

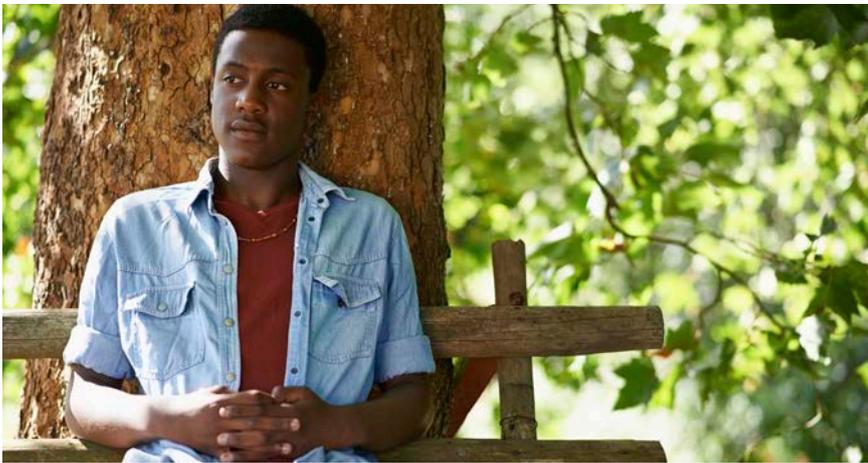
# Hazelwood House

Secure mental health services



Hazelwood House is a low secure unit for men with a learning disability, including those with co-morbid personality disorders, mental illnesses and autistic spectrum disorders.

It is a well-established service in the Midlands that works with patients with intellectual disabilities to reduce their risk, build and consolidate core skills and promote relapse prevention strategies. Patients are able to focus on the application of therapy in real life, everyday settings and to develop skills for supported or independent living in the community.



## Service overview

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Interventions at Hazelwood House aim to help the patient to understand the effect of their behaviour on others, to help them to manage the impact of external triggers on their behaviour and ultimately to promote the concept of recovery.

Our model of care explicitly acknowledges and supports the issue of change (or readiness for change) and this is essential for successful engagement and treatment. When stability is achieved, patients engage in appropriate treatments to meaningfully focus on reducing the risk of relapse and can help to reduce length of stay in secure care.

Hazelwood House is a 14-bedded unit, which includes:

- **En-suite bedrooms with plenty of storage space for personal belongings. There is a television in each bedroom (a DVD player can be requested)**
- **Lounge area with televisions**
- **Dining room for patients to socialise and eat meals together**
- **De-escalation and seclusion rooms**
- **A gym**
- **A multi-faith room**
- **A computer room**
- **Outdoor social areas and a secret garden**

## Patient profile

Hazelwood House is suitable for patients that fit the following profile:

- Men aged 18 years and over
- Presenting with a learning disability
- Presenting with mental illness or personality disorder
- All patients are formally detained under the Mental Health Act
- May have complex needs or dual diagnosis

“There are lots of good opportunities at Hazelwood, like working and getting paid.”



## Treatment programme

Our treatment programme includes:

- Anger management
- Dialectical behaviour therapy (DBT)
- Arson treatment
- Problem solving
- Self-esteem
- Coping skills
- Mental health awareness
- Real Work Opportunities (RWO) Programme
- Individual psychological therapy
- Recovery and mental health awareness
- Stop & think! - a social problem solving therapy
- Managing anger programme (MAP)
- Drug and alcohol programme
- Relationship programme (social skills), (collaboration with therapies)
- Adapted sex offender treatment programme
- Coping skills programme
- Relapse prevention and discharge planning

Occupational therapy activities:

- Community-based volunteer work
- Breakfast club - develop cooking and food preparation skills as well as socialisation skills
- Self-expression and drama group
- Education - literacy and numeracy
- Physical fitness
- 1:1 cooking
- Arts and crafts
- Hobbies
- Computers



“The nurses are nice and friendly and look after you.”

## Our team

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Our multidisciplinary team is led by:

- **Charge nurses**
- **Staff nurses**
- **A primary nurse**
- **Healthcare workers**
- **A responsible clinician**
- **Psychiatrists**
- **A ward manager**
- **Forensic psychologists**
- **Assistant psychologists**
- **Social workers**
- **Occupational therapists**
- **A technical instructor**
- **Speech and language therapists**
- **Physical care coordinators**
- **A health and fitness instructor**
- **GPs**
- **Independent mental health advocacy (IMHA)**
- **Housekeeping**

Our staff are trained in The Reinforce Appropriate (behaviour), Implode Disruptive (behaviour) (RAID) approach and focus on positive behaviour to reduce challenging behaviours.



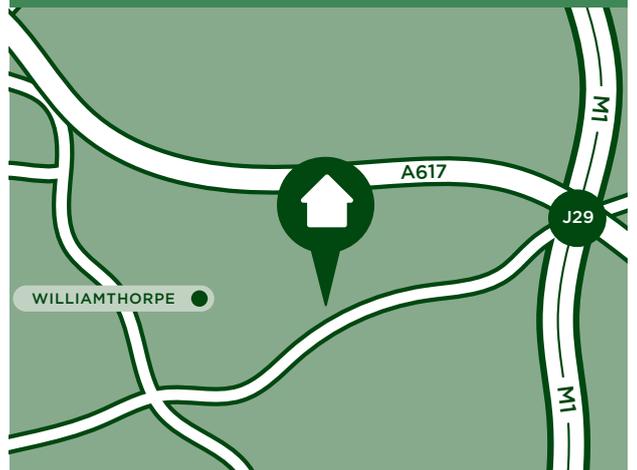
“I like the staff and the games. You can also do dog walking which is nice in the summer.”

## Our location

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Hazelwood House, Heath Road, Heath, Chesterfield, Derbyshire, S44 5QS

Come off M1 at junction 29 then turn right at signpost for Heath Village.



## Find out more

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For more information or to discuss how we can help, please contact our admissions department by:

Telephone: **01246 856 565**

Email: **info@priorygroup.com**

Web: **www.priorygroup.com/hazelwood-house**