



# Priory Wellbeing Centre Aberdeen

## Consultant and Therapist list

The Priory Wellbeing Centre Aberdeen is conveniently located within the city centre ensuring accessible and convenient treatment to support you with any mental health concerns that are affecting the quality of your life. The Wellbeing Centre offers confidential treatment. Personalised treatment programmes are delivered by a multidisciplinary team for up to 47 individuals, as well as day care and outpatient services.

### Consultants

Name	Qualifications	Specialities	Outpatient clinics
<b>Dr Allen Shand</b> Consultant Psychiatrist 	MB ChB, MRCPsych	<ul style="list-style-type: none"><li>• <b>Depression</b></li><li>• <b>Bipolar affective disorder</b></li><li>• <b>Seasonal affective disorder (SAD),</b></li><li>• <b>Anxiety disorders</b></li><li>• <b>Obsessive compulsive disorder (OCD)</b></li><li>• <b>Addictions</b></li></ul>	Priory Wellbeing Centre Aberdeen

### Contact us

**Priory Wellbeing Centre Aberdeen**, 7 Queens Gardens, Aberdeen, AB15 4YD  
Tel: **0141 636 6116** | Fax: **0141 636 5151** | Email: **Aberdeenwellbeing@priorygroup.com**  
Visit: **www.priorygroup.com/aberdeen**