



Priory Heathfield

Rehabilitation and recovery

Priory Heathfield is a 24-bedded hospital, which provides tailored rehabilitation programmes for males and females aged 18 years and over, in a safe and supportive environment. We specialise in the treatment and management of patients with severe and enduring mental health disorders who may also have comorbid/complex physical health conditions and needs.



Service overview

We aim to improve the quality of our patients' lives and help them achieve the highest level of personal freedom and dignity. We do this by:

- + Therapy-led integration programmes
- + Actively encouraging community engagement
- + Supporting patients in areas such as such as cooking, leisure activities and daily personal care skills
- + Re-establishing independence

Our programme is based on bespoke timetables, taking into account the differing and individual needs of our patients.

Patient profile

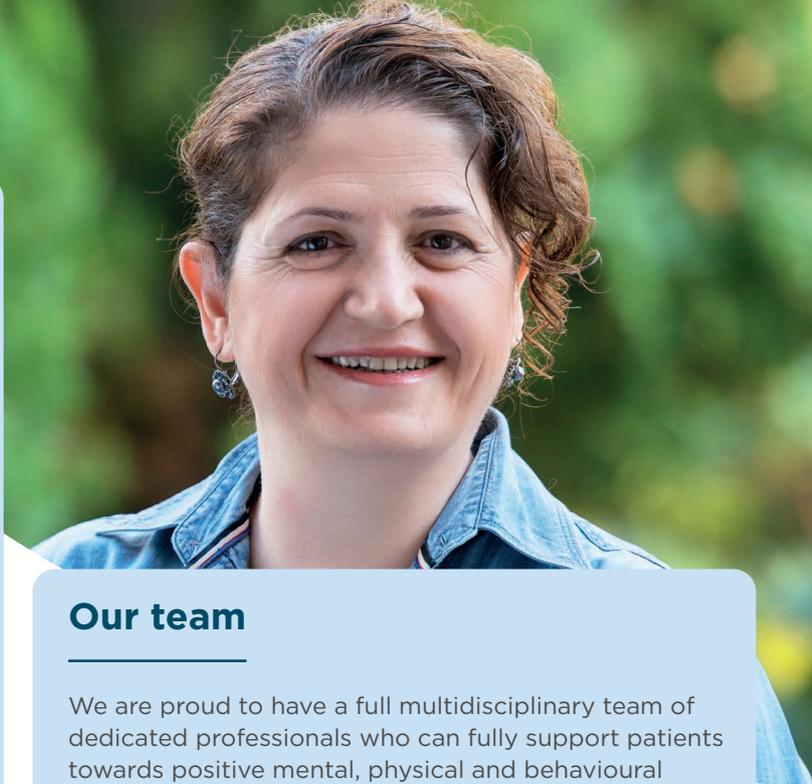
We provide support for:

- + Males and females aged over 18 years
- + Those who have a primary mental health diagnosis
- + Patients with severe, complex and enduring mental health issues which might include treatment resistant conditions
- + Those with complex physical health conditions
- + Those with a history of failed rehabilitation placements
- + Patients showing disengagement from service provision
- + Those admitted informally or under the Mental Health Act

The environment

Many of our rooms are designed to meet specialist rehabilitation needs including high specification profiling beds (some catering for bariatric needs), overhead range tracking and lots of communal space to assist the rehabilitation process. Our service also includes:

- + 16 en-suite rooms
- + Wet rooms with wheelchair access
- + Hydrotherapy bathroom
- + Spacious occupational therapy kitchen
- + Fully-equipped physiotherapy gym
- + A choice of communal lounges and dining areas
- + Access to garden areas
- + A choice of vehicles adapted to provide wheelchair access, supporting the rehabilitation process and allowing all residents to access the community



Our team

We are proud to have a full multidisciplinary team of dedicated professionals who can fully support patients towards positive mental, physical and behavioural outcomes. Our focus is to ensure that patients feel supported in reaching the optimum potential they can, by working towards meeting all their identified needs within a recovery framework. The team includes:

- + Consultant psychiatrist
- + Psychologist
- + Physiotherapist
- + Occupational therapist
- + Speech and language therapist (SaLT)
- + Dietitian
- + Registered mental health nurses (RMNs and RGNs)
- + Rehabilitation assistants

Find out more

For more information or to discuss how we can help, please contact our admissions department by:

Telephone: 0143 586 4545

Email: PrioryEnquiries@NHS.net

Web: www.priorygroup.com/heathfield

Heathfield, Tottingworth Park, Broad Oak, Heathfield,
East Sussex, TN21 8UN

