



Harley Street

Priory Wellbeing Centre Harley Street, in the heart of London's prestigious medical district, offers outstanding mental health support in a purpose designed environment. This allows us to offer our patients fast access to the best possible treatment experience from leading experts in their field.

Location and environment

Located near Oxford Street and Regent Street, Priory Wellbeing Centre Harley Street provides a friendly, welcoming and modern environment whilst offering complete discretion and confidentiality.

Our wellbeing centre specialist team provides patients with the flexibility of convenient outpatient appointments from 7:45am to 8:30pm, enabling patients to plan their treatment around work commitments.

We have close links and clinical support from the following Priory hospitals, North London, Roehampton, Woking, Life Works, Chelmsford and Hayes Grove, should additional or more intensive support be required.



Specialist mental health support

Our team of psychiatrists, psychologists, therapists and other healthcare professionals have expertise in treating a wide variety of mental health conditions, including:

- + Depression
- + Stress
- + Anxiety
- + Addiction
- + Obsessive compulsive disorder (OCD)

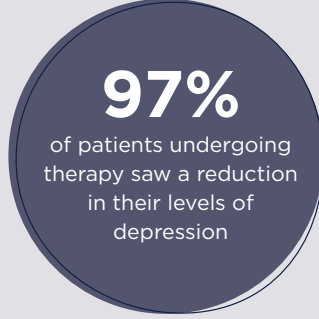
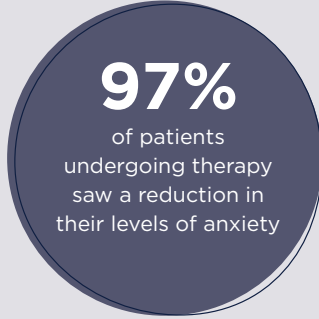
Treatments

Treatment is tailored to the specific needs of the individual, ensuring the best possible outcomes, and includes:

- + Individual or group therapy accessed on a session-by-session basis, or through our outpatient packages
- + Outpatient service for children from twelve years old, including psychometric testing
- + Attention deficit hyperactivity disorder (ADHD) assessments

We are able to offer specialised and novel, best-practice treatment including:

- + Eye movement desensitisation and reprocessing (EMDR)
- + Occupational psychology coaching
- + Cognitive behavioural therapy (CBT)
- + Acceptance and commitment therapy (ACT)
- + Mindfulness based therapy (MBT)
- + Compassionate focused therapy (CFT)
- + Repetitive transcranial magnetic stimulation (rTMS), a safe, painless and non-invasive treatment for depression using magnetic fields to stimulate areas of the brain



Patient profile

- + Provides services for both adults and young people
- + People looking for convenient and flexible outpatient appointments
- + Patients that want to avoid a hospital environment and access treatment in the prestigious Harley Street medical area
- + Those looking for treatment packages that offer certainty of price for a fixed number of 1:1 therapy sessions, including discounted rates

Parenthood, pregnancy and family (PPF) service

We offer psychiatric and psychological support and treatment during this significant phase of life, including fertility and pregnancy related issues, preparation for parenthood, support in the development of early family relationships and specialist treatment for a range of mental health problems in the perinatal period.



Specialist team

The specialist team at Harley Street includes renowned and published experts in their field; all have close links to Priory Hospital sites.

- + **Dr Leon Rozewicz** - Harley Street Medical Director, adult ADHD, mood disorders, PTSD, rTMS specialist
- + **Dr Vik Watts** - addictions
- + **Dr Kathryn Hollins** - pregnancy, parenthood and early family relationships
- + **Dr Paul McLaren** - addictions
- + **Dr Paul Bester** - young people's mental health
- + **Dr Lucinda Green** - perinatal mental health
- + **Professor Amanda Ramirez** - liaison psychiatry
- + **Dr Ragini Bahry** - young people's mental health
- + **Dr Chetna Kang** - adult psychiatry
- + **Dr Jaya Gowrisunkur** - adult psychiatry

Funding

Priory offers personalised and accessibly-priced treatment packages for individuals who are looking to self-pay for treatment.

We are also an approved provider for all of the UK's leading private medical insurers. If you have private medical insurance, a GP referral may be required by your insurer before treatment can commence. Please liaise directly with your insurer to confirm.

Enquiries and further information

To contact Priory Wellbeing Centre Harley Street directly, call **0207 079 0555**, or email harleystreet@priorygroup.com
 You can also find out more information by visiting www.prioryharleystreet.co.uk
 Alternatively you can call our 24/7 enquiry line on **0800 840 3219**.