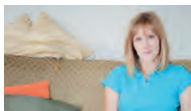


PRIORY

HEALTHCARE

# Priory Wellbeing Centre

Oxford



A REAL AND LASTING DIFFERENCE FOR EVERYONE WE SUPPORT

# Getting lives back on track

**Mental health conditions can have a huge effect on the people experiencing them and their families, friends and loved ones. Priory offers the best available mental health and wellbeing support - every year our private services treat over 10,000 people with mental health issues, and our proven track record in getting lives back on track is unrivalled.**

**PRIORY**



## We can help you with:

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- Anxiety
- Depression
- Stress and resilience
- Child and adolescent mental health
- Eating problems
- Mood swings
- Addictions
- Anger management
- Obsessive compulsive disorder
- Panic attacks
- Relationship problems
- Sexual problems
- Sleep problems

## Tailored treatment

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Every person we support receives a personalised treatment programme. An initial consultation enables our expert team to understand the challenges each individual faces, and to recommend and deliver the best course of treatment.

We also provide access to group therapy sessions. Having therapy in a group environment can have many benefits as it offers a support network and provides the opportunity to meet others experiencing similar concerns.

Together with the therapist and other group members you will be encouraged to share your experiences. This is a very effective type of therapy with proven results.

## Why Priory Wellbeing Centres?

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We employ and work with the country's leading therapists, consultant psychiatrists and psychologists, offering proven outpatient treatments to help manage all mental health conditions.

### **At Priory Wellbeing Centre Oxford we offer:**

- Expert care from the UK's leading independent provider of mental health services
- Fast access to expert treatment
- Complete discretion and confidentiality
- Flexible consulting hours to fit around your work and commitments
- Regulation by the Care Quality Commission, the independent health care regulator, giving you peace of mind

We have close links with Priory hospitals in Woking and Woodbourne, ensuring seamless access to more specialist or intensive services, if required.





## Treatment you would recommend

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- In 2015 there was 98% overall satisfaction with Priory outpatient therapy services
- In 2015 97% of people using our services said they would recommend us to a friend
- In 2015 97% of people using our services said the therapy achieved what they expected



## Accessible pricing

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We offer a range of accessibly-priced treatment and therapy options. Therapy costs start from £107 per hour.

You can pay for therapy directly, or if you have private medical insurance it is likely you will be able to access our services at no additional cost, apart from your policy's excess.



## Information for GPs and healthcare professionals

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Priory has a simple process for GPs who would like to refer a patient, and a GP enquiry team to support you with any queries you may have.

To refer a patient to Priory, simply fill in our online referral form at [www.priorygroup.com/gp-referral](http://www.priorygroup.com/gp-referral)

You can also call the 24/7 GP support line on **0800 090 1354** or email [GP@priorygroup.com](mailto:GP@priorygroup.com)

Alternatively, you can visit our dedicated GP web pages at [www.priorygroup.com/gp](http://www.priorygroup.com/gp)



## Patient feedback

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We provide clear feedback on each patient referred to us by a health professional, initially within seven days of first visit (in line with QOF guidelines), followed by a full post-treatment report to allow timely follow up.

## From April - December 2014:

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**86%** of service users experienced an improvement in their level of anxiety (with a statistically reliable average change score of 6.9) - GAD7

**86%** of service users experienced an improvement in their level of depression (with a statistically reliable average change score of 7.3) - PHQ9

## How to find us

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Priory Wellbeing Centre Oxford,  
Thomas Hull House, Bonn Square,  
Oxford, OX1 2DH

Opening hours: Monday to Friday 8.30am to 8pm  
(last appointments at 7pm)

**For more information or to discuss how we can help,  
please contact us by:**

**Telephone: 01865 262080**

**Fax: 01865 262085**

**Email: [oxfordwellbeing@priorygroup.com](mailto:oxfordwellbeing@priorygroup.com)**

**Web: [www.priorygroup.com/oxfordwellbeing](http://www.priorygroup.com/oxfordwellbeing)**

The entrance to Thomas Hull House can be found within Bonn Square, just off New Inn Hall Street.  
We are a short walk from Globe News Market and across from the Art Cafe.



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