lt;br&gt;• Disorders/Depression (When CAT is indicated)&lt;br&gt;• Eating disorders&lt;br&gt;• Obesity</td>
<td>Priory Hospital Southampton</td>
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| **Steve Cox**         | MSc in Contemporary Person Centred Psychotherapy, Dip in Psychotherapy, Dip in Advanced Person Centred Counselling, Dip in counselling Supervision, Dip in Casework Supervision, BACP Registered Senior Accredited Practitioner, UKCP Registered Psychotherapist | • Bereavement  
  • Relational therapy  
  • Group therapy  
  • Counselling supervision | Priory Hospital Southampton                       |
| **Mark Edwards**      | Dip in Social Work, Certificate in Drug Education                              | • CAMHS                                           | Priory Hospital Southampton |
| **Dr Rachel Gregory** | Doctorate Clinical Psychology, BSc Hons Psychology                             | • CAMHS                                           | Priory Hospital Southampton |
| **Nicole Grilo**      | Bsc (Hons) Addictions Counselling, BSc (Hons) Human Nutrition Masters Certificate in Childhood Eating Disorders and Obesity | • Addiction  
  • Anger management  
  • Anxiety  
  • Bereavement and grief  
  • Body dysmorphic disorder (BDD)  
  • Depression  
  • Eating disorders  
  • Mood swings  
  • OCD  
  • Self-harm  
  • Stress | Priory Hospital Southampton                                                     |
| **Katie Hay**         | Foundation degree Integrative Counselling L1,2,3 NCFE Certs Counselling Dip of Excellence for ED Practitioners | • Eating disorders                                | Priory Hospital Southampton |
| **Megan Hagen**       | BSc Hons Occupational Therapy                                                   | • CAMHS                                           | Priory Hospital Southampton |

### Contact us

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| Ross Hoar        | BSc Hons Clinical Practice/Substance Misuse, BA Hons Counselling EMDR, Dip Gestalt | • Addiction  
• Trauma  
• EMDR                                                   | Priory Hospital Southampton                                                  |
| Sarah M Holt     | BSc Hons in Addictions Counselling, Diploma in Psychodynamic Counselling  
Certificate in Supervision Group Analysis  
Certificate Adult Teaching Certificate  
Life Coaching Certificate | • Anxiety  
• Anger management  
• Stress  
• Addictions  
• Low self-esteem  
• Group work                                               | Priory Hospital Southampton                                                  |
| Kerrie Jones     | NCFE Cert Interpersonal Skills L1  
Counselling Skills L2  
Counselling Skills (Theory) L3  
BACP Acc Advanced Dip Psychotherapy & Counselling | • Eating disorders                                                          | Priory Hospital Southampton                                                  |
| Terri King       |                                                                               | • Anxiety  
• Depression  
• Stress                                     | Priory Hospital Southampton                                                  |
| Angela Marston   | BACP Accredited CBT, EMDR                                                     | • Acute mental health  
• Addiction and addiction recovery  
• Anger management  
• Anxiety  
• Bereavement  
• Depression  
• Domestic violence  
• Grief, rape and sexual abuse  
• PTSD  
• Relationships  
• Self-esteem  
• Sleep disorder | Priory Hospital Southampton                                                  |
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</table>
| **Claire Orrells**          | PgDip in CBT, PgCert in Low Intensity Interventions, MSc in Cognitive & Clinical Neuroscience, BSc Hons Psychology | • Acute mental health  
• Anxiety  
• Bereavement  
• Depression  
• Group therapy  
• OCD  
• Panic | Priory Hospital Southampton                                                   |
| **Michelle Pragnell**       | Diploma in Person Centred Therapy BA (Hons) Counselling and Psychotherapy PG Certificate in Supervision | • Addiction  
• CAMHS  
• Eating disorder  
• EMDR  
• Trauma | Priory Hospital Southampton                                                   |
| **Elaine Rutherford**       |                                                                                  | • Yoga and mindfulness instructor                  | Priory Hospital Southampton |
| **Jenny Tozer**             | MSc Family Therapy Cert of Qualification in Social Work Doctorate in Psychotherapy | • CAMHS | Priory Hospital Southampton                                                   |
| **Stacey Whittaker**        | Certificate in Psychotherapeutic Counselling Diploma Psychotherapeutic Counselling MSc Psychotherapeutic Counselling LS Diploma Cognitive Behavioural Skills and Theory | • Acute mental health  
• Anxiety  
• Bereavement  
• Depression  
• Group therapy  
• Identity issues  
• Relationship issues  
• Trauma | Priory Hospital Southampton                                                   |