

Early identification of medically unexplained symptoms (MUS)

Priory Therapy Services

What is MUS?

MUS are persistent bodily complaints for which adequate examination does not reveal sufficient explanation and the symptoms have no obvious cause. Anxious people are generally more prone to MUS as well as those who suffer from depression or are otherwise sensitive to distress. In addition, MUS can affect:

- + Those who may have experienced overprotective parents
- + Those with a history of childhood difficulties
- + Females have a higher tendency to have MUS than males

Priory believes that the unnecessary worry and discomfort for a patient with MUS could be managed if they are referred and an investigation takes place at an early stage. This could also save unnecessary costs to health services.



What are the symptoms of MUS?

There are three main types of persistent bodily complaints which affect those with MUS:

- + Pain in different locations
- + Functional disturbance of organ systems
- + Complaints of fatigue or exhaustion

These symptoms should be considered by GPs in all patients with three or more months of complaints affecting functioning without cause.

Life events can cause MUS, particularly those involving a forced choice of undesirable experiences. A poor or absent relationship with a GP can also increase symptom reporting and consultation rates.



Outpatient therapy packages

Priory also offers an **outpatient package for MUS**. To ensure that we create the most appropriate treatment plan for your needs, we suggest attending one therapy session to begin with, which will act as an initial assessment. We can then tailor your therapy package to your needs.

A further discount is available on additional therapy sessions at the end of your treatment package, should you need them.

All treatment can be accessed promptly via self-pay or private medical insurance (PMI). We work with most of the leading PMI companies – check your policy to see what cover is available to you.

How can Priory help?

Priory works with worldwide leading mental health professionals and our proven record of helping people to get their lives back on track is unrivalled.

Using the latest evidence-based practices, our experts offer bespoke therapies, tailored to your individual needs. We follow recommended national guidelines and include robust regulation both in terms of the specialist team and treatment the delivered.

Priory's outpatient facilities offer a friendly and relaxing setting that is ideal for high quality mental health treatment. Appointment times are flexible and can be offered around work time, which may include evenings and Saturdays.

Our wellbeing centres have strong links to their local Priory hospitals allowing for a wider support network and movement into inpatient or day care if required.

Pricing

At your first appointment, our experts will listen very carefully to your needs. A plan that you are happy and comfortable with, will then be formed. This will be reviewed regularly to ensure that progress is being made and can be amended as necessary.

We deliver innovative treatment plans which can be paid for on a session-by-session basis. The prices at our wellbeing centres are as follows:

- + 1:1 therapy starts from £107 per session
- + Consultant psychiatrist assessments start from £300
- + Consultant psychiatrist follow-ups start from £150
- + Group therapy starts from £64 per session

86%

of patients undergoing therapy saw a reduction in their levels of anxiety

85%

of patients undergoing therapy saw a reduction in their levels of depression

100%

of patients were satisfied with the overall quality of care received

98%

of patients would recommend us to a friend

Get in touch

The treatment offered across our wellbeing centre network varies. To discuss which Priory facility offers this specialism, please contact us today:

Call: 0800 840 3219

Email: info@priorygroup.com

Visit: [priorygroup.com](https://www.priorygroup.com)