

# Psychiatric intensive care service at Priory Hospital East Midlands

The psychiatric intensive care unit (PICU) at Priory Hospital East Midlands, in Nottinghamshire, supports females in need of emergency support. We work closely with referring Trusts to achieve minimum lengths of stay, and are able to provide an extension to NHS care pathways during times of fluctuating demand.

Our extensive experience of dealing with people with complex needs and challenging behaviours, along with co-existing issues such as a history of substance misuse, puts our new service at the forefront of providing specialised intensive care for females.

The PICU service supports females aged 18 and over with a primary diagnosis of mental illness.

- We manage patients with high levels of risk in a therapeutic and supportive way
- We have a focus on moving patients to a less restrictive environment once mental state and behaviour has stabilised
- The ward has access to seclusion facilities if necessary
- The service provides large spacious single-gender accommodation, therapy and activity space, with access to fresh air via the secure gardens
- The site benefits from excellent transport links, with close proximity to East Midlands airport and main commuter roads including the M1
- We have an experienced, skilled and motivated multidisciplinary team
- Spacious and newly refurbished ward with access to a gym



## Admission criteria

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We will take referrals and provide a response within one hour. Our service has the ability to respond and admit 24 hours a day, 7 days a week.

### Littlemore Ward:

Female patients aged 18 and over who may also:

- Have behaviour and recovery issues related to personality disorder, requiring acute admission in a secure setting
- Present with severe mood disorder and often self-harming behaviour
- Require a more structured low secure environment than can be provided on a general open unit
- Present with an acute psychosis or dual diagnosis with a primary mental illness
- Present significant and continued risk to themselves or others, and who have a high absconsion risk in non-secure acute settings
- Be admitted from A&E, the judicial system, other PICUs, community services and other mental health settings and wards



Contact us:

To make a referral please call **0800 090 1356**.  
For further information you can also contact  
the hospital directly on **01623 727 900** or  
email **[prioryenquiries@nhs.net](mailto:prioryenquiries@nhs.net)**

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