



Priory Wellbeing Centre Fenchurch Street

Consultant and Therapist list

Priory Wellbeing Centre on Fenchurch Street is centrally located in the City of London. We provide a discreet, confidential environment to address any mental health concerns that are impacting on your quality of life. With close links to Priory Hospitals North London, Roehampton, Hayes Grove and Woking, we ensure a seamless transition if required. Our expert multidisciplinary team can provide flexible consulting hours to fit around patients' schedules.

Consultants

Name	Qualifications	Specialties	Outpatient clinics
<p>Dr Nathan Anthony Adult Consultant Psychiatrist</p> 	<p>MB BS Bsc MRCPsych</p>	<ul style="list-style-type: none"> • Addictions • Anxiety • Bipolar disorder • Borderline personality disorder (BPD) • Depression • Eating disorders • Panic attacks • Phobias • Psychoses • Schizophrenia • Sex addiction and obsession • Shopping addiction (oniomania) treatment • Post-traumatic stress disorder (PTSD) 	<p>Priory Wellbeing Centre Fenchurch Street</p>
<p>Dr Ralph Littlejohn Child and Adolescent Consultant Psychiatrist</p> 	<p>MBBS FRCPsych</p>	<ul style="list-style-type: none"> • Adult attention deficit hyperactivity disorder (ADHD) • Anger management • Depression • Obsessive compulsive disorder (OCD) • Panic attack treatment • Phobias 	<p>Priory Wellbeing Centre Fenchurch Street Priory Hospital Chelmsford Priory Wellbeing Centre Harley Street</p>

Contact us

Priory Wellbeing Centre Fenchurch Street, 150-152 Fenchurch Street, London, EC3M 6BB
 Tel: 0203 582 8670 | Fax: 0207 398 2919 | Email: Fenchurch@priorygroup.com
 Visit: www.priorygroup.com/fenchurch



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<p>Dr Paul McLaren Consultant Psychiatrist</p> 	<p>MBBS MA Physiological Sciences, BA Physiological Sciences MRCPsych</p>	<ul style="list-style-type: none"> • Addictions • Affective disorders • Anxiety treatment • Bereavement counselling • Bipolar disorder • Body dysmorphic disorder (BDD) • Depression • Mental health treatment 	<p>Priory Wellbeing Centre Fenchurch Street Priory Hospital Hayes Grove Priory Ticehurst House</p>
<p>Dr Judith Mohring Consultant Psychiatrist</p> 	<p>MBBS, MA (Canteb), DCH, MRCPsych CCST in General Adult & Rehabilitation Psychiatry</p>	<ul style="list-style-type: none"> • Anxiety disorders • Bipolar disorder • General adult and rehabilitation psychiatry • Management of depression • Mild to moderate eating disorders • OCD • Personality disorders • Schizophrenia • Substance misuse 	<p>Priory Wellbeing Centre Fenchurch Street</p>
<p>Dr Skirma Povilenaite Consultant Child & Adolescent Psychiatrist</p> 	<p>Doctor Paediatrician Child and Adolescent Psychiatrist MA in Psychodynamic Approaches to Working with Adolescents</p>	<ul style="list-style-type: none"> • ADHD • Affective disorders • Autism and Asperger syndrome • Anxiety • Attachment disorder • Behavioural, emotional, social and psychological difficulties • Depression • Oppositional defiance Disorder • PTSD • Learning disabilities • OCD • Panic attacks • Self-harm • Somatoform disorder • Trauma 	<p>Priory Wellbeing Centre Fenchurch Street and Priory Hospital Chelmsford Priory Wellbeing Centre Harley Street</p>

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<p>Ellie Roberts Consultant Psychoanalytic Psychotherapist</p> 	<p>M Psych. Psych Tavistock Psychoanalytic Psychotherapist for Children and Adolescents- ACP Lead Child and Adolescent Psychoanalytic Psychotherapist for Oxfordshire and Buckinghamshire -Oxford Health NHS Trust Psychoanalytic Psychotherapist for Adults -BAP Diploma in Leadership Member of BPC</p>	<ul style="list-style-type: none"> • Attachment Disorders • Autism • Behavioural Issues/ criminality • Depression • Gender disorders • General ennui • Long-term analysis • Mother and infant mental health treatment • OCD • Personality Disorders • Phobias • Short-term Interventions • Trauma 	<p>Priory Wellbeing Centre Fenchurch Street Priory Wellbeing Centre Harley Street Canterbury Clinic</p>
<p>Dr Angie Stevens Child and Adolescent Consultant Psychiatrist</p>	<p>MBBS MRCPsych</p>	<ul style="list-style-type: none"> • ADHD • Anxiety • Autistic spectrum disorder • Depression • Learning disability • Neurodevelopmental disorders 	<p>Canterbury Clinic Priory Wellbeing Centre Fenchurch Street Priory Hospital Hayes Grove</p>
<p>Dr Vik Watts Consultant Psychiatrist - Adult</p> 	<p>BSc MBBS MRCPsych</p>	<ul style="list-style-type: none"> • Addictions • Affective disorders • Agoraphobia • Alcohol addiction treatments • Anger management • Anxiety treatment • Bereavement counselling • Bipolar disorder • Mental health treatment 	<p>Priory Hospital North London Priory Wellbeing Centre Fenchurch Street Priory Wellbeing Centre Harley Street</p>



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<p>Dr Kate Worsdall Consultant General Adult Psychiatrist</p> 	MB ChB, MRCPsych	<ul style="list-style-type: none"> • Affective disorders • Addictions • Anxiety • Attachment disorder • Bereavement and grief • Bipolar disorder • BPD • Depression • OCD • Phobias • Postnatal depression (PND) • Psychoses • PTSD • Schizophrenia • Seasonal affective disorder (SAD) • Self-harm • Sleep therapy • Somatoform disorder • Stress • Trauma 	<p>Priory Wellbeing Centre Fenchurch Street Priory Hospital Hayes Grove</p>
<p>Dr Max Zoettl Consultant Psychiatrist - Adult</p> 	Medical State Exam (Germany), Psychiatrist and Psychotherapist (Germany)	<ul style="list-style-type: none"> • Addiction • Affective disorders • Agoraphobia • Anger management • Anxiety • Bereavement and grief counselling • Bipolar disorder • Depression • OCD • Panic attacks • Phobias • PTSD • SAD • Schizophrenia • Stress • Transcultural mental health issues • Trauma 	<p>Priory Wellbeing Centre Fenchurch Street Priory Wellbeing Centre Canterbury</p>

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Therapists


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<p>Dr Milena Batalovic Counselling Psychologist</p> 	<p>Doctorate in Counselling Psychology, BSc (hons) Psychology, BPS chartered psychologist, HCPC registered counselling psychologist</p>	<ul style="list-style-type: none"> • Anger problems • Anxiety and panic • Depression and unhappiness • Existential crisis • Life transitions • OCD • Relationship issues • Stress and burnout 	<p>Priory Wellbeing Centre Fenchurch Street Priory Wellbeing Centre Harley Street</p>
<p>Petra Breiner Psychotherapist</p> 	<p>Honours Bachelor of Science (HBSc.) Master of Counselling (MC), Counselling Psychology Accredited Registrant, National Counselling Society</p>	<ul style="list-style-type: none"> • Addictions • Adult mental health • Anger management • Anxiety • Bereavement • Bipolar • Depression • OCD • Personality disorders • Phobias • PTSD • Self-harm • Sleep disorders • Stress • Young people's mental health treatment 	<p>Priory Wellbeing Centre Fenchurch Street</p>
<p>Melissa Butler Counselling Psychologist</p>	<p>Doctorate in Counselling Psychology Cognitive Behavioural Therapy Level 2 Postgraduate Diploma in Mental health Practice BSc Psychology</p>	<ul style="list-style-type: none"> • Addictions • Adult mental health • Anxiety • Depression • Eating disorders • Gender dysphoria • OCD • Psycho-sexual issues • PTSD 	<p>Priory Wellbeing Centre Fenchurch Street</p>

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Name	Qualifications	Specialties	Outpatient clinics
<p>Bhavna Desai Counselling Psychologist HCPC registered Psychologist</p>	<p>MSc. Counselling Psychology, Dialectical Behaviour Therapist (Cert.), Group Schema Therapist (Cert.)</p>	<ul style="list-style-type: none"> • Anxiety disorders • Bereavement • Bulimia nervosa • Cognitive behavioural therapy (CBT) for trauma • Depression • Managing difficult emotions • Mindfulness • OCD • Pain management • Relationship difficulties • Self-esteem and assertiveness • Sleep hygiene and insomnia • Stress 	<p>Priory Hospital Hayes Grove Priory Wellbeing Centre Fenchurch Street</p>
<p>Amyas Doulton CBT Therapist</p>	<p>Msc Psychology PG Dip Cognitive Behavioural Therapy Psychology Bridging course PG Dip Occupational Therapy</p>	<ul style="list-style-type: none"> • Adult mental health • Addictions • Anxiety • Bereavement • Depression • Personality Disorders • Phobias • PTSD • Self-harm 	<p>Priory Wellbeing Centre Fenchurch Street</p>
<p>Dr Maria Gutierrez-Ros Consultant Clinical Psychologist</p> 	<p>BSc in Clinical Psychology Diploma in Behavioural Therapy MSc in Psychiatry and Clinical Psychology Doctorate in Clinical Psychology</p>	<ul style="list-style-type: none"> • Anxiety • Behavioural, emotional and social difficulties • Bipolar disorder • Depression • OCD • Phobias • PTSD • Schizophrenia • Stress 	<p>Priory Wellbeing Centre Fenchurch Street Priory Hospital Hayes Grove</p>

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Name	Qualifications	Specialties	Outpatient clinics
Dr Clemency Jacques Counselling Psychologist	Doctorate of Counselling Psychology, City University, London, 2018 MSc Research Methods in Psychology, UCL, London, 2008 MSc Theoretical Psychoanalytic Studies, UCL, London, 2006 BSc Psychology, Goldsmiths University, London, 2005 Diploma in Online Psychotherapy, Academy of	<ul style="list-style-type: none"> • Addictions • Adult mental health • Anxiety • Bereavement • Chronic fatigue syndrome • Depression • Drug induced psychosis • Gender dysphoria • Medically unexplained symptoms (MUS) • Phobias • PTSD • SAD • Sleep disorders • Stress • Treatment resistant depression 	Priory Wellbeing Centre Fenchurch Street
Beverly Knight Counselling Psychologist 	BA (Psychology) (Hons), Post Graduate Certificate in Counselling Studies Member of British Psychological Society (MBPsS) HCPC Registered Counselling Psychologist Member of EMDR Association UK and Ireland	<ul style="list-style-type: none"> • Anxiety • Depression • Panic attacks • Perinatal depression • Trauma • Working with adolescents • Workplace stress and burnout 	Priory Wellbeing Centre Fenchurch Street Priory Wellbeing Centre Harley Street
Ella Knight Cognitive Analytic Therapist (CAT) UKCP Psychotherapist and Supervisor 	Cognitive Analytic Therapy UKCP Psychotherapist (ACAT) Registered ACAT Supervisor PG Diploma in Drama and Movement Therapy HPC (BADTH) Registered Creative Arts Supervisor (CAST)	<ul style="list-style-type: none"> • Anorexia nervosa • Anxiety • Atypical eating disorders • Bereavement • Binge eating • Bipolar disorder • Body dysmorphic disorder (BDD) • Bulimia nervosa treatment • Depression • Eating disorders • Personality disorder • Postnatal depression • Relational • Transcultural mental health issues • Trauma 	Priory Wellbeing Centre Fenchurch Street

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Name	Qualifications	Specialties	Outpatient clinics
Catrina Lewis Psychologist	MA Psychotherapy MSc Psychology PG Diploma CBT EMDR Level 1-3	<ul style="list-style-type: none"> • Addictions • Adult mental health • Anxiety • Bereavement • Depression • Eating Disorders • PTSD • Stress • Weight loss/weight management problems 	Priory Wellbeing Centre Fenchurch Street
Niamh Maguire Cognitive Behavioural Therapist 	BSc Psychology and Social Welfare Postgraduate Certificate in Counselling Postgraduate Diploma in Cognitive Behavioural Therapy	<ul style="list-style-type: none"> • CBT • General mental health • OCD • PTSD • Therapeutic focus 	Priory Wellbeing Centre Fenchurch Street
Gary Marshall Integrative therapist/ CBT Schema therapist / Psychotherapist 	MSc 3rd year Transactional Analysis. Postgraduate Diploma Integrative Therapy. Diploma CBT. Certified Schema therapist. BACP Accredited Psychotherapist. FADP Accredited Addictions Therapist	<ul style="list-style-type: none"> • Addiction • Anger issues • Anxiety • Bulimia • CBT • Childhood trauma • Depression • Person-centred transactional analysis • Psychodynamic • PTSD • Relational issues • Suicidal ideation • Self-harm 	Priory Wellbeing Centre Fenchurch Street

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Elaine Morrow CBT Therapist	BSc (Hons) Psychology and Health and Social Care Postgraduate Diploma in Cognitive Therapy (CBT)	<ul style="list-style-type: none"> • ADD • ADHD • Adult mental health • Anxiety • Bereavement • Depression • Eating disorders • OCD • Phobias • PTSD • Stress 	Priory Wellbeing Centre Fenchurch Street
Charlotte Parkin Psychotherapist 	MSc in Addiction Psychology and Counselling, BA (Hons), RAPT Group Therapy Certificate, FDAP	<ul style="list-style-type: none"> • Affective disorders • Anger • Anxiety • Behavioural and process addictions • Behavioural disorders including food • Co-dependency • Depression • Developmental trauma • OCD • Self-esteem and assertion • Social anxiety and relational difficulties • Stress management 	Priory Wellbeing Centre Fenchurch Street Priory Wellbeing Centre Harley Street
Dr. Chris Papakyriakopoulos Highly Specialist Individual, Couple and Family Systemic Psychotherapist 	Ph.D in Psychology, MSc in Family & Systemic Psychotherapy, Postgraduate Diploma in Systemic Practice with Families and Couples	<ul style="list-style-type: none"> • Anger outbursts • Anxiety • Child/adolescent behaviour and/or emotional problems • Communication breakdown • Couple and relationship therapy • Depression • Employment issues • Family therapy • Job dissatisfaction • Loneliness • Low mood • Relationship hopelessness • Systematic therapy 	Priory Wellbeing Centre Fenchurch Street Priory Hospital Hayes Grove Priory Wellbeing Centre Harley Street

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<p>Christos Papalekas CBT/REBT/EMDR Psychotherapist Counselling Psychologist (HCPC Registered)</p> 	<p>Bsc Psychology, PGDip Psychology, Certificate in Counselling, Msc Sociology, Msc Rational Emotive Cognitive Behavioral Therapy, Diploma EMDR, Certificate Psychodrama Diploma and extensive professional training in ACT (Acceptance and Commitment Therapy). Certificate in Mindfulness Based Cognitive Therapy (MBCT)</p>	<ul style="list-style-type: none"> • Anger management • Anxiety disorders • Depression • Dysregulation • Emotional • OCD • Panic disorders • Self-esteem • Self-harm 	<p>Priory Wellbeing Centre Fenchurch Street Priory Hospital Roehampton</p>
<p>Dr Ana Reis Clinical Psychologist</p>	<p>Registered Psychologist by the Health and Care Professions Council</p>	<ul style="list-style-type: none"> • Affective disorders • Anger management • Bereavement • Binge eating • Depression • Gambling addiction • Gender dysphoria • Internet addiction • Neuro disability • Personality disorder • Phobias • Postnatal depression • Prescription drug addiction • Psychoses • PTSD • Rehabilitation and recovery services • SAD • Schizophrenia • Self-harm • Sex addiction • Sexual dysfunction • Shopping addiction • Sleep disorders • Somatoform disorder • Stress • Stroke • Transcultural mental health issues • Trauma 	<p>Priory Wellbeing Centre Fenchurch Street Priory Hospital North London Priory Wellbeing Centre Harley Street</p>

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<p>Dr Nicky Rogal Consultant Psychologist and Psychotherapist</p> 	<p>BSc MSc Phd ACAT HCPC British Psychological Society</p>	<ul style="list-style-type: none"> • Anxiety • Depression • Eating disorders • OCD • Relationship difficulties 	<p>Priory Wellbeing Centre Fenchurch Street</p>
<p>Dr Shani Ram Du Sautoy Counselling Psychologist</p> 	<p>Doctorate in Counselling Psychology</p>	<ul style="list-style-type: none"> • Bereavement and loss • BPD • Chronic depression • Couples and relationship therapy • Life transitions • Mindfulness-based interventions (MBCT, DBT, ACT) 	<p>Priory Wellbeing Centre Fenchurch Street Priory Hospital North London Priory Wellbeing Centre Harley Street</p>
<p>Carlos Rodrigo Sanz Psychologist</p> 	<p>BSc (Hons) Psychology</p>	<ul style="list-style-type: none"> • Autism • Clinical psychology • Family mediation • General mental health • Memory • Psychodynamic • Psychological testing • Self-harm • Sexuality • Violence 	<p>Priory Wellbeing Centre Fenchurch Street Priory Hospital Hayes Grove Priory Wellbeing Centre Harley Street</p>
<p>Andrea Sartor Counselling Psychologist</p>	<p>Master's degree in Marriage and Family Therapy/ Counselling (2009-2011) obtained at Argosy University in Salt Lake City, Utah. Bachelor of Applied Science in Psychology (2006-2009) obtained at Westminster College in Salt Lake City, Utah</p>	<ul style="list-style-type: none"> • Adult mental health treatment • Young people's mental health treatment 	<p>Priory Wellbeing Centre Fenchurch Street</p>

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<p>Disree Shaw CBT/REBT Therapist</p> 	<p>National Counselling Society Advanced Diploma in Psychotherapeutic Counselling Hypnotherapy society Diploma in Hypnotherapy College of Cognitive Behaviour therapies Advanced Diploma in CBT/REBT Cognitive Behaviour Therapy/ Rational Emotive Behavioural Therapy</p>	<ul style="list-style-type: none"> • ADHD • Adult mental health • Anger management • Anxiety • Asperger syndrome • Attention Deficit Disorder (ADD) • Autism • Autistic spectrum disorders • Bereavement • Depression • Stress • Young people's mental health treatment 	<p>Priory Wellbeing Centre Fenchurch Street Priory Hospital Hayes Grove Priory Wellbeing Centre Harley Street</p>
<p>Deon van Zyl Consultant Clinical Psychologist</p> 	<p>BA (Hons) MA (Clin Psych) CPsychol</p>	<ul style="list-style-type: none"> • Anxiety • CBT/ACT • Neuropsychological • Personality assessment • Psychological therapies • PTSD • Psychodynamic therapy 	<p>Priory Wellbeing Centre Fenchurch Street Priory Wellbeing Centre Canterbury</p>

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