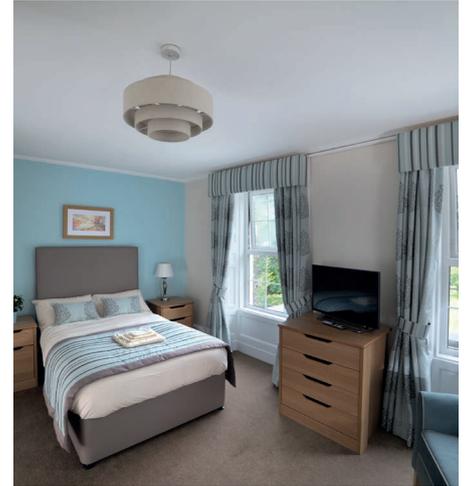


The Manor Clinic



The Manor Clinic is an exclusive addiction treatment centre in Southampton that provides a charming and homely environment to receive expert mental health care. We specialise in alcohol, drug, gambling and prescription drug addictions treatment.

Location and environment

Based in an elegant Georgian mansion, our close-knit, family feel allows for an informal atmosphere where our patients can find privacy and tranquility on their journey towards recovery.

The Manor Clinic is a world class 13-bed addiction treatment centre that provides state-of-the-art care to people who desire to break free from the confines of addiction, chemical dependency and co-occurring mental health concerns.

- Relaxing, comfortable and warm living areas
- Double bedrooms which are, single occupancy, with en-suite facilities
- Beautifully landscaped gardens
- Peace and tranquillity with plenty of walks to help you unwind
- Easy access from the M3 and Southampton airport
- Therapy takes place within the Summer house at various times during the year

Treatments

All of our patients receive tailored treatment programmes supporting their individual requirements.

- **The therapy team work closely with the wider team to offer 24/7 support**
- **Flexible detox and rehabilitation programmes over 7, 14, 21 and 28 days**
- **Inpatient treatment options delivered by our highly experienced team of therapists and consultants**
- **Treatment includes individual or group therapy and includes therapies such as mood management, mindfulness or emotional freedom techniques**

We also treat mental health conditions alongside the addiction including:

- **Bipolar disorders**
- **Depressive disorders**
- **Obsessive compulsive disorder (OCD)**
- **Post-traumatic stress disorder (PTSD)**

A REAL AND LASTING DIFFERENCE FOR EVERYONE WE SUPPORT

Patient profile

- Adults with addictions such as alcohol, drugs, gambling and prescription drugs
- Dual diagnosis support for mental health conditions such as anxiety, depression and PTSD

Patient and family support

- Access to 24-hour telephone support
- Bi-annual aftercare group outings
- Free aftercare for life for patients who complete the programme
- Family support for life
- Weekly meetings arranged at local Alcoholics and Narcotics Anonymous



Wellbeing activities

- Yoga classes
- Massage
- Mindfulness classes
- Acupuncture
- Meditation

Enquiries and further information

To contact The Manor Clinic directly, call **023 8098 7243**. You can also find out more information by visiting **www.themanorclinic.com** where you will be able to view a video of the hospital and its services.

Alternatively you can call our 24/7 enquiry line on **0800 840 3219**.

Specialist team

The specialist team at The Manor Clinic includes renowned experts in their field:

- **Dr Alan Wear** – consultant psychiatrist
- **Dr Stroma McFarlane** – consultant psychiatrist
- **Dr Simon Kelly** – consultant psychiatrist
- **Sarina Wheatman** – therapist
- **Jacqui Newbold** – therapist
- **Angie Cullen** – family support worker

Multiple languages are spoken including Russian, Arabic, Hindu, Urdu and Bengali.

Funding

Priory offers personalised and accessibly-priced treatment packages for individuals who are looking to self-pay for treatment.

We are also an approved provider for all of the UK's leading private medical insurers. If you have private medical insurance, a GP referral may be required by your insurer before treatment can commence. Please liaise directly with your insurer to confirm .

Satisfaction outcomes

100% of patients would recommend the Manor Clinic to friends and family

100% of patients found the level of support received as either good or very good

97% of patients found the standard of therapy received as either good or very good

97% of patients found the overall rating of treatment experience as either good or very good