



Priory Hospital Nottingham

Priory Hospital Nottingham is conveniently located near the centre of Nottingham, ensuring easy access by train, bus or car. The hospital only accepts patients referred and funded through the NHS, and no longer operates a private healthcare service at the hospital.

We aim to help all of our patients to develop the skills and independence needed to lead a life back in a community setting.



Service overview

We provide effective and personalised evidence-based treatment programmes for both men and women aged 18 years or older, who require acute mental health emergency care. We ensure a comfortable and safe environment for all and our newly decorated facility includes:

- + 14 en-suite bedrooms
- + 'Safer' rooms
- + Full disabled access with wheelchair lift
- + A private, enclosed garden area
- + A female only lounge
- + Designated group and activities rooms
- + A dining room with bespoke menus



Multidisciplinary team

Our multidisciplinary team has the expertise and experience to treat a variety of psychiatric conditions including schizophrenia, bipolar disorder and obsessive compulsive disorder. The team is made up of:

- + A Consultant Psychiatrist
- + An Occupational Therapist
- + Therapy Assistants
- + A Staff Grade Doctor
- + Registered Mental Health Nurses
- + Access to an interpreter

Treatment

The support we offer is occupational therapy based and we provide a variety of therapeutic interventions including:

- + Mindfulness informed therapy
- + Activities of daily living
- + Cooking activities
- + Art therapy

All treatment is personalised to each individual's needs and includes aspects of Cognitive Behavioural Therapy (CBT) and Dialectical Behaviour Therapy (DBT). We ensure patients have a say in their treatment and arrange weekly team meetings with both patients and staff.

Group therapy

Priory Hospital Nottingham offers group therapy sessions. These are open groups which acute mental health patients can attend where schedules allow. These groups tend to be based on specific areas such as anxiety and cognitive behavioural therapy skills and focus is both educational and therapeutic.



Find out more

For more information or to discuss how we can help, please contact our admissions department by:

Telephone: 01159 693 388

Email: nottingham@priorygroup.com

Web: www.priorygroup.com/nottingham

Priory Hospital Nottingham, Ransom Road, Nottingham, NG3 5GS

