

Calverton Hill

Secure and learning disability mental health services

Calverton Hill is a medium secure unit for men and women and provides support for those with personality disorders, learning disabilities, and other mental health issues. We aim to maximise patient recovery and potential by treating and minimising risk behaviours and by enabling them to develop psychological, emotional, social and occupational skills and resilience.

Service overview

Calverton Hill is a unit with an overarching philosophy of care that is based on Positive Behaviour Support (PBS).

- **Newstead Ward** - 14-bed medium secure mental illness and personality disorder service for women
- **Rufford Ward** - 16-bed medium secure learning disability service for men
- **Clumber Ward** - 14-bed medium secure learning disability service for women
- **Bestwood Ward** - 16-bed mixed gender acute service delivered in partnership with Nottinghamshire Healthcare

Patient profile

Calverton Hill is suitable for patients that fit the following profile:

- **Men and women aged 18 years and over**
- **Those diagnosed with a learning disability**
- **Women presenting with mental illness and/or a personality disorder**



Our team

Our multidisciplinary team is led by:

- **Psychologists**
- **Occupational therapists**
- **Psychiatrists**
- **A nursing team**
- **Social workers**
- **Speech and language therapists**

Treatment programme

All interventions aim to help the patient to understand the effect of their behaviour on others, to help them to manage the impact of external triggers on their behaviour, and ultimately to promote the concept of recovery. Therapies include groups to develop:

- **Motor and process skills**
- **Interpersonal and intrapersonal skills**
- **Life skills**

Specific groups include:

- **'I Can Feel Good' Programme**
- **Offence focused sessions**
- **Risk awareness**
- **Self-esteem**

We also provide:

- **Sensory integration skills sessions**
- **Vocational and leisure activities**
- **Fitness sessions**
- **Education sessions**

All of our psychological interventions are developed collaboratively with each individual, and aim to improve quality of life, promote recovery and reduce risk.

Real Work Opportunities (RWO) programme

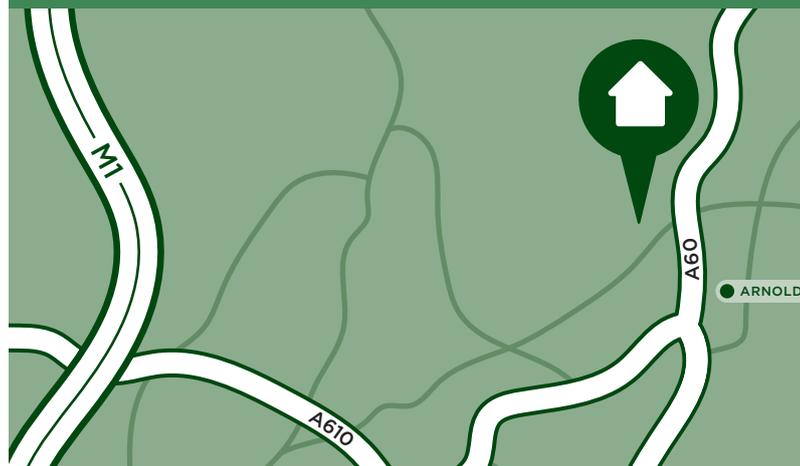
The RWO Programme aims to identify job-specific skills, strengths and experience. Patients are supported to develop a CV, complete an application form and attend an interview. The aim of the RWO Programme is to allow patients to acquire new transferable skills and experiences, which can be used in future employment or voluntary work.

Other therapy groups:

- **Skills assessment group**
- **Motivational group**
- **IT skills**
- **Education groups**
- **Independent living skills sessions**
- **Breakfast club**
- **Social discussion group**
- **Fitness programmes and community based sports**

Our location

Calverton Hill, Ramsdale Park, Calverton Road, Arnold, Nottinghamshire, NG5 8PT



Find out more

For more information or to discuss how we can help, please contact our admissions department by:

Telephone: **0115 966 1500**

Email: **info@priorygroup.com**

Web: **www.priorygroup.com/calverton-hill**