The Priory Hospital
Ticehurst House,
East Sussex

A REAL AND LASTING DIFFERENCE FOR EVERYONE WE SUPPORT
Introduction

The Priory Hospital Ticehurst House provides rehabilitation and recovery services for individuals with complex mental health problems requiring ongoing hospital level care, with input from a full multidisciplinary team (MDT) following the Care Programme Approach.

We strive to optimise the quality of life for those who have suffered repeated placement breakdowns in the community or who have never achieved settled community living.

With multidisciplinary team support, we have the flexibility to manage challenging behaviours that can not be managed within nursing and high end community services. We are able to reduce the likelihood of repeat admissions to acute services, therefore minimising the distress caused by relapse to service users and their families and the cost implications to commissioners.

Our aim is to work collaboratively with our service users to provide the best quality care possible and improve the quality of their lives. We help our service users to achieve the highest level of independence and dignity by embracing their needs, using a holistic and person-centred approach.

Service user profile

We offer a programme of effective, evidence-based treatment for service users who have severe and enduring mental illness with a secondary diagnosis of physical health needs:

- Men and women aged over 18
- Treatment resistant and/or a history of failed placements or repeated hospital admissions
- A requirement for supervision to comply with treatment/medication or to abstain from illegal drugs and alcohol
- Multiple diagnoses and other complex needs such as drugs and alcohol misuse, borderline personality disorders and behaviours that challenge
- Mental illness with a secondary physical health condition such as epilepsy and diabetes
- Degenerative brain disorders/cognitive impairment
- May present with a comorbid presentation such as behaviours that challenge, personality disorders, schizophrenia, depression, affective disorders, a dual diagnosis including mild learning difficulties and complex needs
- General anxiety disorders
- Post-traumatic stress disorders
- Admitted informally or under the Mental Health Act
- May have a forensic history

There are 21 beds split over 3 wards:

Highlands - 11 bedded mixed sex unit with designated female and male areas

The Lodge - 6 bedded female unit

Lowlands - 4 bedded male unit (Enhanced Community Home)
Service overview

Service users will receive a personalised package of care and personalised recovery-orientated treatment programme. This personalised approach supports each individual to develop the life skills needed to live a safe, positive, and independent life in the community:

• Clinical psychology input: Cognitive Behavioural Therapy (CBT) based approach; 1:1 work where appropriate; functional analysis and Positive Behaviour Support (PBS); building relationships, keeping in touch; managing anger/emotion regulation, feeling positive, self-esteem and building confidence, being treated with respect and dignity; communication and social skills
• Occupational Therapist led rehabilitation programme: Activities of Daily Living skills enhancement programme; community integration; social inclusion activities; vocational/educational activities; recreational and leisure programmes
• Tailored treatment programmes for maladaptive behaviours including self-harm and anger management
• Enhanced thinking and coping skills
• Reminiscence work
• Behavioural management
• Music and Movement Therapy
• Arts and crafts
• Aromatherapy and relaxation

Care pathway/Discharge pathways

• Step down to community placement (supported living, care or nursing home, residential care)
• Transfer to another provider if needs can be better met by them
• Discharge back to original residency following successful treatment
Multidisciplinary team

The treatment programme is led by an effective MDT including:

- Ward manager
- Psychiatrist
- Psychologist
- Nursing team (RMN, RNLD)
- Physical health nurse specialist
- Occupational Therapist
- Pharmacist
- Dietician
- Sessional speech and language therapist and Chiropodist
- Aromatherapy
- Independent Advocacy Service and IMHA
- GP service

How to find us

For more detailed directions on how to find us, please visit our website www.priorygroup.com/ticehurst

Ticehurst, East Sussex,
TN5 7HU
Tel: 01580 200 391
Fax: 01580 201 006

Aims for people in our care

- Improvement in quality of life
- Reduction in risk and behaviours that challenge
- Acquisition of daily living skills
- Attainment of tolerance and coping skills
- Positive risk behaviour
- Increased social integration
- Structured routine to help with behaviour and anger anxiety management
- Healthy living
- Feeling safe
- Community engagement
- Supported independence

Referrals

Within 24 hours of receiving a referral, the MDT will undertake a free clinical assessment.

The hospital can accept emergency admissions.

To make a referral or for enquiries and further information, call us on 01580 200 391
send an email to ticehurst@priorygroup.com
or visit our website at www.priorygroup.com/ticehurst