

Priory Wellbeing Centre

Birmingham



Getting lives back on track

Mental health conditions can have a huge effect on the people experiencing them and their families, friends and loved ones. Priory offers the best available mental health and wellbeing support - every year our private services treat over 9,000 people with mental health issues, and our proven track record in getting lives back on track is unrivalled.

The Priory logo is displayed on a teal sign. The word "PRIORY" is written in a white, serif font. The letter "O" is highlighted in red. The sign is tilted and has two white horizontal lines above and below the text.

PRIORY



We can help you with:

- Anxiety
- Depression
- Stress and resilience
- Eating problems
- Mood swings
- Addictions
- Anger management
- Obsessive-compulsive disorder
- Panic attacks
- Relationship problems
- Sexual problems
- Sleep problems



Tailored treatment

Every person we support receives a personalised treatment programme. An initial consultation enables our expert team to understand the challenges each individual faces, and to recommend and deliver the best course of treatment, which could be either an individual or group intervention.

Why Priory Wellbeing Centres?

We employ and work with the country's leading therapists, consultant psychiatrists and psychologists, offering proven outpatient treatments to help manage all mental health conditions.

At the Priory Wellbeing Centre Birmingham we offer:

- Expert care from the UK's leading independent provider of mental health services
- Fast access to expert treatment
- Complete discretion and confidentiality
- Flexible consulting hours to fit around your work and commitments
- Regulation by the Care Quality Commission, the independent health care regulator, giving you peace of mind

We have close links with Woodbourne Priory Hospital Birmingham, ensuring seamless access to more specialist or intensive services if required.





Treatment you would recommend

- In 2014 there was 99% overall satisfaction with Priory outpatient therapy services
- In 2014 97% of people using our services said they would recommend us to a friend
- In 2014 97% of people using our services said the therapy was as good as they expected



Accessible pricing

We offer a range of accessibly-priced treatment and therapy options. Therapy costs start from £100 per hour.

You can pay for therapy directly, or if you have private medical insurance it is likely you will be able to access our services at no additional cost, apart from your policy's excess.

Information for GPs and healthcare professionals

Making a referral

To refer a patient to Priory simply fill in our online referral form at www.priorygroup.com/gp-referral

Alternatively direct the referral to any of the contact details below:

Post:

Ground Floor,
172 Edmund Street
Birmingham
B3 2HB

Telephone:

0121 200 5930

Fax:

0121 200 5940

Email:

birminghamwellbeing@priorygroup.com

If you have any queries about the referral process or the services offered, please contact our GP Enquiries Team on 0800 090 1354

Patient feedback

We provide clear feedback on each patient referred to us by a health professional, initially within seven days of first visit (in line with QOF guidelines), followed by a full post-treatment report to allow timely follow up.

From April - December 2014:

86% of service users experienced an improvement in their level of anxiety (with a statistically reliable average change score of 6.9) - GAD7

86% of service users experienced an improvement in their level of depression (with a statistically reliable average change score of 7.3) - PHQ9

How to find us

Priory Wellbeing Centre Birmingham
Ground Floor, 172 Edmund Street
Birmingham
B3 2HB

Opening hours: Monday to Friday 8.30am to 8pm
(last appointments at 7pm)

For more information or to discuss how we can help,
please contact us by:

Telephone: **0121 200 5930**

Fax: **0121 200 5940**

E-mail: birminghamwellbeing@priorygroup.com

Web: www.priorygroup.com/birminghamwellbeing



Nearest train station: **Birmingham New Street and Birmingham Moor Street**

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