

The Priory Hospital Nottingham

The Priory Hospital Nottingham is conveniently located near the centre of Nottingham, ensuring easy access by train, bus or car. The hospital only accepts patients referred and funded through the NHS, and no longer operates a private healthcare service at the hospital.



We provide effective and personalised evidence-based treatment programmes for both men and women aged 18 years or older, who require acute mental health emergency care. We ensure a comfortable and safe environment for all and our newly decorated facility includes:

- **14 en-suite bedrooms**
- **'Safer' rooms**
- **Full disabled access with wheelchair lift**
- **A private, enclosed garden area**
- **A female only lounge**
- **Designated group and activities rooms**
- **A dining room with bespoke menus**



Multidisciplinary team

Our multidisciplinary team has the expertise and experience to treat a variety of psychiatric conditions including schizophrenia, bipolar disorder and obsessive compulsive disorder. The team is made up of:

- **A Consultant Psychiatrist**
- **An Occupational Therapist**
- **Therapy assistants**
- **A Staff Grade Doctor**
- **Registered Mental Health Nurses**
- **Access to an interpreter**

Treatment

The support we offer is Occupational Therapy based and we provide a variety of therapeutic interventions including:

- **Mindfulness informed therapy**
- **Activities of Daily Living**
- **Cooking activities**
- **Art therapy**

All treatment is personalised to each individual's needs and includes aspects of Cognitive Behavioural Therapy (CBT) and Dialectical Behaviour Therapy (DBT). We ensure patients have a say in their treatment and arrange weekly team meetings with both patients and staff.

Group therapy

The Priory Hospital Nottingham offers group therapy sessions. These are open groups which acute mental health patients can attend where schedules allow. These groups tend to be based on specific areas such as anxiety and cognitive behavioural therapy skills and focus is both educational and therapeutic.



How to find us

For more detailed directions on how to find us, please visit our website

www.priorygroup.com/nottingham

Ransom Road, Nottingham, NG3 5GS

Phone: 01159 693 388

Fax: 01159 693 381



To make a referral or for enquiries and further information, call us on 0800 090 1356 send an email to nottingham@priorygroup.com or visit our website at www.priorygroup.com/nottingham