

The Manor Clinic

The Manor Clinic is an exclusive addiction treatment centre in Southampton that provides a charming and homely environment to receive expert addiction and mental health care. We specialise in alcohol, drug, gambling and prescription drug addiction treatment.

We provide an evidence-based programme that is tailored to individual needs, all structured within NICE guidelines.

Location and environment

Based in an elegant Georgian mansion, our close-knit, family feel allows for an informal atmosphere where our patients can find privacy and tranquillity on their journey towards recovery.

The Manor Clinic is a 13-bed addiction treatment centre that provides specialist care to people who desire to break free from the confines of addiction, chemical dependency and co-occurring mental health concerns.

We offer our clients:

- + Relaxing, comfortable and welcoming living areas
- + Double bedrooms which are single occupancy, with en-suite facilities
- + Beautifully landscaped gardens
- + Peace and tranquillity with plenty of walks to help you unwind
- + Easy access from the M3 and Southampton airport
- + Access to our garden conservatory during the warmer months

Treatments

All of our patients receive proven treatment programmes that also support their individual requirements.

- + The therapy team work closely with the wider team to offer 24/7 support
- + Flexible detoxification and rehabilitation programmes over 7, 14, 21 and 28 days (programmes can be longer if required)
- + Inpatient treatment options delivered by our highly experienced team of therapists and consultants
- + Treatment includes group and individual therapy and includes therapies such as mood management, mindfulness or emotional freedom techniques

We also treat mental health conditions alongside addictions including:

- + Depression
- + Anxiety
- + Obsessive compulsive disorder (OCD)
- + Post-traumatic stress disorder (PTSD)
- + Bipolar disorder



Patient profile

- + Adults with addictions such as alcohol, drugs, gambling and prescription drugs
- + Dual diagnosis support for mental health conditions such as anxiety, depression and PTSD

Patient and family support

- + Access to 24-hour telephone support
- + Bi-annual aftercare group events
- + Free aftercare for life for patients who complete the programme
- + Family support for life
- + Weekly meetings arranged at local Alcoholics and Narcotics Anonymous

Wellbeing activities

- + Yoga classes
- + Massage
- + Mindfulness classes
- + Acupuncture
- + Meditation
- + Access to a personal trainer



99%

of patients would recommend The Manor Clinic to friends and family

99%

of patients rated the level of support received as either 'good' or 'very good'

97%

of patients rated the standard of therapy received as either 'good' or 'very good'

97%

of patients rated their overall treatment experience as either 'good' or 'very good'

Specialist team

The specialist team at The Manor Clinic includes renowned experts in their field:

- + **Dr Andreas Schenk** - Consultant Psychiatrist
- + **Dr Shehram Moghul** - Consultant Psychiatrist
- + **Dr Simon Kelly** - Consultant Psychiatrist
- + **Sarina Wheatman** - Programme Manager
- + **Jacqui Newbold** - Aftercare Manager
- + **Angie Cullen** - Family Programme Therapist

Funding

Priory offers personalised and accessibly-priced treatment packages for individuals who are looking to self-pay for treatment.

We are also an approved provider for all of the UK's leading private medical insurers. If you have private medical insurance, a GP referral may be required by your insurer before treatment can commence. Please liaise directly with your insurer to confirm.

Enquiries and further information

To find out further information or to make a referral into The Manor Clinic, please contact our dedicated 24/7 enquiry team:

Telephone: 0808 291 1666

Email: enquiries@themanorclinic.com

Visit: www.themanorclinic.com

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HEALTHCARE