



Priory Wellbeing Centre Oxford

Priory Wellbeing Centre Oxford offers exceptional outpatient therapy and treatment for a wide range of mental health conditions.

Our flexible outpatient appointments are designed to fit around work and other commitments, meaning that individuals are able to access expert treatment at a time that suits them.

Location and environment

Priory Wellbeing Centre Oxford is conveniently located right in the heart of Oxford's city centre offering a comfortable environment to begin treatment with us.

We are based on the top floor of a bright and airy building providing privacy to each and every one of our patients, and with flexible evening and weekend appointments available, we enable even the busiest of people to access the mental health support that they need.

If it is deemed that more intensive or specialist support is required, we have close clinical links with Priory Hospitals Woking, Woodbourne and Bristol, meaning that we are also able to facilitate a seamless transition to comprehensive inpatient care, if this is required.

Treatment overview

At Oxford, we understand that life can be testing, which is why we are committed to providing the most effective support in facing life's greatest challenges. We also recognise that all individuals have unique mental health needs and as such, we create individually tailored and personalised treatment programmes to improve mental wellbeing and resilience, and produce the best possible outcomes.

At Priory Wellbeing Centre Oxford we provide bespoke and established treatment for a range of mental health conditions, including:

- + Depression
- + Anxiety
- + Stress
- + Addictions
- + Eating disorders
- + Obsessive compulsive disorder (OCD)
- + Post-traumatic stress disorder (PTSD)
- + Attention deficit hyperactivity disorder (ADHD)
- + Autistic spectrum disorders (ASDs)
- + Bereavement and grief counselling
- + Personality disorders
- + Sleep disorders
- + Schizophrenia

Specialist services

We are also able to offer young people's services at Oxford, for individuals under the age of 18 who require support for their mental health challenges. Furthermore, we provide autism and attention deficit hyperactivity disorder (ADHD) assessments for both adults and young people.



Service overview

Mental health treatment and therapy at Oxford consists of individual sessions that patients are able to attend on a session-by-session basis.

We are able to offer a range of therapeutic techniques, which are selected according to unique needs, and delivered by our highly skilled team.

Appointments

Our flexible outpatient appointments, available Monday to Friday, 8.30am – 8.00pm (last appointments at 7.00pm), mean that individuals are able to schedule convenient appointments to fit in with existing commitments.



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Our daughter was finding it increasingly difficult to cope with the challenges of her condition (Asperger syndrome) and the massive social pressures of being a teenage girl... We will always be grateful to the Priory Wellbeing Centre team for helping our daughter to take the initial steps towards good health and happiness.

FATHER OF PATIENT

Specialist team

An individual's mental wellbeing is in safe hands at Priory Wellbeing Centre Oxford; our team of fully accredited consultants and therapists are leaders in this field, and are committed to providing flexible and dedicated support, empowering individuals to improve quality of life. We ensure that we provide the best treatment possible, and deliver the most effective mental health and wellbeing support.

Funding

Priory offers personalised and accessibly-priced treatment packages for individuals who are looking to self-pay for treatment. While we would prefer to receive a GP referral when a patient enters our services, this isn't always essential. We are also an approved provider for all of the UK's leading private medical insurers. If you have private medical insurance, a GP referral may be required by your insurer before treatment can commence. Please liaise directly with your insurer to confirm.

Enquiries and further information

To find out further information or to make a referral into Priory Wellbeing Centre Oxford, please contact our dedicated 24/7 enquiry team:

Telephone: 0808 231 0277

Email: oxfordwellbeing@priorygroup.com

Visit: www.priorygroup.com/oxfordwellbeing

Opening hours: Monday to Friday, 8.30am – 8.00pm
(last appointments at 7.00pm)

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OXFORD