Meadow View
Secure mental health services
Meadow View is a low secure unit for men with mental illnesses and personality disorders. Located in Gainsborough in Lincolnshire, Meadow View has 28 beds to support those who are detained under the Mental Health Act.

Meadow View provides a full treatment pathway for those requiring rehabilitation and we focus on patients learning new skills, embedding these in everyday life, and maintaining the skills that are necessary for community living.

Treatment programme

At Meadow View we believe that access to the community and opportunities for social interaction outside of a hospital setting, are a key part of recovery. Patients are encouraged to access courses at local colleges, attend local leisure centres and utilise other community-based activities.

When appropriate in their care pathway, patients will be supported in developing their skills for future employment, including developing CVs, using the internet and computers and taking part in voluntary work.

Patients participate in a daily and weekly community group meeting whereby they will agree and plan daily and weekly activities on-site and within the community. Community activities include:

- Trips to local areas
- Visits to the local village, local café, cinema, theatre and bowling alley
- Community and outreach programmes to attend education providers and placements

We recognise that the people in our care are part of a wider circle of family, friends and networks which are important to them. We aim to work in partnership with them to ensure that we provide the right service for them but also to support them in their own right as carers.

Family carers are encouraged to develop good contact arrangements with the ward manager, social worker and clinical team.
Our team

The Meadow View full time specialist multidisciplinary team (MDT) comprises of:

- **Consultant forensic psychiatrists**
- **Occupational therapists**
- **Social workers**
- **Consultant psychologists**
- **Multi-skilled nursing team**
- **Speech and language therapists**

The therapy and treatment that our team provides at Meadow View aims to optimise each patient’s psychological, occupational and social wellbeing through both individual and group work. Treatment is tailored to meet the needs of each patient, to support them to move on to a safe and appropriate community placement as soon as possible.

Service overview

- **Cedar** – 14-bedded ward for men who require stabilisation and support to decrease their levels of challenging behaviour
- **Ash** – 14-bedded ward providing continuing care with a focus on rehabilitation and community reintegration and preparing the person to move further along the care pathway or to community living

Our aim is to reduce risk behaviours and promotion of health and quality of life. There is a continued emphasis on the rights of patients, their quality of life and promotion of independence that enhances the patient experience and prepares them for community living.
Our environment

We believe that the environment in which therapy takes place, is just as important as the treatment itself. We provide a range of on-site facilities which are utilised as part of the intensive care that we offer:

- A rehabilitation kitchen
- A gym
- Activity rooms
- A multi-faith room
- A computer room
- Quiet rooms
- Spacious outdoor grounds

Our location

Dog Kennel Lane, Gainsborough, Lincolnshire, DN21 5UD

Find out more

For more information or to make a referral, please contact us by:

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