

St John's House

Secure mental health services

St John's House provides quality, specialised treatment for men and women with learning disabilities where their needs challenge mainstream service provision in medium and low secure services.

Based in the village of Palgrave on the Norfolk/Suffolk border, the strength of St John's House lies in the quality of the comprehensive assessment, treatment and care that it provides. The emphasis is on a holistic and individualised approach, delivered by multidisciplinary teams who are skilled, experienced professionals trained in their specific field.

Patient profile

We accept men and women with a primary diagnosis of learning disability who may also have secondary diagnoses of conditions including:

- **Asperger syndrome**
- **Other autistic spectrum disorders**
- **Personality disorders**
- **Major mental illnesses**
- **Substance misuse**

All patients are detained under the Mental Health Act.



Our team

Our expert multidisciplinary teams include:

- **Psychiatry**
- **Psychology**
- **Nursing (mental health and learning disability)**
- **Occupational therapy**
- **Specialist teaching**
- **Social work and a practice nurse for physical healthcare**

We also call in services from GPs, speech and language therapists, dentists, opticians, dietitians and chiropodists.

Our occupational therapy led skills, education and vocational programme teaches patients independence and transferable skills.



Our location

Lion Road, Palgrave, Diss, Norfolk, IP22 1BA



Find out more

For more information or to make a referral, please contact us by:

Telephone: **01379 649 900**

Email: **info@priorygroup.com**

Web: **www.priorygroup.com/st-johns-house**

Service overview

St John's offers medium and low secure services for women, and medium secure services for men as part of the full discharge pathway, where patients are supported to move onto nearby low secure services at Burston House and community rehabilitation services at Lombard House and Richmond House.

Patients are encouraged to develop their skills in a community setting and individual programmes will vary dependent on patients' needs as they progress through medium secure to low secure and then to a community rehabilitation service. Patients are supported to participate in the on-site or community-based Real Work Opportunities Programme including employment and voluntary placements.

Our environment

We believe that a therapeutic environment that promotes the rehabilitation of our patients is very important. Therefore, we provide a range of on-site facilities and activities which include:

- **Therapy rooms**
- **A rehabilitation kitchen**
- **IT room**
- **An education room**
- **An art room**
- **Vegetable gardens**
- **A hairdressing salon**
- **Animal care**
- **A gym**
- **Horticulture areas**
- **Woodwork shops**