

Child and adolescent attention deficit hyperactivity disorder (ADHD)

Priory Therapy Services

What is child and adolescent ADHD?

Child and adolescent ADHD describes the behaviours displayed by children who are extremely restless, energetic, impatient and easily distracted. Short attention spans make it difficult for those with ADHD to concentrate properly at school or at home. Children with ADHD will have difficulties sleeping, fitting in with peers and socialising.

While the exact cause of ADHD is unknown, research has suggested that people with ADHD have differences in parts of their brain which deal with impulse and focus. There is also a strong evidence to suggest that there may be a genetic element. Other evidence suggests that symptoms can be due to poor diet.



What are the symptoms of ADHD?

ADHD can have a big impact on various aspects of an individual's life. Common problems include finding it difficult to concentrate in school and can negatively affect life at home. Other symptoms include:

- + Easily distracted
- + Excessive talking
- + Struggling to hold attention
- + Tendency to interrupt
- + Difficulty listening
- + Losing things
- + Restlessness and clumsiness
- + Emotional immaturity
- + Poor discipline and lack of fear

Schools can help to identify potential problems – if, for example, your child's learning is hindered by a lack of concentration, and if they become particularly aggressive or competitive with other children. Impaired social skill development as well as speech and language problems are also key indicators. Although developmental skills are slowed down, it is important to note that ADHD is not linked to intelligence. Any child can be affected.





Outpatient therapy packages

Priory also offers an **outpatient package for child and adolescent ADHD** which is only available at our wellbeing centres. This includes **four x 1:1 therapy sessions** – the number recommended under national guidelines. There is a fixed price for this package which includes a discount, providing you with certainty of cost for your initial treatment programme.

A further discount is available on additional therapy sessions at the end of your treatment package, should you need them.

All treatment can be accessed promptly via self-pay or private medical insurance (PMI). We work with most of the leading PMI companies – check your policy to see what cover is available to you.

How can Priory help?

Priory works with worldwide leading mental health professionals and our proven record of helping people to get their lives back on track is unrivalled.

Using the latest evidence-based practices, our experts offer bespoke therapies, tailored to your individual needs. We follow recommended national guidelines and include robust regulation both in terms of the specialist team and treatment the delivered.

Priory's outpatient facilities offer a friendly and relaxing setting that is ideal for high quality mental health treatment. Appointment times are flexible and can be offered around work time, which may include evenings and Saturdays.

Our wellbeing centres have strong links to their local Priory hospitals allowing for a wider support network and movement into inpatient or day care if required.

Pricing

At your first appointment, our experts will listen very carefully to your needs. A plan that you are happy and comfortable with, will then be formed. This will be reviewed regularly to ensure that progress is being made and can be amended as necessary.

We deliver innovative treatment plans which can be paid for on a session-by-session basis. The prices at our wellbeing centres are as follows:

- + 1:1 therapy starts from £107 per session
- + Consultant psychiatrist assessments start from £300
- + Consultant psychiatrist follow-ups start from £150
- + Group therapy starts from £64 per session

86%

of patients undergoing therapy saw a reduction in their levels of anxiety

85%

of patients undergoing therapy saw a reduction in their levels of depression

100%

of patients were satisfied with the overall quality of care received

98%

of patients would recommend us to a friend

Get in touch

The treatment offered across our wellbeing centre network varies. To discuss which Priory facility offers this specialism, please contact us today:

Call: 0800 840 3219

Email: info@priorygroup.com

Visit: [priorygroup.com](https://www.priorygroup.com)