The Priory Highbank Centre – Rehabilitation and Recovery services

Robinson House is a 10 bedded open unit set in the quiet residential area of Bury, Lancashire.

Our homely environment caters for individuals who suffer from chronic enduring complex mental health difficulties that have struggled in mainstream NHS settings. Robinson House provides treatment by adopting the recovery model to implement personalised rehabilitation pathways.

The unit has a full multidisciplinary team (MDT) including a Consultant Psychiatrist, Specialty Doctor, RMNs, an Occupational Therapist, a Consultant Neuro-psychologist and a Generic Therapy Assistant who work together and place emphasis on person-centred recovery.

Bury is a lively market town with excellent transport links to the surrounding area. The hospital is ideally located for safe, structured and gradual reintegration back into the community.

Inclusion criteria

- Males 18 and over
- Individuals admitted either informally or formally under the Mental Health Act (1983) including both civil and forensic sections
- Individuals under the Mental Capacity Act (2005) and DOLS
- Individuals who suffer from chronic mental health difficulties including Schizophrenia, Bipolar Disorder and Depressive Disorders
- Individuals with co-morbid physical and mental health difficulties such as Diabetes and substance misuse
- Individuals with mental health difficulties that are associated with risk to self and others
- Individuals who have a history of failed placements, relapse and re-admissions to mental health services
**Services offered**

- A Care Programme Approach meeting will be arranged within 3 months from admission. This will review the progress in line with the goals set.
- Person Centred Approach to care and supporting plans for community living.
- Care plans and goals are reviewed and revised with the aim of a successful transition to community placement.
- Comprehensive and regular risk assessments are undertaken in collaboration with the service user.
- Personal interests and treatment goals will be integrated within a therapeutic timetable.

**Multidisciplinary team**

This unit is led by an effective multidisciplinary team, experienced in rehabilitation, recovery and caring for service users with complex needs. The team includes:

- Consultant psychiatrist and speciality doctor
- Registered mental health nurses and health care assistants
- Consultant Clinical Neuropsychologist
- Generic Therapy Assistant
- Occupational therapist
- Dietitian
- Access to physiotherapist, speech and language therapist

Full access and registration with the community GP service is available in order to optimise and maintain the physical health of the individual service user.

**Referrals**

Referrals to our service are often from individuals stepping down from secure services, PICU, Acute services, or have a history of frequent failed placements. Once a referral has been accepted, funding approval must be in place before admission.

To make a referral or for enquiries and further information, call us on 01706 283 304 send an email to northernr rehab@priorygroup.com or visit our website at www.priorygroup.com/highbank