



Priory Lakeside View

Francesca's* story

Francesca* has been known to mental health services since the age of 12, presenting with mood disorders, self-harming and suicide attempts. She experienced many placement breakdowns, including being sectioned under the Mental Health Act at a high dependency unit, being rehabilitated on an open ward and being transferred to specialist 24 hour supported accommodation for young females between the ages of 13 to 21.

Throughout all placements, Francesca would abscond, fail to engage in therapy or education opportunities, refuse to eat, and would always be verbally aggressive towards staff.

Francesca was admitted to Lakeside View in January 2017 having been transferred by staff at the Royal Infirmary, where she was recovering from extreme illness due to weight loss.

The care team at Lakeside View worked with Francesca to return her to a normal weight,

through a combination of dialectical behaviour therapy (DBT), allied group therapy interventions, joint working with the gastrointestinal department at New Cross Hospital Wolverhampton, and appropriate medication assessment.

Dedicated care and engagement in therapy allowed Francesca to return to an appropriate level of good overall wellbeing and her care shifted to community/future-based interventions such as community skills, real work opportunities and the development of wellness relapse action plans, working closely with her family and future care team.

Lakeside View worked closely with her father and home team to help discharge her to a new home team, closer to where her father lived. This also required close working with the new team and considerable co-ordination of resources. Francesca was made informal a year later and continued to engage with the care team at Lakeside View, her care co-ordinator and new community team. She was successfully discharged in April 2018.

*Patient's name has been changed to protect their identity. Priory Group UK 1 Limited, 80 Hammersmith Road, London, W14 8UD. Company Registration Number: 09057543