



Harley Street

Priory Wellbeing Centre Harley Street, in the heart of London's prestigious medical district, offers outstanding mental health support in a purpose designed environment. This allows us to offer our patients fast access to the best possible treatment experience from leading experts in their field.

Location and environment

Located near Oxford Street and Regent Street, Priory Wellbeing Centre Harley Street provides a friendly, welcoming and modern environment whilst offering complete discretion and confidentiality.

Our wellbeing centre specialist team provides patients with the flexibility of convenient outpatient appointments from 7:45am to 8:30pm, enabling patients to plan their treatment around work commitments.

We have close links and clinical support from the following Priory hospitals, North London, Roehampton, Woking, Life Works, Chelmsford and Hayes Grove, should additional or more intensive support be required.



Specialist mental health support

Our team of psychiatrists, psychologists, therapists and other healthcare professionals have expertise in treating a wide variety of mental health conditions, including:

- + Depression
- + Stress
- + Anxiety
- + Addiction
- + Obsessive compulsive disorder (OCD)
- + Perinatal wellbeing

Treatments

Treatment is tailored to the specific needs of the individual, ensuring the best possible outcomes, and includes:

- + Individual or group therapy accessed on a session-by-session basis, or through our outpatient packages
- + Outpatient service for children from twelve years old, including psychometric testing
- + Attention deficit hyperactivity disorder (ADHD) assessments

We are able to offer specialised and novel, best-practice treatment including:

- + Eye movement desensitisation and reprocessing (EMDR)
- + Occupational psychology coaching
- + Cognitive behavioural therapy (CBT)
- + Acceptance and commitment therapy (ACT)
- + Mindfulness based therapy (MBT)
- + Compassionate focused therapy (CFT)



100%

of patients were satisfied with the overall quality of care received

100%

of patients would recommend us to a friend

97%

of patients undergoing therapy saw a reduction in their levels of anxiety

97%

of patients undergoing therapy saw a reduction in their levels of depression

Patient profile

- + Provides services for both adults and young people
- + People looking for convenient and flexible outpatient appointments
- + Patients that want to avoid a hospital environment and access treatment in the prestigious Harley Street medical area
- + Those looking for treatment packages that offer certainty of price for a fixed number of 1:1 therapy sessions, including discounted rates

rTMS service

Launching in 2019, our new repetitive transcranial magnetic stimulation (rTMS) service offers a safe and non-invasive treatment for depression using magnetic fields to stimulate areas of the brain. The treatment has been found to positively induce changes in a patient's mood. It can particularly benefit those who wish to avoid drug-based treatment or who have not responded to medication.

Perinatal wellbeing service

Our perinatal wellbeing service is dedicated to providing psychological support to individuals who are trying for a baby or undertaking fertility treatment, those who are preparing for pregnancy and parenthood, and those requiring psychological support relating to family life.

Specialist team

The specialist team at Harley Street includes renowned and published experts in their field; all have close links to Priory Hospital sites.

- + **Dr Leon Rozewicz** - Harley Street Medical Director, adult ADHD, mood disorders, PTSD, rTMS specialist
- + **Dr Vik Watts** - addictions
- + **Dr Kathryn Hollins** - pregnancy, parenthood and early family relationships
- + **Dr Paul McLaren** - addictions
- + **Dr Paul Bester** - young people's mental health
- + **Dr Lucinda Green** - perinatal mental health
- + **Professor Amanda Ramirez** - liaison psychiatry
- + **Dr Ragini Bahry** - young people's mental health
- + **Dr Chetna Kang** - adult psychiatry
- + **Dr Jaya Gowrisunkur** - adult psychiatry

Funding

Priory offers personalised and accessibly-priced treatment packages for individuals who are looking to self-pay for treatment.

We are also an approved provider for all of the UK's leading private medical insurers. If you have private medical insurance, a GP referral may be required by your insurer before treatment can commence. Please liaise directly with your insurer to confirm.

Enquiries and further information

To find out more information about Priory Wellbeing Centre Harley Street, visit www.prioryharleystreet.co.uk
To enquire about services or make a referral, please contact our 24/7 helpdesk, call **0207 079 0555**
or email info@priorygroup.com