

Priory's outpatient therapy packages

Priory's nationwide network of wellbeing centres provides fast access to bespoke outpatient therapy, for a wide range of mental health conditions. Our centres offer expert treatment with the flexibility of convenient appointments in central locations, and are a great way for busy people to manage their mental wellbeing in a relaxing and discreet setting.

Treatment at a Priory Wellbeing Centre includes individual or group therapy, which can be accessed on a session-by-session basis. All programmes are tailored to the specific needs of the individual, ensuring the best possible outcomes are achieved.

Outpatient therapy packages

To help meet the needs of our patients, Priory offers a range of tailored outpatient therapy packages which are **unique** to Priory Wellbeing Centres. These packages include a set number of 1:1 therapy sessions at a fixed price.



The benefits of our outpatient therapy packages

- Certainty of price, including reduced therapy prices
- A set number of 1:1 therapy sessions based on NICE guidelines, providing guidance on initial treatment period
- Treatment that follows robust regulation
- Expertise from highly qualified professionals
- Personalised treatment plans which can be adapted according to progress
- Cost-effective rates for further treatment if needed

Support for a range of conditions

Our outpatient therapy packages provide specialised treatment for both adults and young people who are struggling with a number of mental health conditions:

ADULTS

- Alcohol use disorders
- Anorexia nervosa
- Anxiety disorders
- Attention deficit hyperactivity disorder (ADHD)
- Bulimia nervosa
- Depressive disorders
- Dietetics
- Early identification of medically unexplained symptoms
- Obsessive compulsive disorder
- Post-traumatic stress disorder

CHILD AND ADOLESCENTS

- Anxiety disorders
- Attention deficit hyperactivity disorder (ADHD)
- Autistic spectrum disorder
- Depressive disorders
- Post-traumatic stress disorder



Please see below for the outcomes achieved by our outpatient centres in 2016:

99.6% of patients were satisfied with the overall quality of care received

98% of patients would recommend us to a friend

86% of patients undergoing therapy saw a reduction in their levels of anxiety



Contact us

Treatment offered across our wellbeing centre network varies. For further information on our outpatient therapy services please contact us today.

To make an enquiry:

Call: **0800 840 3219**

Email: info@priorygroup.com

Visit: www.priorygroup.com/wellbeing-centres

If you are a GP/professional and would like to refer a patient, you can contact us to make a referral:

Call: **0800 090 1354**

Email: priory.referral@nhs.net

Visit: www.priorygroup.com/gp-referral

Our secure online form is safe to use and ensures confidentiality for those involved

PRIORY
HEALTHCARE