

Priory Hospital Woking

Addiction Treatment Programme

Example Timetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
09:15-09:30	09:15-09:30	09:15-09:30	09:15-09:30	09:15-09:30	09:15-09:30	VISITORS 10:00-18:30	
Reading & Reflection	Reading & Reflection	Reading & Reflection	Reading & Reflection	Reading & Reflection	Reading & Reflection		
09:45-11:00	09:45-11:00	09:45-11:00	09:45-11:00	09:45-11:00	09:45-11:00		
Process Group	Process Group	Process Group	Process Group	Process Group	Process Group		
11:45-12:45	11:30-12:30	11:45-12:45	11:45-12:45	11:45-12:45	11:45-12:45		
Lifestory Assignment	Step One Assignment	Assignment/ Workshop	Assignment/ Workshop	Assignment/ Workshop	Relapse Prevention		
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
13:30-14:15	13:30-14:20	13:30-14:20	13:30-14:00	13:30-14:20	13:45-15:00	AS WEEKEND PLAN	
Keyworker Sessions or Assignment Work	Assignment Work	Keyworker Sessions or Assignment Work	Community Meeting (Lounge)	Keyworker Sessions or Assignment Work	Johari Window & Change of Objectives		
14:30-15:30	14:30-16:00	14:30-15:30	14:30-15:30	14:30-15:30	VISITORS AS WEEKEND PLAN		
Peer Eval	Psychodrama	Art Therapy	Yoga	Recovery Plan & Farewell			
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	
Fellowship Meeting	19:00-20:30	Fellowship Meeting	Evening in and time for a ssignment work	Fellowship Meeting	19:30	Fellowship Meeting	
	Aftercare in last 1-2 weeks	19:00-20:30				Recovery Film	
		Family Aftercare Group					

Community Meeting is Mandatory for Addiction Treatment Programme Patients