

Child and adolescent attention deficit hyperactivity disorders (ADHD)

Priory offers a range of outpatient therapies to provide the best possible treatment for mental health conditions.

The information below provides you with the clinical specification for our child and adolescent ADHD treatment, along with outcome measures, ongoing care options and details of the therapy itself.

We strive to deliver innovative treatment plans which can be paid for on a session-by-session basis. The prices at our wellbeing centres are as follows:

- 1:1 therapy starts from £109 per session (£132 in London)
- Consultant psychiatrist assessments start from £300
- Consultant psychiatrist follow-ups start from £150
- Group therapy starts from £65 per session (£77 in London)

Priory also offers an outpatient package for child and adolescent ADHD, which provides a fixed price, includes a discount and provides you with certainty of cost for your initial treatment programme.

A simple GP referral process with 24/7 support

We have a simple process for GPs who would like to refer a patient, and our GP enquiry team can support you with any queries that you may have.

To make an online referral, visit [priorygroup.com/gp-referral](https://www.priorygroup.com/gp-referral)

The treatment that is offered across our wellbeing centre network varies. To discuss which Priory facility offers this specialism, please contact us today:

Call our 24/7 GP support line on 0800 090 1354

Email priory.referral@nhs.net

Fax 0844 770 6206

For more information visit [priorygroup.com/gp](https://www.priorygroup.com/gp)

Referrer guidance	<ul style="list-style-type: none"> + ADHD affects approximately 5% of school age children and can present prior to the school age. There is good evidence base to demonstrate that appropriate medication in combination with behavioural strategies can reduce hyperactivity, impulsivity and inattentiveness in children with ADHD. These interventions enable the child to be more attentive in class and lead to a better quality of life for the child and often their families. The aim of this specification is to provide the referrer with information regarding the specialist diagnostic service and therapeutic interventions that can be offered by Priory
Goals of assessment and treatment	<ul style="list-style-type: none"> + To provide an easily accessible, seamless service for young people who have symptoms suggestive of ADHD, to include assessment, diagnosis and comprehensive management, with support from other agencies where appropriate + To reduce symptoms severity and improve level of functioning and quality of life for the young person and their families + To safely monitor any medication prescribed
Referral criteria	<ul style="list-style-type: none"> + Any concerns about development or behaviour in young children, especially with regards to hyperactivity, inattention, distractibility, or impulsiveness but issues may include social skills and motor skills deficits or where there are problems with functional skills or daily living skills + A previous diagnosis of ADHD with or without co-morbidity, requiring further assessment, monitoring or treatment + Please include in the referral information: <ul style="list-style-type: none"> - Concerns and symptoms of suspected ADHD - State clearly the suspected diagnosis - State the lead health professional involved with the child/young person. - Should include (pre school), educational psychologist and CAF reports - State social services involvement if applicable - Include relevant history/observations - Include developmental (pre school) screening reports and rating scales - All interventions tried in the community/school and ongoing support and for how long

Evidence base: NICE or other guidance / references	<ul style="list-style-type: none"> + “NICE” and the “National Collaborating Centre for Mental Health” published a guideline on the diagnosis and management of ADHD in children, young people and adults in September 2008. Key recommendations from the pathway include the importance of ensuring that there are specialist ADHD teams for children, young people
Team	<ul style="list-style-type: none"> + Diagnosis: <ul style="list-style-type: none"> - Questionnaires/rating scales are sent out for completion by carer, school and child (if appropriate) and results assessed by a psychologist - Full psychiatric history is taken - Observation assessment by a member of the multi-disciplinary team in school and home, if considered necessary, to ensure adequate assessment - Follow-up psychiatric appointment to discuss diagnosis and management - A referral to a paediatrician may be required if complex physical health issues suspected in the co-morbidity + Post diagnosis: <ul style="list-style-type: none"> - Regular psychiatric follow-up (30 minute reviews). If on medication, frequency determined by response and side effects, likely to require 4 twice-weekly 30 minute reviews initially then 3 monthly follow-up appointments - Psychologist, occupational therapist, family therapist as required for individual therapeutic input post diagnosis (bespoke packages dependant on individual needs) - Liaison with other agencies involved by a multi-disciplinary team member if deemed appropriate - Physical health monitoring may be requested, under consultant guidance from the GP or require a referral to a paediatrician
Time	<ul style="list-style-type: none"> + Diagnosis: <ul style="list-style-type: none"> - Psychological assessment of results of rating scales: 30 minutes (non face-to-face time) - Full psychiatric history: 90 minutes - School or home based observation: 1-2 hours per observation) - Psychiatric appointment to discuss diagnosis and future management: 60 minutes + Post diagnosis: <ul style="list-style-type: none"> - 30 minute sessions on an individual bespoke basis - Liaison with multi-agencies may be via telephone or face-to-face contact: 30-60 minute sessions dependant on individual need
Process of care	<ul style="list-style-type: none"> + Diagnostic assessment + Medication management + Bespoke packages of care tailored to individual areas of need post diagnosis (may include family therapy, psychology input, occupational therapy input)
Outcome measure	<ul style="list-style-type: none"> + Patient satisfaction survey + HoNOSCA and CGAS
Options for ongoing care	<ul style="list-style-type: none"> + Further outpatient care + Multi-agency meetings + Discharge to GP + Discharge to CAMHS + Discharge to GP and signpost to voluntary sector organisations

Priory offers an extensive number of evidence-based therapy treatments for a range of conditions.

Because every individual is unique we have a bespoke approach to helping people through their most difficult times, offering mental health assessments, individual, group and family therapies. Not all of these interventions will be appropriate or necessary for all people and collaborative tailored treatment options will be explored with referrals at the first assessment.

First, we assess and understand the particular needs of a person and then recommend an appropriate course of treatment that is underpinned by clinical specifications based on the latest research and guidance.