

PRIORY

HEALTHCARE

Priory Hospital Church Village



A REAL AND LASTING DIFFERENCE FOR EVERYONE WE SUPPORT

Priory Hospital Church Village is situated in Tonteg near Pontypridd in South Wales. The hospital is an adult female-only service for individuals with a learning disability and other mental health needs, including personality disorders and autism.

The main ward has recently been refurbished, and includes 10 ensuite bedrooms as well as a dining room, lounge and quiet room.

A self-contained two bedroom bungalow sits at the back of the main hospital, and is available for patients preparing to step down and move on.

Also on site is a purpose built therapy suite with an occupational therapy kitchen, art area and quiet lounge, which is equipped with sensory equipment. The hospital has large front and back gardens, one of which is secure.

We are within easy walking distance of local shops, a leisure centre, an adult learning centre and the village hall and our location provides easy access to and from the M4 motorway and the city of Cardiff.

Inclusion criteria

- Females aged between 18 and 65
- Individuals with learning disabilities who may also have mental health problems
- Individuals may also have a diagnosis of a borderline personality disorder
- As a locked rehabilitation service, patients may be detained under sections of the Mental Health Act 1983
- Individuals with a learning disability who may have a forensic need
- Individuals with a learning disability who may also have autism



Our approach

- A range of specialist interventions can be provided and tailored to individual needs, including cognitive behavioural therapy (CBT), dialectical behavioural therapy (DBT), Positive Behavioural Support (PBS) and mindfulness
- All patients have an individual timetable which includes a range of rehabilitation focused activities and groups, leisure activities and psychology led interventions
- The hospital encourages patients to build their independence skills by assisting in certain tasks as appropriate, e.g. cleaning of their own bedrooms and hoovering the ward
- Strong links with the local community and full access to a variety of educational and occupational opportunities are provided, enabling patients to develop their independence
- The Care and Treatment Plan or Care Programme Approach review meetings takes place every six months, where patients are fully involved in participating and inviting those professionals they would like to be present



Service overview

- We aim to inform a referrer within 48 hours of the initial referral, if it is suitable for the individual
- A member of the multidisciplinary team will make arrangements to conduct a pre-admission assessment of the individual, and an initial care and treatment plan will be suggested
- Upon admission, all patients will be seen by a consultant psychiatrist and a member of the nursing team. A full medical and nursing assessment will take place including physical health screening, e.g. bloods and ECG
- Patients will be allocated a primary nurse and keyworker
- An initial risk assessment and care plan is put in place until a full assessment of needs is possible
- The hospital uses four core care plans which cover the areas of 'keeping safe, 'keeping healthy, 'keeping well' and 'keeping connected'
- Patients may have an additional Positive Behavioural Support plan in place if necessary. All care plans are linked to The Welsh Measure for Welsh commissioned patients
- Care plans and risk assessments are developed with the full involvement of the patient, and are developed and reviewed by all members of the multidisciplinary team including psychiatrists, a nursing team, psychologists and occupational therapists. Families are encouraged to be involved in this process if appropriate
- Patients are encouraged to be involved in the running of the service. Daily patient planning meetings take place, and monthly Your Voice meetings. Patients are also involved in monthly Clinical Governance meetings, and in the interviewing staff for new roles



Multidisciplinary team

The multidisciplinary team will comprise of the following professionals:

- Psychiatrist
- Clinical nurse manager
- Nurses and support workers
- Psychologist
- Sessional art and music therapy
- Occupational therapist
- Occupational therapist assistant
- Activity co-ordinator
- Sessional dietician

The hospital also offers an independent advocacy service with advocates visiting on a regular basis.

Patient collaboration

- We have a collaborative approach to risk management and encourage service users to take supported positive risks in line with their rehabilitation goals and with regard to their mental health and wellbeing
- Patients are supported to co-design their individual therapeutic programme as well as participating in the recreational activities of the hospital
- We encourage patient leadership and participation in our service development through a monthly Your Voice forum
- We have a successful feedback loop where patients and carers provide their views on improvement and we seek solutions together



Proactive discharge planning

In order to achieve full engagement of patients in their care plan, our mental health services use a variety of tools, dependent upon individual needs:

- **We incorporate positive behaviour support alongside therapeutic interventions - enabling patients to be active determinants of their care**
- **Our recovery model ensures that our holistic care and support is focused on enabling service users to have as independent, healthy and enjoyable a life as possible**
- **Our recovery model is underpinned by a proactive focus on the whole of a patient's care programme**
- **Discharge planning is central to Priory's model, with plans for step-down included in initial consultation with commissioners and stakeholders during the admission process**



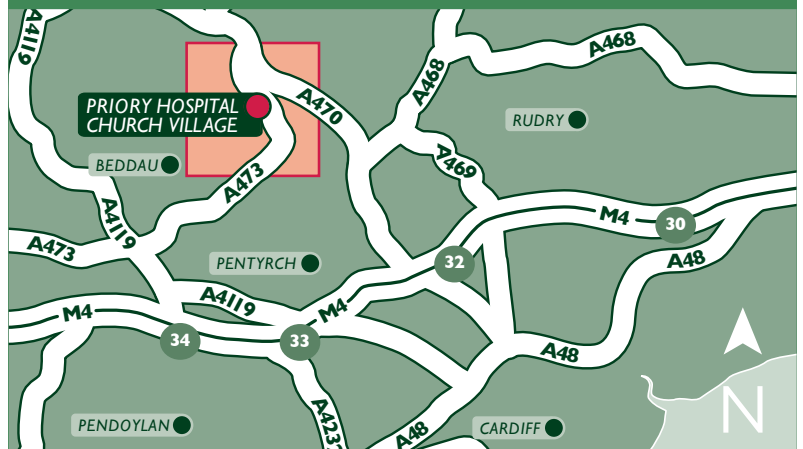
How to find us

For more detailed directions on how to find us, please visit our website www.priorygroup.com/churchvillage

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Referrals and care pathway

Referrals are accepted from health boards, clinical commissioning groups, other independent hospital low secure services, NHS low secure and acute psychiatric services, PICUs and open community services. Following treatment at Priory Hospital Church Village, if appropriate, we offer an identified care pathway to step people down to one of our community housing placements. Once a referral has been accepted, funding approval must be in place before admission.

To make a referral or for enquiries and further information, call us on **01443 219 930**, send an email to churchvillage@priorygroup.com or visit our website at www.priorygroup.com/churchvillage

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