

Bacterial meningitis and acquired brain injury – The Priory Mount Eveswell

Michelle* arrived at The Priory Mount Eveswell for treatment in January 2017, after spending 95 days in a Cambodian Intensive Care Unit (ICU) due to contracting bacterial meningitis which left her with an acquired brain injury.

After more than three months in hospital in Cambodia, Michelle was able to fly back to the UK to continue her post-acute treatment at Mount Eveswell.



Rehabilitation at The Priory Mount Eveswell

On admission, Michelle was unable to stand without the help of two staff members and a standing frame. She had anxiety around community and home visits, her short-term memory was affected and she had mild confusion. Michelle needed to be catheterised and had incontinence issues.

Priory's treatment team aimed to help Michelle to maximise her confidence and independence through her personalised neurorehabilitation programme which included physiotherapy, occupational therapy (OT) and psycho-education.

Using muscle strengthening, balance and bed exercises, as well as focusing on her mobility and posture, Michelle's physiotherapy team were able to help her to make progress towards more independent mobility.

Michelle's physiotherapy programme was complemented by the work that she did with her OT team. The OT team worked to improve Michelle's general stamina, core stability, upper limb movement and functional standing. The outcome of this was increased independence.

Spurred by her own motivation and the rehabilitation programme developed specifically

for her by her treatment team, Michelle started showing improvement in her anxiety levels and movement functions. She was able to walk short distances with a walking frame (with supervision), and was washing and dressing with minimal support. Michelle's catheter was removed and she was able to use the toilet.

Michelle was discharged to her new home in the UK at the end of April 2017 after establishing continued support from her local community teams.

“

Michelle had fabulous care at The Priory Mount Eveswell and developed very quickly. She was discharged with full control of her bowel and bladder, the ability to walk short distances with a frame and mentally in a good place. ”

Michelle's husband

**The name and image of our resident has been changed to protect identity.*